

Something

To Do

- Brunch
- Workshop
- Crafts
- Yoga
- Massage
- Opera





ANNOUNCEMENTS & REMINDERS

NCAA MARCH MADNESS SCHEDULE

Selection Sunday **Sunday, March 15**
First Four **March 17-18**
First Round **March 19-20**
Second Round **March 21-22**
Sweet 16 **March 26-27**
Elite Eight **March 28-29**
Final Four **April 4**
at Lucas Oil Stadium in Indianapolis
NCAA Championship Game **April 6**
Lucas Oil Stadium in Indianapolis

Absentee Ballot Applications



Wednesday, March 18 & Thursday, March 19
9:30 am–3:30 pm
Fireside Grille Lobby

Volunteers will assist Marquette residents with their absentee applications so you can vote via the Traveling Election Board in April.



Daylight Savings time

Sunday, March 8, 2026 – Sunday, November 1, 2026
 Move your clocks ahead 1 hour Sunday, March 8th!



Marquette utilizes a comprehensive, **holistic wellness model** grounded in eight interconnected dimensions to enrich residents' lives: **Emotional, Physical, Social, Intellectual, Spiritual, Vocational, Environmental and Health Care.**

These dimensions inherently overlap, offering multiple avenues for engagement. For example, an event attended for social connection might simultaneously provide a profound emotional or spiritual experience for another resident.

We leverage these eight categories to meticulously design and deliver a well-rounded, interesting and purposeful calendar of events tailored to meet the diverse needs and interests of our community.

INTELLECTUAL WELLNESS

Intellectual wellness is all about staying curious! It's the joy of learning something new, sharing a great story, or challenging yourself with a fresh perspective. We are thrilled to invite you to our new Monday and Friday programs in the Lower-Level Multipurpose Room. We'll enjoy pre-recorded sessions followed by a friendly group chat to share what we've learned. Feel free to bring a snack and a beverage as well as a notebook to jot down your favorite insights!

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Programs & Events

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CAMPUS PROGRAMS

Lesson on Purim

Monday, March 2, 1:30 pm
Foundation Hall

As we transition into early spring, our friends in the Jewish community are preparing for a lively and meaningful holiday called Purim. It is a celebration rooted in the ancient story of Esther, a brave queen who saved her people from a great injustice. The wonderful team from the Indianapolis Jewish Community Relations Council will be here to present this program. Everyone is welcome.

Aaron Wilson Jazz

Thursday, March 5, 7:00 pm
Foundation Hall

We are delighted to announce a special evening with rising jazz star Aaron Wilson and his band. All are standout musicians from the prestigious Butler University School of Music. The group is set to deliver a performance that bridges generations through the power of music.

Irish Music

Friday, March 6, 12:00 pm
Fireside Grille

We are pleased to present a casual concert featuring the enchanting sounds of the Irish Harp and Fiddle. This performance brings the lively spirit of the Emerald Isle directly to our community, blending soaring melodies with the rhythmic drive of traditional Celtic folk music. Enjoy at lunch.

Fused Glass Workshop

Friday, March 13, 1:30
Lower-Level Craft Room

Get ready to see art in a whole new light! We are excited to invite you to our Fused Glass Craft Workshop, where you will have the chance to transform simple pieces of colored glass into stunning, one-of-a-kind masterpieces. Whether you are a seasoned artist or a complete beginner, this workshop is designed to be accessible, forgiving, and deeply rewarding. Registration required. 12 spots available.

Comfort Concert featuring Dave Laskey

Tuesday, March 17, 1:00 pm
Foundation Hall

Looking for an alternative to the evening shows? We are thrilled to invite you the first of our new afternoon Comfort Concerts filled with timeless melodies and classic hits. Music is a powerful gateway to memory helping us relive the joy of a first dance or a summer long ago. Come join your friends and neighbors for an afternoon of pure nostalgia and community spirit.

Floral Arrangements

with George Thomas Florist
Wednesday, March 18 1:30 pm
Lower-Level Craft Room

It's time to welcome back Spring! Whether you're a seasoned flower lover or trying your hand at arranging for the first time, our friends at George Thomas Florists are here to help guide participants to create stunning Spring arrangements. Registration required. 15 spots available.

