

MARQUETTE **MIRROR**

SEPTEMBER 2026

Something

BIG

is Coming!





ANNOUNCEMENTS & REMINDERS

Community Shred It Day!

September 15
2:00–4:00 p.m.

This is a convenient opportunity to safely and securely dispose of confidential documents. If you need assistance, please contact Programs & Events by 5:00 p.m. on September 14.



New Resident Voter Registration



Current residents with new address should also register.

**September 22 and
September 23
11:00 am – 1:00 pm
Fireside Grille Lobby**

Marquette utilizes a comprehensive, **holistic wellness model** grounded in eight interconnected dimensions to enrich residents' lives: **Emotional, Physical, Social, Intellectual, Spiritual, Vocational, Environmental and Health Care.**

These dimensions inherently overlap, offering multiple avenues for engagement. For example, an event attended for social connection might simultaneously provide a profound emotional or spiritual experience for another resident.

We leverage these eight categories to meticulously design and deliver a well-rounded, interesting and purposeful calendar of events tailored to meet the diverse needs and interests of our community.



National Week of Wellness and Well-being

Coming in October!



IN THIS ISSUE

Campus Programs 4

Excursions 5

Campus Services 6

Saturday Night at the Movies 6

Religious Services 7

Health & Fitness 8

Amenities 10

Hobbies & Groups 11

Knife & Fork 12

Magic Opportunities 13

Photos of Friends 14

Programs & Events

Tracy Lyngholm

Editor/Life Enrichment Director

317-524-6517

lyngholmtracy@marquetterc.org

Dee Bledsoe

Programs & Events Coordinator

317-524-6535

bledsoedee@marquetterc.org

IN THIS ISSUE





CAMPUS PROGRAMS

Here Comes the Sun...Catchers!

Wednesday, September 2, 1:30 pm
Lower-Level Craft Room

Brighten up your day by creating your own one-of-a-kind glass sun catcher! We will cut, shape, and arrange colorful flat glass to make unique artwork, perfect to hang on a wall or in a window, to catch the light. Registration required. 15 spots available.

Dirty Dixie Concert

Wednesday, September 2, 7:00 pm
Foundation Hall

A traditional Dixieland band playing the New Orleans jazz of the early 1900's. Originally founded by the internationally renowned composer, Dr. Ben Taylor. Based just north of the Mason-Dixon line in Indiana, this energetic Yankee ensemble has gained a reputation for family-friendly concerts full of toe-tappin' music and clean humor. The band features trumpet, clarinet, trombone, banjo, tuba, and drums.

Music to Celebrate the American Semiquincentennial

Wednesday, September 9, 7:00 pm
Foundation Hall

This piano concert explores the many musical and cultural influences that shape American identity. The program presents musical works that draw from a wide range of influences. Known for performances marked by "artistic ferocity" and imaginative programming, Clare Longendyke is a nationally recognized classical concert artist and a Marquette favorite.

Step into the Marquette Woods

Saturday, September 12, 10:30 am
Trail Head

The Woods Committee invites you to connect with nature and your neighbors. Led by a knowledgeable committee member, these relaxed weekend strolls are perfect. Meet at the bench located at the start of the woods and wear comfortable walking shoes, a hat, and sunglasses. Walking sticks will be available for anyone to borrow. Walks will be canceled in the event of rain or high winds.

Sweater Weather Sweets

Thursday, September 17, 2:30 pm
Lower-Level Craft Room

Celebrate the cozy flavors and vibrant colors of autumn at our hands-on Fall Cookie Decorating Class. Perfect for beginners and seasoned decorators alike, this session will guide you through the art of transforming plain sugar cookies into beautiful, festive masterpieces. Registration required. 15 spots available.

Falling for Fiber

Friday, September 18, 1:30 pm
Lower-Level Craft Room

Add a new piece to your fall décor. Create Art Studio will help us design a minimalist fall felt garland. Use it to hang or embellish your existing accent pieces. Registration required. 15 spots available.

Mix & Mingle

Saturday, September 19, 1:30 pm
Township Tavern

This welcoming, drop-in social event is specially designed to help new and long-time residents get to know one another in a warm, relaxed environment. Registration required for planning purposes.

Castlewood Singers

Monday, September 21, 7:00 pm
Foundation Hall

This premier ensemble is renowned for their versatility and vibrant energy. The choir delivers captivating performances that span a remarkably wide range of musical genres. They specialize in truly engaging their audience, ensuring a high-quality, moving experience for everyone in attendance. We are thrilled to welcome them.

