

MARQUETTE **MIRROR**

JUNE 2026

Something
to
ENJOY





ANNOUNCEMENTS & REMINDERS



**Be sure to visit our
Raised Garden Beds
this Summer!**

FATHER'S DAY SUNDAY, JUNE 21ST



Marquette utilizes a comprehensive, **holistic wellness model** grounded in eight interconnected dimensions to enrich residents' lives: **Emotional, Physical, Social, Intellectual, Spiritual, Vocational, Environmental and Health Care.**

These dimensions inherently overlap, offering multiple avenues for engagement. For example, an event attended for social connection might simultaneously provide a profound emotional or spiritual experience for another resident.

We leverage these eight categories to meticulously design and deliver a well-rounded, interesting and purposeful calendar of events tailored to meet the diverse needs and interests of our community.



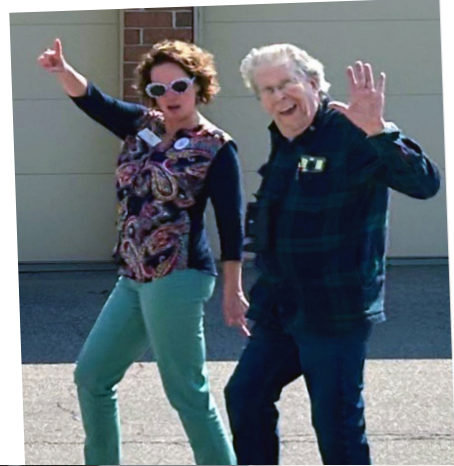
SPIRITUAL WELLNESS

According to LCS Living, spiritual wellness for seniors focuses on fostering faith-based programming to create meaning, purpose, and values. This dimension is supported through activities like meditation, chaplain services, yoga, and bereavement counseling to ensure residents maintain a strong sense of inner peace and connection. In June you might try our Grief Group to help cope with a sense of loss of a family member or friend. We also offer meditation to help you connect with inner peace.

IN THIS ISSUE

- Campus Programs 4
- Excursions 5
- Campus Services 6
- Saturday Night at the Movies 6
- Religious Services 7
- Health & Fitness 8
- Amenities 10
- Hobbies & Groups 11
- Knife & Fork 12
- Magic Opportunities 13
- Photos of Friends 14

IN THIS ISSUE



Programs & Events

Tracy Lyngholm

Editor/Life Enrichment Director

317-524-6517

lyngholmtracy@marquetterc.org

Dee Bledsoe

Programs & Events Coordinator

317-524-6535

bledsoedee@marquetterc.org



CAMPUS PROGRAMS

Harmony & Heart with Sentimental Sounds

Wednesday, June 3, 1:30 pm
Foundation Hall

The ladies of Sentimental Sounds are coming to visit! This talented, high-energy group has been harmonizing for 20 years, bringing a playlist that feels like a trip down memory lane. Grab a friend and a front-row seat for a lively show that will leave you smiling long after the final note.

Eye-Opening Insights with Price Vision Group

Thursday, June 11, 1:30 pm
Foundation Hall

Price Vision Group is a premier Indiana vision center. Join us for an informative session led by Dr. David Price. He will be speaking about the Valeda Light Delivery System, the first and only treatment for Dry Age-Related Macular Degeneration (AMD) to improve vision.

Indianapolis Chinese Orchestra Harmony Across Borders

Monday, June 15, 7:00 pm
Foundation Hall

Prepare for an hour of a fusion of sounds that is both exotic and familiar! We are thrilled to host a performance featuring a diverse repertoire of traditional Chinese favorites alongside timeless American classics. You'll experience the thrill of hearing iconic American tunes reimaged through the hauntingly beautiful and vibrant sounds of traditional Chinese instruments.

Strumming up Some Fun with the Ukele-ladies

Wednesday, June 17, 7:00 pm
Foundation Hall

One of the best ways to keep your brain neurons firing to prevent memory issues is by learning a new skill. Ukulele lessons are all the rage with seniors right now, and we have a group having fun with this instrument. Designed with you in mind, this setlist features familiar tunes that will have you tapping your toes and singing along in no time.