Foliage & Floral Art

Wednesday, September 23, 1:30 pm
Lower-Level Craft Room

Celebrate the change of seasons with a fun, hands-on floral design class! Join your neighbors to create a stunning, custom arrangement. No previous design experience is necessary. You will leave with a lovely centerpiece to be proud of. Registration required. 15 spots available.

Kessler Strings

Monday, September 28, 7:00 pm
Foundation Hall

Enjoy a captivating evening of live music with Kessler Strings, one of the premier live string ensembles in Central Indiana. This exclusive concert showcase highlights the group's signature blend of classical artistry and modern sophistication.

So You Think You Have the Right to Vote?

Wednesday, September 30, 7:00 pm
Foundation Hall

Led by Linda Hanson, President of the League of Women Voters of Indiana, this informative session will highlight Indiana election laws. Attendees will explore the historical evolution of voting rights, examine the real-world impact of modern voter suppression. We will learn how to navigate recent, complex changes to state voter registration and absentee voting rules.

IMPORTANT!

Please register monthly beginning on the 26th at 8:00 am. All trips on this page require registration in the Programs, Events & Transportation Book. **\$ symbol means money is required on this outing.**

SHOPPING TRIPS

KEYSTONE AT THE CROSSING/CASTLETON

Wednesday, Sept. 2
Bus leaves at 10:45 am

WALMART/DOLLAR TREE/FIVE BELOW/ TRADER JOE'S

Wednesday, Sept. 2
Bus leaves at 2:00 pm

KROGER/TARGET/ KOHL'S/ALDI...

Every Wednesday,
except Wednesday, Sept. 2
Bus leaves at 9:30 am

MEIJER RUN

Every Wed., except
Wednesday, Sept. 2
Bus leaves at 1:30 pm

Art Walk with Ava at Newfields

Thursday, Sept. 3 Bus leaves at 11:00 am \$

Enjoy a relaxed, conversational walk through the galleries with Marquette resident Ava Straatman. With many years of docent experience, she shares personal insights, favorite artistic masterpieces, and the fascinating stories behind the creators. After, residents will have a chance to enjoy lunch in the café. The museum entrance is free but bring money for lunch. 13 spots available.

Best of Broadway at Tarkington

Friday, Sept. 4 Bus leaves at 6:30 pm \$

Experience an unforgettable evening of Broadway's most iconic music as internationally acclaimed countertenor Terry Barber breathes new life into showstopping hits by Andrew Lloyd Webber and beyond. From *The Phantom of the Opera*, *Evita* and *Cats*, you'll be reacquainted with many of Broadway's most memorable characters. Residents will be charged \$33 to their account. 14 spots available.

Indians Baseball Game

Thursday, Sept. 10 Bus leaves at 5:30 pm \$

You will hit a home run if you join us for this game at Victory Field. The hometown Indians take on the Storm Chasers. Have a great time with friends cheering on the team. Residents will be charged \$20 to their account. 18 spots available. Please bring a credit card for food & beverages.

Pumpkin Tour at Beasley's with a Stop for Lunch

Friday, Sept. 11 Bus leaves at 10:00 am \$

Gather your friends and celebrate the beauty of the season at Beasley's Orchard. An easy-access tractor ride will take us to the pumpkin fields for a chance to pick your own pie pumpkin. We will also have the chance to shop in the barn for other seasonal favorites. The tour is free, but please bring money for lunch and store purchases.

Back to the Paramount at Hilbert Theater

Saturday, Sept. 12 Bus leaves at 3:30 pm \$

Seamus Gethicker, the 2016 winner of the American Theatre Organ Society's Young Organist Competition, will take the Hilbert Circle Theatre stage for an

EXCURSIONS



evening of theatre organ classics. We will also be treated to a short silent film showcasing the original purpose of the unit orchestra. Residents will be charged \$25 to their account. 14 spots available.

Church Organs Tour

Thursday, Sept. 17

Bus leaves at 9:00 am

Whether you're an organ enthusiast or simply looking for a unique cultural experience, this morning offers a rare opportunity for you. Join our tour guide Chuck Goehring for a behind the scenes tour at St. Paul's and then on to Second Presbyterian. We will also be having lunch. This is a free outing. 14 spots available.