Lights, Camera, Conversation: An Exclusive Afternoon with Heartland Film

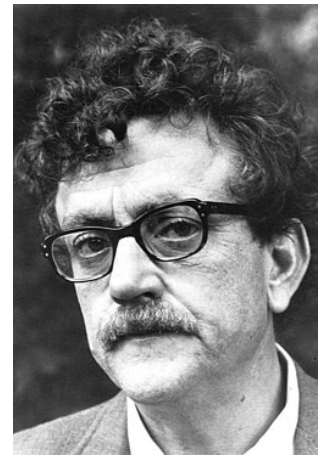
Tuesday, June 23, 1:30 pm
Foundation Hall

We are thrilled to announce a partnership with the Heartland Film Festival, bringing the magic of world-class cinema directly to you! Join us for a special presentation as we go behind the scenes of the festival's 30-year legacy in Indianapolis. The spotlight then turns to award-winning documentary filmmaker Hannah Lindgren, who will present a screening of her celebrated short features. Stay after the credits roll for an engaging Q&A session—your chance to dive into the art of storytelling with the director herself!

Vonnegut and Vietnam

Wednesday, June 24,
1:30 pm
Foundation Hall

Kurt Vonnegut, an Indianapolis native, was well-known for his dialogue on war. Slaughterhouse-Five, Vonnegut's 1969 anti-war novel, encouraged dialogue and reflection about the Vietnam War. Join Chris Lafave, curator of the Kurt Vonnegut Museum and Library, to engage and discuss Vonnegut's long-lasting legacy as an author, satirist, and playwright.



It's Heart and Soul, Night and Day with Kevin MacDowell

Monday, June 29, 7:00 pm
Foundation Hall

Hoagy Carmichael and Cole Porter are two Indiana songwriters with a lot to compare. Kevin MacDowell and Lara Weaver are well suited for the job on piano and vocals as well as storytelling. Whether you prefer one over the other, or prefer rock and roll and polka, MacDowell and Weaver's engaging presentation will have you smiling and toe tapping along!

IMPORTANT!

Please register monthly beginning on the 26th at 8:00 am. All trips on this page require registration in the Programs, Events & Transportation Book. **\$ symbol means money is required on this outing.**

SHOPPING TRIPS

KEYSTONE AT THE CROSSING/CASTLETON

Wednesday, June 3
Bus leaves at 10:45 am

WALMART/DOLLAR TREE/FIVE BELOW/ TRADER JOE'S

Wednesday, June 3
Bus leaves at 2:00 pm

KROGER/TARGET/ KOHL'S/ALDI...

Every Wednesday,
except Wednesday, June 3
Bus leaves at 9:30 am

MEIJER RUN

Every Wed., except
Wednesday, June 3
Bus leaves at 1:30 pm

Tee Off at Birdies Putt Putt Golf

Thursday, June 4 Bus leaves at 10:30 am \$

Grab your putters and channel your inner pro! We're heading to Birdies Miniature Golf for a little friendly rivalry on the greens. We'll be taking on the beautifully landscaped course with accessible paths and smooth terrain. Afterward let's grab a bite at Birdies Grillhouse. Residents will pay at the course. 20 spots available.

Big Band at Riverside Park

Friday, June 5 Bus leaves at 5:40 pm

Kick off your summer with an evening of spectacular music! The Indianapolis Men's Chorus joins forces with the Dan Nix Big Band for a must-see performance. The concert promises big band classics, choral excellence and timeless hits. Bring snacks, drinks, sunglasses, a sweater for when the sun sets and anything else you need to be comfortable at this outside location. This is a free event. 14 spots available.

Under the Stars with the

Philharmonic at Garfield Park

Wed., June 17 Bus leaves at 5:30 pm

Experience the majestic sounds of the Philharmonic Orchestra of Indianapolis under the summer sky! The amphitheater features accessible paved paths and plenty of space for lawn chairs or blankets. It's a perfect occasion to pack refreshments, sunglasses and a sweater for when the sun sets. Enjoy the fresh air while listening to some of the city's finest musicians. This is a free event. 20 spots available.

Ragtime the Musical at the Schrott

Wed., June 24 Bus leaves at 6:00 pm \$

Ragtime brings its sweeping music and powerful storytelling to the stage in a new production featuring a cast of the most talented high school performers from across Central Indiana. Set at the turn of the 20th century, Ragtime weaves together the lives of an upper-class family, a determined immigrant father, and a brilliant Black musician—revealing a nation struggling to define freedom, justice, and the American dream. Residents will be charged \$30 to their account. 14 spots available.