2027 Piano Awards Kickoff Concert at Madam Walker Theater

Saturday, Sept. 19 Bus leaves at 2:30 pm

This high-energy afternoon concert is hosted by Ryan Ahlwardt and Dr. Katasha S. Butler. It serves as the official unadjudicated introduction for the five finalists competing for the prestigious jazz title. This is a free concert. 20 spots available.

Marott Woods Nature Preserve

Friday, Sept. 25

Bus leaves at 10:00 am \$



Marott Woods Nature Preserve is a peaceful, wooded area with dirt hiking trails and a view of the White River. We will hike approximately 1.5 to 2.0 miles and head to lunch at Fire by the Monon. Questions? Contact MAC staff at 317-524-6550.

Beef & Boards

Friday, Sept. 25 Bus leaves at 5:45 pm

Ring of Fire: The Music of Johnny Cash is a spirited musical revue exploring the iconic career of the "Man in Black," guiding audiences through a heartfelt story of love, faith, struggle, redemption, and family using more than two dozen of his greatest hits. Enjoy the buffet and show for \$78 charged to resident account. 8 spots available.

Spilling the Tea at the State Museum

Sunday, Sept. 27 Bus leaves at 1:30 pm

From John Dillinger to Tuffy Mitchell to Jinx Dawson and more, visitors will meet some of Indiana's most infamous figures. The historic L.S. Ayres Tea Room will provide an intimate setting for this program. Attendees are encouraged to dress in their best tea party attire to sip and savor a selection of teas and small bites during the program. Guests can also get an up-close look at interesting objects from the Indiana State Museum and Historic Sites' collection. Residents will be charged \$35 to their account. 10 spots available.



CAMPUS SERVICES & FEATURED FILMS

Services listed are happening here at Marquette.

Residents' Association Meeting

Tuesday, Sept. 1, 10:00 am

Foundation Hall

This is your meeting!

Chat with Programs & Events

Monday, Sept. 14, 10:00 am

Fireside Grille

Ask questions and give feedback to the Department.

Grief Support Group Meeting

Second Wednesday, 2:00 pm

Foundation Hall

A supportive environment to share and heal.

Town Hall Meeting

Thursday, Sept. 17, 1:00 pm

Foundation Hall

All residents are invited to hear reports from Marquette Directors and the Executive Director.

A SERVICE SPOTLIGHT

Marquette Cares

Arranged at Resident's Convenience

Welcome to an in-home companion care service provided by Marquette.

Services customized to your needs.

Contact Emily Lowe, Home Care Coordinator
317-524-6504 for more information.



Saturday Night at the Movies

Foundation Hall, 7:00 pm



SEPTEMBER 5

SEPTEMBER 12



Beauty and the Beast (2017)

A brave, beautiful, and brilliant young woman is imprisoned by a beast in his castle. Despite her fears, she learns to see beyond the beast's hideous exterior and realize the gentle heart of the true prince within him.

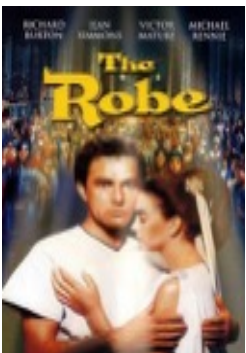


North by Northwest (1959)

A New York City advertising executive goes on the run after being mistaken for a government agent by a group of foreign spies, he falls for a woman whose loyalties he begins to doubt.

SEPTEMBER 19

SEPTEMBER 26



The Robe (1953)

In the Roman province of Judea during the 1st century, Roman tribune Marcellus Gallio is ordered to crucify Jesus of Nazareth but is tormented by his guilty conscience afterwards.



Jerry Maguire (1996)

When a sports agent has a moral epiphany and is fired for expressing it, he decides to put his new philosophy to the test as an independent agent with the only athlete who stays with him and his former colleague.