EXCURSIONS



Presidential Road Trips with Bill Clevlen at Benjamin Harrison House

Thursday, June 25

Bus leaves at 4:45 pm \$

Get ready to dream up your next great American adventure! Join travel journalist Bill Clevlen for a lively tour of the places where presidents and history were made. Whether you're a history buff or a restless road-tripper, you'll gain insider tips and "I never knew that!" insights over refreshments and great conversation. Stay after to get your book signed and leave with a sparked imagination and a brand-new itinerary. Residents will be charged \$15 to their account. 14 spots available.

Active Adventures

Friday, June 26

2:00-4:00 PM

Zionsville Rail Trail and

Scoop Café and Ice Cream Parlor \$

The Zionsville Rail Trail is a paved walk through the main spine of Zionsville as part of a network of interconnected pathways. The walk will be a flat 2 miles as we connect with nature. On our way back, we'll stop at The Scoop Ice Cream Parlor for an afternoon treat.

Zionsville Gardens Tour

Saturday, June 27

Bus leaves at 12:30 pm

This year's event introduces a compelling new highlight—six historic homes and gardens, five of which are recognized as Century Structures—offering visitors a rare opportunity to experience the beauty of private landscapes alongside the rich architectural heritage of Zionsville. Inspired by this milestone year, the tour thoughtfully brings together gardens and historic homes, inviting guests to explore how our community has grown and flourished over time. This is a walking activity with uneven surfaces. 8 spots available.

Star Spangled Celebration at Hendricks Live!

Sunday, June 28 Bus leaves at 2:00 pm \$

Experience a powerhouse of sound and spirit at the Star-Spangled Spectacular! The Hendricks Symphony Orchestra and Chorus invite you to an epic musical tribute to the 250th Anniversary of the United States, featuring soul-stirring renditions of *The Star-Spangled Banner*, *America the Beautiful*, and *God Bless America*. It's more than a concert—it's a historic, high-energy journey through our nation's heritage that will leave you feeling inspired and proud. Residents will be charged \$15 to their account. 20 spots available. 5



CAMPUS SERVICES & FEATURED FILMS

Services listed are happening here at Marquette.

Residents' Association Meeting

Tuesday, June 2, 10:00 am
Foundation Hall
This is your meeting!

Chat with Programs & Events

Monday, June 8, 10:00am
Fireside Grille
Ask questions and give feedback to the Department.

Grief Support Group Meeting

Second Wednesday, 2:00 pm
Foundation Hall
A supportive environment to share and heal.

Town Hall Meeting

Thursday, June 18, 1:00 pm
Foundation Hall
All residents are invited to hear reports from Marquette Directors and the Executive Director.

A SERVICE SPOTLIGHT

Marquette Cares

Arranged at Resident's Convenience
Welcome to an in-home companion care service provided by Marquette.

Services customized to your needs.
Contact Emily Lowe, Home Care Coordinator
317-524-6504 for more information.



Saturday Night at the Movies

Foundation Hall, 7:00 pm



JUNE 6

JUNE 13



Heaven Knows Mr. Allison

(1957)

During World War II, an American marine and an Irish nun form an unlikely friendship after being stranded on a South Pacific island.

They find comfort in one another while hoping for a rescue, as they try to avoid capture by the Japanese.



Gypsy

(1962)

Based on the Broadway hit about the life and times of burlesque dancer Gypsy Rose Lee and her aggressive stage mother, Mama Rose.

JUNE 20

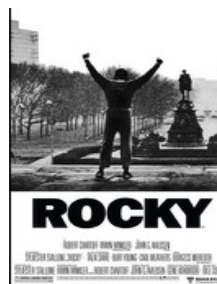
JUNE 27



All the President's Men

(1976)

The Washington Post reporters Bob Woodward and Carl Bernstein uncover the details of the Watergate scandal that leads to President Richard Nixon's resignation.



Rocky

(1976)

A small-time Philadelphia boxer gets an extraordinarily rare chance to fight the world heavyweight champion in a bout in which he strives to go the distance for his self-respect.



ANGLICAN MASS

Mass Sundays 10:30 am Chapel

Officiated by Rev. Todd Bragg, Rector of St. Margaret Anglican Church.

CATHOLIC MASS

Daily Monday–Friday 4:00 pm Chapel

Anticipation Mass for Sunday Saturday 4:00 pm Chapel

Masses celebrated by guest officiants.

EPISCOPAL SERVICE

Thursday, June 25 10:00 am Chapel

Officiated by Staff from Trinity Episcopal Church.

PRESBYTERIAN COMMUNION

Friday, September 18 10:00 am Chapel

Officiated by Staff from Second Presbyterian Church.

Musical ensemble will perform after service.

JEWISH SHABBAT

Friday, June 19 4:00 pm Foundation Hall A

PROTESTANT SERVICE

Sundays 1:50 pm Foundation Hall

Officiated by Rev. Joe Johnson.

Music provided by Greg Gibson and guest musicians.

BIBLE STUDY

Tuesdays 2:00 pm 3rd Floor Card Room

Study and discuss the Book of Ephesians.

Contact Jeff Fields (574-202-8330) for more information.



Marquette Wellness Resources

LYNNE O'DAY CLINIC

- > Geriatric Internist
- > Dermatologist
- > Podiatrist
- > Dentist
- > Hearing Aid Info

Call 317-524-6509

MASSAGE SERVICES

See page 10

Call 317-228-2249

SELECT REHAB

- > Physical Therapy
- > Occupational Therapy
- > Speech Therapy

Call 317-524-6509

MARQUETTE CARES

- > Medication reminders
- > Laundry assistance
- > Grocery shopping
- > Personal care assistance and more

Call 317-524-6534

WELLNESS NAVIGATOR

- > Care planning Assistance
- > Adjusting to the Community
- > Needs Assessments
- > Referrals to Psychologist
- > Other Services