ANGLICAN MASS

Mass Sundays 10:30 am Chapel

Officiated by Rev. Todd Bragg, Rector of St. Margaret Anglican Church

CATHOLIC MASS

Daily Monday–Friday 4:00 pm Chapel

Anticipation Mass for Sunday Saturday 4:00 pm Chapel

Masses celebrated by guest officiants

EPISCOPAL SERVICE

Thursday, September 24 10:00 am Chapel

Officiated by Staff from Trinity Episcopal Church

PRESBYTERIAN COMMUNION

Friday, September 18 10:00 am Chapel

Officiated by Staff from Second Presbyterian Church

Musical ensemble will perform after service

JEWISH ROSH HASHANAH LUNCH

Invitation Only

Friday, September 11, 11:30 am Hackl Dining Room

PROTESTANT SERVICE

Sundays 1:50 pm Foundation Hall

Officiated by Rev. Joe Johnson

Music provided by Greg Gibson and guest musicians

BIBLE STUDY

Tuesdays 2:00 pm 3rd Floor Card Room

Study and discuss the Listening to God by Carolyn Nystrom

Contact Jeff Fields (574-202-8330) for more information



Marquette Wellness Resources

LYNNE O'DAY CLINIC

- > Geriatric Internist
- > Dermatologist
- > Podiatrist
- > Dentist
- > Hearing Aid Info

Call 317-524-6509

MASSAGE SERVICES

See page 10

Call 317-228-2249

SELECT REHAB

- > Physical Therapy
- > Occupational Therapy
- > Speech Therapy

Call 317-524-6509

MARQUETTE CARES

- > Medication reminders
- > Laundry assistance
- > Grocery shopping
- > Personal care assistance and more

Call 317-524-6534

WELLNESS NAVIGATOR

- > Care planning Assistance
- > Adjusting to the Community
- > Needs Assessments
- > Referrals to Psychologist
- > Other Services

Ask for Emily Lowe
Call 317-524-6504

The 4th Annual Empowerment Workshop: **Building Confidence from the Ground Up!**

Tuesday, September 22

9:00–10:00 am

10:30–11:30 am

1:00–2:00 pm

2:30–3:30 pm

Aerobics Studio



There are few causes in senior living as important as fostering confidence and empowerment. During Fall Prevention Week, our residents have the opportunity to declare their commitment to personal growth and independence through a workshop focused on building confidence and mastering the techniques for getting on and off the floor. By participating, our community will contribute to a national goal of 3,000 seniors across the US taking the Empowerment Pledge by the National Institute for Fitness and Sport (NIFS)!

Our Empowerment Workshop is designed to equip you with the knowledge and skills to enhance your independence and confidently navigate everyday activities. We'll teach you proven techniques, body mechanics, and strategies to help you gracefully get on and off the floor, transforming potential challenges into moments of strength. You will also learn about services and technology within our community to help you feel safe and secure.

Join us for an empowering workshop that will leave you feeling stronger, more confident, and better equipped to embrace your independence. Help our community contribute a sizeable number of signatures to the Empowerment Pledge as part of this national movement during Fall Prevention Week!

To secure your spot or for more information, contact MAC staff at 317-524-6550. We have 15 spots per session, so don't wait to sign up. We can't wait to see you there!



NEW! 8-WEEK BALANCE CLINIC



Wednesdays at 1:00-1:30pm
Aerobics Studio

Starting on September 2nd, this clinic is offered as part of our Superpowers Program, which encourages participants to improve a skill set, such as balance, over an 8-week period to gain a “superpower!”

RECURRING EVENTS

BLOOD PRESSURE CLINIC

Tuesdays
10:45 am
Across from the MAC Desk

Stop by to check your blood pressure, oxygen saturation and heart rate. Clinic led by Emily Lowe, Wellness Nurse.

PARKINSON'S SUPPORT GROUP

Wednesday, Sept. 9
3:00 pm
Lower-level Craft Room

This group is open to those who are diagnosed with Parkinson's Disease, those who are caregivers, or those who have family members with Parkinson's and want to learn more.

FAVOR THE FLAVOR WITH CHEF BRIAN

Thursday, Sept. 10
12:30-1:30 pm
Fireside Grille Lobby

August Theme: Fiber

GUIDED MEDITATION

Monday, Sept. 28
6:45 – 7:30 pm
Aerobics Studio

A relaxation event led by yoga instructor, Marcia. Chairs and mats will be available.

LiveWell Lecture Series: FALL PREVENTION

Monday, Sept. 28
12:00-12:45 pm
Aerobics Studio

Lunch appetizers provided; first come first serve.



MAC Manager HANNAH MORRIS

317-228-2249

morrishannah@marquetterc.org

MAC Assistant Manager JACKIE WILLIAMS

317-228-2248

williamsjackie@marquetterc.org



REMINDERS & ANNOUNCEMENTS

- No 10:00 am classes offered during the Resident Association Meeting on Tuesday, September 1.
- No staff or classes on Monday, September 7 for Labor Day.
- Chair Fit n' Tone not offered during the Town Hall Meeting on Thursday, September 17.
- No classes offered on Tuesday, September 22 due to the Empowerment Workshop – see details and get signed up for this beneficial clinic!



AMENITIES

BEAUTY & BARBER



PS Salon & Spa Call 317-524-6566 to schedule an appointment

HOURS: Monday–Friday
9:30 am– 3:30 pm

Barber Services available on Mondays with appointment



BMO BANK



HOURS: Monday–Friday
9:00 am–4:00 pm

Either Shad Rohrer (317-228-2038) or Robin Duncan (317-228-2037) is available to help with your banking needs or questions.

CONCIERGE



HOURS: Monday–Friday
10:30 am–3:30 pm

SERVICES: Assists residents with packages and postage, ordering flowers, printing airline boarding passes and making room reservations. She arranges Lyft transportation requests and schedules tech assistance.

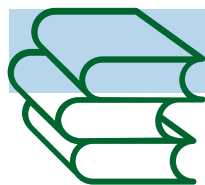
Is reading about programs and events a challenge? The concierge has the answer and can provide specialized brochures and will help to address any visual needs. Call (317-524-6597) with your requests.



CRAFT ROOM

HOURS: 24 hours a day

Whether it's making cards, knitting, painting or drawing, this room has it all. Explore your hidden talents with a room chock full of supplies, handbooks and materials.



LIBRARY

HOURS: 24 hours a day

OPTIONS: Non-Fiction, Fiction, Books-on-CD, Newspapers,

Magazines, DVDs

Contact Jan Rice 317-371-3474 and Becky Peyton 317-442-4308, to offer title suggestions.

10

MASSAGE SERVICES



HOURS:

Christian Hines

Tuesdays 10:00 AM – 2:00 PM

Thursdays 9:00 AM – 5:00 PM

Jennifer Duke

Wednesdays 9:00 AM – 5:00 PM

Fridays 9:00 AM – 5:00 PM

SERVICES: Appointments required. Call the MAC for pricing. 24 hour business day cancellation required.

WOODWORKING SHOP



HOURS: Authorized Access Only!

SERVICES: Various hand and power tools available for use.

Contact Maintenance Services Coordinator (317-524-6538) for authorization, key and training session.

TECH CENTER



HOURS: 24 hours a day

Two computers are available for resident email, internet and MS Office programs. A combination BW/color printer is available. Located near the MAC.

I.T. Support Tech is available for assistance with laptops, tablets, smartphones, social media, virtual meetings, software, printing and scanning, websites and purchasing advice.

Contact the Concierge (317-524-6597) or I.T. Support (317-524-6589) to schedule an appointment.



CORNER SHOPPE

HOURS: Monday–Friday
10:00 am –4:00 pm

CONVENIENCES:

- Office Supplies
- Health & Beauty
- Gifts & Seasonal
- Greeting Cards
- Snacks
- Beverages
- Stamps
- Batteries

Cash purchases only.

THERE'S FUN FOR EVERYONE!