Ask for Emily Lowe

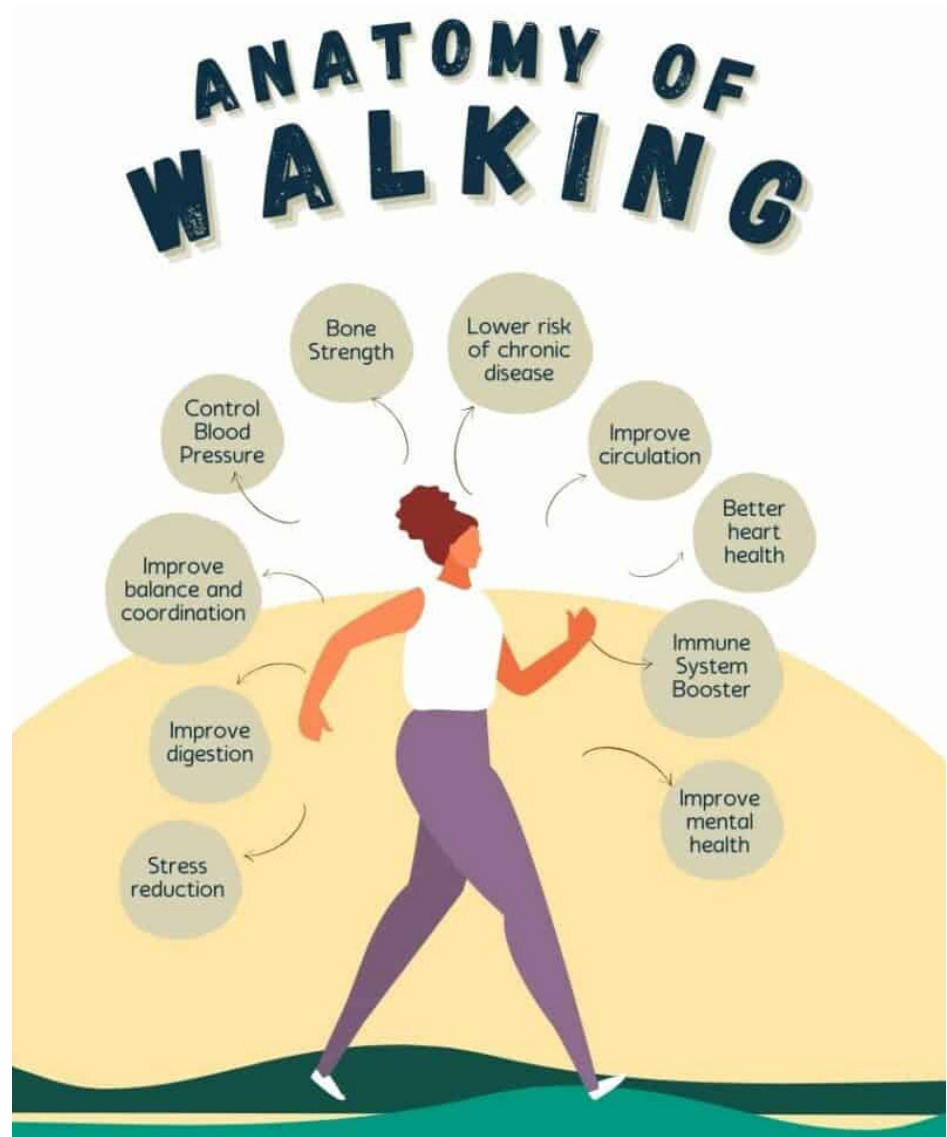
Call 317-524-6504



NEW! Group Fitness Class
STRIDES & STRENGTH

Thursdays, 9:00 am - 9:40 am
Meet in the Aerobics Room

An instructor-led outdoor walking group with total body strength exercises along the route - equipment optional. Exercise while enjoying the fresh air, sunshine, and company of fellow residents!





Corn Toss Tournament Results



Congratulations Frank Pilcher and Bob Buening (Toss & Turn) for your big win in the *Spring 2026 Corn Toss Tournament*! Randy Trowbridge and Jeff Fields (Tossalot) also earned a spot on the podium with 2nd place!

RECURRING EVENTS

BLOOD PRESSURE CLINIC

Wednesdays
11:30 am
Across from the MAC Desk

Stop by to check your blood pressure, oxygen saturation and heart rate. Clinic led by Emily Lowe, Wellness Nurse.

PARKINSONS SUPPORT GROUP

1st Wednesday, June 3
3:00 pm
Lower-level Craft Room

This group is open to those who are diagnosed with Parkinson's Disease, those who are caregivers, or those who have family members with Parkinson's and want to learn more.

FAVOR THE FLAVOR WITH CHEF BRIAN

Thursday, June 11
12:00-1:00pm
Fireside Grille Lobby

Theme: Targeted Nutrition for Strength and Stamina

GUIDED MEDITATION

Monday, June 22
6:45 – 7:30pm
Aerobics Studio

A relaxation event led by yoga instructor, Marcia. Chairs and mats will be available.

LiveWell Lecture Series: REFLEXES AND BRAIN PLASTICITY

Monday, June 29
12:00-12:45pm
Aerobics Studio

Lunch appetizers provided, first come first serve.



MAC Manager HANNAH MORRIS

317-228-2249
morrishannah@marquetterc.org



REMINDERS & ANNOUNCEMENTS

- Aqua classes will resume on Tuesdays and Thursdays at 10:00am once the Aquatic Center is reopened!
- Mat Yoga is not offered on 1st Tuesday (6/2) for Resident Association Meeting.
- Chair Fit n' Tone not offered on 3rd Thursday (6/18) for Town Hall Meeting.



AMENITIES

BEAUTY & BARBER



PS Salon & Spa Call 317-524-6566 to schedule an appointment
HOURS: Monday–Friday
9:30 am– 3:30 pm

Barber Services available on Mondays with appointment



BMO BANK



HOURS: Monday–Friday
9:00 am–4:00 pm

Either Shad Rohrer (317-228-2038) or Robin Duncan (317-228-2037) is available to help with your banking needs or questions.

CONCIERGE



HOURS: Monday–Friday
10:30 am–3:30 pm

SERVICES: Assists residents with packages and postage, ordering flowers, printing airline boarding passes and making room reservations. She arranges Lyft transportation requests and schedules tech assistance.

Is reading about programs and events a challenge? The concierge has the answer and can provide specialized brochures and will help to address any visual needs. Call (317-524-6597) with your requests.

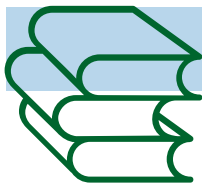


CRAFT ROOM

HOURS: 24 hours a day

Whether it's making cards, knitting, painting or drawing, this room has it all. Explore your hidden talents

with a room chock full of supplies, handbooks and materials.