Bark-quette Dog Owners Group

See Programs & Events for Information



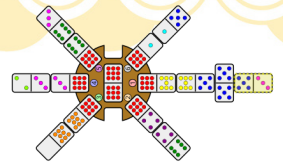
New Movie: Project Hail Mary

Sept. 14 1:00 pm FH



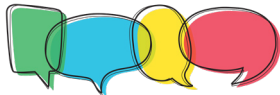
Knit for Charity

Mondays 1:30 pm LLCR



Mexican Train

Mondays 6:30 pm 3FCR
Thursdays 1:30 pm 3FCR



Contemporary Issues

2nd Monday 7:00 pm
Foundation Hall



Scrabble

Mondays 3:00 pm 3FCR



Donuts for Veterans

3rd Monday 9:30 am
Fireside Grille



Book Club

4th Tuesday 10:00 am TT



Bingo

Tuesdays 7:00 pm AS



Duplicate Bridge

Tuesdays 7:00 pm FH/B



Karaoke

3rd Wednesday
6:00 pm TT



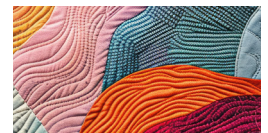
Pub Trivia

4th Wednesday
6:00 pm TT



Poker

Thursdays
7:00 pm 5FCR



Quilting Group

4th Thursday 2:00 pm
LLCR



Coffee, Clips & Conversation

Thursdays 10:30 am TT



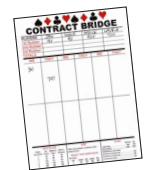
IWFC Retirees

First Thursday 12 noon
FSG



Euchre

Thursdays 7:00 pm
2FCR



Contract Bridge

Fridays 1:00 pm—
4:00 pm 2FCR



Comfort Concert with Dave Laskey

1st Friday 1:00 pm FH



Rather Be Reading

2nd Friday 1:30 pm TT



Digital Literacy

Saturday, Sept. 26
2:00 pm FH



Devotional Piano

3rd Sunday
12:50 pm FSG



KNIFE & FORK

*For all Dining Room Reservations please call 317-524-6549
or go to <https://portal.fullcount.net/cp/marquette>*

*To have the weekly menus emailed to you contact
Amanda Lane at 317-524-6558 or email laneamanda@marquetterc.org*

HACKL LEGACY DINING ROOM

-OPEN-

TUESDAY-SATURDAY

with seatings each 1/2 hour

5:00 pm 5:30 pm 6:00 pm 6:30 pm 7:00 pm

Reservations 48 hrs ahead (317-524-6549)

-CLOSED-

SUNDAY MONDAY



LOBSTER NIGHT

Wednesday, September 2

5:00 pm 5:30 pm 6:00 pm 6:30 pm 7:00 pm

Reservations required

BIRTHDAY LUNCHEON

Wednesday, September 9 - Noon

Reservations Required

- > Residents with a birthday in September
Complimentary luncheon
- > Spouse welcome, will be charged to
Resident's account



**Happy
Labor Day**
*Monday,
September 7*

FIRESIDE GRILL
11:30 am - 2:00 pm
Legacy Dining Room Closed

MARQUETTE COOKOUT
11:30 am
*Reservations required to
Food & Beverage Department*

FIRESIDE GRILLE

- BREAKFAST -

MONDAY-SATURDAY

7:30 am-10:00 am

- LUNCH & DINNER -

MONDAY-SATURDAY

11:30 am-6:30 pm

MONTHLY BUFFET DINNER

FIRESIDE GRILLE LOBBY

Wednesday, September 30

4:30 pm-6:30 pm

Hackl Legacy Dining Room Closed

Fireside Grille closes at 2:00 pm

SUNDAY BRUNCH

Sundays 10:30 am-1:30 pm

Open for dinner 2:00 pm-6:30 pm

TOWNSHIP TAVERN

-OPEN-

MONDAY-FRIDAY

4:30 PM-7:00 PM

No Reservations Required



Room Service

Call 317-524-6506

for ALL Room Service orders

You can also complete the sheets and
place in the F&B mailroom box.



Make an Impact: Join Our Community Volunteers!

Literary Quarterly Submissions

Calling all writers! Poetry, essays, short stories wanted. Please, no political or religious submissions. Submissions are accepted ongoing.

*Contact Tracy Lyngholm
317-524-6517*

Our calendar is fueled by the interests of our residents.

Are you willing to share what you are passionate about and enjoy doing with the Marquette community?

With support from the Programs and Events Department we can help you develop your ideas and support your enthusiasm as you bring new programs to the Marquette community.

Have fun starting a photography club, putting on a dramatic arts workshop, or hosting a monthly game night.

You are only limited by the things you love to do.

It's... **M** Marquette
A Auxiliary
G Getting
I Involved
C Creatively

When we come together to build a Community.

Corner Shoppe Associates

Looking for a way to get involved? If you love greeting people and staying in the loop, then the Corner Shoppe is your spot. Volunteering is the perfect way to help out our community. We offer easy 2-hour shifts, Monday through Friday. The Vibe: High energy, big smiles and great company. Be the friendly face that turns a simple errand into the highlight of a neighbor's day.

If this sounds like you, see Dee Bledsoe in the Programs and Events Office to join in our premier team of volunteers.

**“
The best way to find
yourself is to lose yourself
in the service of others.**

Mahatma Gandhi

**“
Volunteers do not just do
the work; they make it
work.**

Carol Pettit



PHOTOS



PHOTOS





PHOTOS