LIBRARY

HOURS: 24 hours a day

OPTIONS: Non-Fiction, Fiction, Books-on-CD, Newspapers,

Magazines, DVDs

Contact Jan Rice 317-371-3474 and Becky Peyton 317-442-4308, to offer title suggestions.

MASSAGE SERVICES



HOURS:

Christian Hines

Tuesdays 10:00 AM – 2:00 PM

Thursdays 9:00 AM – 5:00 PM

Jennifer Duke

Wednesdays 9:00 AM – 5:00 PM

Fridays 9:00 AM – 5:00 PM

SERVICES: Appointments required. Call the MAC for pricing. 24 hour business day cancellation required.

WOODWORKING SHOP



HOURS: Authorized Access Only!

SERVICES: Various hand and power tools available for use.

Contact Maintenance Services Coordinator (317-524-6538) for authorization, key and training session.

TECH CENTER



HOURS: 24 hours a day

Two computers are available for resident email, internet and MS Office programs. A combination BW/

color printer is available. Located near the MAC.

I.T. Support Tech is available for assistance with laptops, tablets, smartphones, social media, virtual meetings, software, printing and scanning, websites and purchasing advice.

Contact the Concierge (317-524-6597) or I.T. Support (317-524-6589) to schedule an appointment.



CORNER SHOPPE

HOURS: Monday–Friday

10:00 am –4:00 pm

CONVENIENCES:

- Office Supplies
- Health & Beauty
- Gifts & Seasonal
- Greeting Cards
- Snacks
- Beverages
- Stamps
- Batteries

Cash purchases only.



THERE'S FUN FOR EVERYONE!



Bark-quette Dog Owners Group

Third Monday 1:00 pm 3FCR



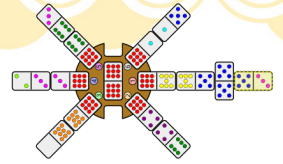
New Movie: Solo Mio

2nd Monday 1:00 pm FH



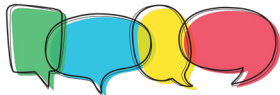
Knit for Charity

Mondays 1:30 pm LLCR



Mexican Train

Mondays 6:30 pm 3FCR
Thursdays 1:30 pm 3FCR



Contemporary Issues

2nd Monday 7:00 pm
Foundation Hall



Scrabble

Mondays 3:00 pm 3FCR



Donuts for Veterans

3rd Monday 9:30 am
Fireside Grille



Virtual Author Talk

1st Tuesday 1:00 pm FH



Book Club

4th Tuesday 10:00 am TT



Bingo

Tuesdays 7:00 pm FH/A



Duplicate Bridge

Tuesdays 7:00 pm FH/B



Karaoke

3rd Wednesday 6:00 pm
TT



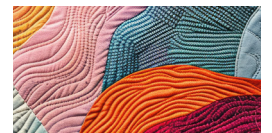
Pub Trivia

4th Wednesday
6:00 pm TT



Poker

Thursdays
7:00 pm 5FCR



Quilting Group

4th Thursday 2:00 pm
LLCR



Coffee, Clips & Conversation

Thursdays 10:30 am TT



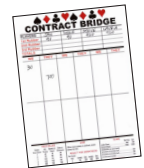
IWFC Retirees

First Thursday 12 noon
FSG



Euchre

Thursdays 7:00 pm
2FCR



Contract Bridge

Fridays 1:00 pm—
4:00 pm 2FCR



Comfort Concert with Dave Laskey

1st Friday 1:00 pm FH



Rather Be Reading

2nd Friday 1:30 pm TT



Digital Literacy

Off for the
Summer



Devotional Piano

3rd Sunday
12:50 pm FSG



KNIFE & FORK

*For all Dining Room Reservations please call 317-524-6549
or go to <https://portal.fullcount.net/cp/marquette>*

*To have the weekly menus emailed to you contact
Amanda Lane at 317-524-6558 or email laneamanda@marquetterc.org*

HACKL LEGACY DINING ROOM

-OPEN-

TUESDAY-SATURDAY

with seatings each 1/2 hour

5:00 pm 5:30 pm 6:00 pm 6:30 pm 7:00 pm

Reservations 48 hrs ahead (317-524-6549)

-CLOSED-

SUNDAY MONDAY



LOBSTER NIGHT

Wednesday, June 3

5:00 pm 5:30 pm 6:00 pm 6:30 pm 7:00 pm

Reservations required

BIRTHDAY LUNCHEON

Wednesday, June 10 - Noon

Reservations Required

- > Residents with a birthday in June
Complimentary luncheon
- > Spouse welcome, will be charged to
Resident's account



Room Service

Call 317-524-6506

for ALL Room Service orders

You can also complete the sheets and
place in the F&B mailroom box.

FIRESIDE GRILLE

- BREAKFAST -

MONDAY-SATURDAY

7:30 am-10:00 am

- LUNCH & DINNER -

MONDAY-SATURDAY

11:30 am-6:30 pm

MONTHLY BUFFET DINNER

FIRESIDE GRILLE LOBBY

Wednesday, June 24

4:30 pm-6:30 pm

Hackl Legacy Dining Room Closed

Fireside Grille closes at 2:00 pm

SUNDAY BRUNCH

Sundays 10:30 am-1:30 pm

Open for dinner 2:00 pm-6:30 pm

TOWNSHIP TAVERN

-OPEN-

MONDAY-FRIDAY

4:30 PM-7:00 PM

No Reservations Required



Literary Quarterly Submissions

Calling all writers! Poetry, essays, short stories wanted. Please, no political or religious submissions. Submissions are accepted ongoing.

Contact Tracy Lyngholm
317-524-6517

Corner Shoppe Associates

Looking for a way to get involved? If you love greeting people and staying in the loop, then the Corner Shoppe is your spot. Volunteering is the perfect way to help out our community. We offer easy 2-hour shifts, Monday through Friday. The Vibe: High energy, big smiles and great company. Be the friendly face that turns a simple errand into the highlight of a neighbor's day.

If this sounds like you, see Dee Bledsoe in the Programs and Events Office to join in our premier team of volunteers.

Make an Impact: Join Our Community Volunteers!

Did you know that volunteering for just a few hours a week can improve your health and sharpen your mind? We are looking for residents to help us build a stronger community right here at home. Whether you enjoy leading a hobby group, helping with a holiday event, or simply visiting a neighbor, your experience is invaluable.

We are currently looking for:

- **Art History Buffs:** Share your passion for the arts!
- **Social Butterflies:** Help us connect neighbors!
- **Staff Appreciation Committee:** Help us honor the team that supports us.

We have some exciting new programs ready for the calendar—we just need the right people to lead them.

Get Involved Today:

- For the **Staff Appreciation Committee**, reach out to **Dov Feldman** at **317.525.1032**.
- For **Art History** or **Social** roles, stop by the **Programs and Events Department** today!

THE BEGINNING OF THE MAGIC

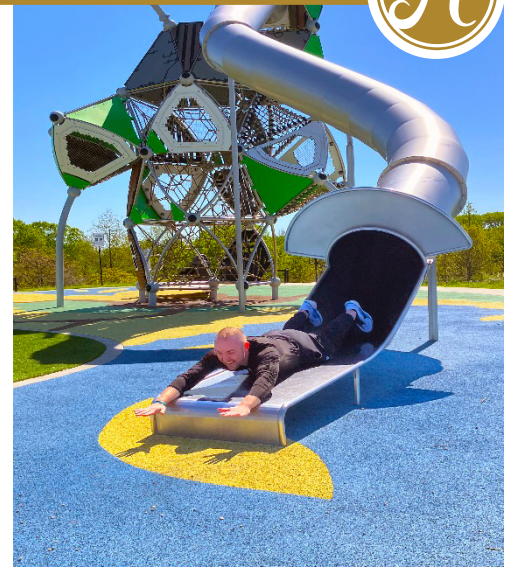
There have always been volunteers at Marquette, even before Marquette Manor opened in 1981. But it was not until 2011, under the guidance of Justyn Hindersman, that the MAGIC Volunteer program was organized, a pathway by which residents could share their time and passion with our Marquette community, enriching it with unique activities and events. Justyn was an extraordinary resident, an active member of multiple committees and founder of the Newcomers' Club which created a warm and welcoming environment for those new to our home. Marquette is the vibrant and exciting place that it is because of all of the residents who have followed her example and given so generously of their time. For more information on how to become a MAGIC volunteer, stop by the Programs and Events office.



PHOTOS



PHOTOS





PHOTOS