Well on Your Way

Understanding Balance & Preventing Falls Webinar

Thursday, March 19, 2:00 pm
Foundation Hall

Every day, we perform a delicate dance with gravity - walking, reaching, and moving through life without realizing the incredible coordination it takes to stay upright. Join Dr. Katharine Forth, a neuroscientist in motor coordination and former NASA researcher, as she reveals the fascinating science behind balance and what space research has taught us about staying steady here on Earth. This is a webinar.

You Can't Play that Here!

When Music is Banned

Monday, March 23, 7:00 pm
Foundation Hall

Can a simple tune topple a government? Why would the mighty British Parliament fear the sound of a bagpipe? From 17th century Scotland to Hitler's Germany, Stalin's Russia to present day Afghanistan, this program discusses the power of music to move whole populations, a power considered dangerous enough to be banned. You will hear historical and political context regarding the ban of music in five countries, along with the music that frightened dictators.

The Indianapolis Opera

Wednesday, March, 25 7:00 pm
Foundation Hall

It's always a wonderful time when the Indianapolis Opera is here. They will be promoting their spring show and performing some classics just for us. Even if you aren't an opera fan, it is guaranteed you will come away from this show a fan.

A concert featuring Odd Man In

Monday, March 30, 7:00 pm
Foundation Hall

Get ready for a fun evening. A new group to Marquette, this collection of guys plays big band standards, classic jazz, and modern pop covers. They are eight talented musicians and one Odd Man.

IMPORTANT!

Please register monthly beginning on the 26th at 8:00 am. All trips on this page require registration in the Programs, Events & Transportation Book. \$ symbol means money is required on this outing.

SHOPPING TRIPS

KEYSTONE AT THE CROSSING/CASTLETON

Wed., March 4 Bus leaves at 10:45 am

WALMART/DOLLAR TREE/FIVE BELOW/ TRADER JOE'S

Wed., March 4 Bus leaves at 2:00 pm

KROGER/TARGET/KOHL'S...

Every Wed., except Wednesday, March 4
Bus leaves at 9:30 am

MEIJER RUN

Every Wed., except Wednesday, March 4
Bus leaves at 1:30 pm

Lenten Concert at Second Presbyterian

Sunday, March 1 | Bus leaves 10:30 am

The Sacred Arts Series is a dynamic program led by Dr. Michelle Louer, Director of Music and Fine Arts. The series includes choral masterworks, chamber music, and art song recitals. The concert will celebrate female composers. This is a free concert.

Clay Shaping Workshop at the Indy Art Center

Friday, March 6 | Bus leaves 12:20 pm

Take a field trip to the Indy Art center. Staff there will lead an introductory workshop where folks will learn basic hand building, clay-shaping methods to make a mug from start to finish. 10 spots available.

The ISO & Indy Ballet at Clowes Hall

Saturday, March 7 | Bus leaves

Enter a world of enchantment with *The Sleeping Beauty*, presented by Indianapolis Ballet and the Indianapolis Symphony Orchestra. Featuring Tchaikovsky's glorious score performed live, this beloved fairy tale ballet comes to life with lavish costumes, stunning sets, and exquisite dancing. Follow Princess Aurora's journey from a cursed slumber to true love's kiss in this timeless production. Residents will be charged \$33 to their account. 14 spots available.

The Simon and Garfunkel Experience

at Old National Center

Sunday, March 8 | Bus leaves 6:00 pm

Using huge projection photos and original film footage, the international hit show tells the story of the origins and meteoric rise of Simon & Garfunkel blended together seamlessly with a full live band performing all the hits including *Mrs Robinson*, *Cecilia*, *Bridge Over Troubled Water*, *Homeward Bound* and many more. Residents will be charged \$65 to their account. 14 spots available.

EXCURSIONS



Esteban Castro Piano Concert at Christ Church Cathedral

Sunday, March 15 | Bus leaves 2:45 pm

New York City-based American Piano Awards laureate Esteban Castro is a pianist and composer having composed over 50 original works, including a five-movement suite for piano trio. He has garnered three ASCAP Foundation Young Jazz Composer Awards, and has won fifteen Downbeat Student Music Awards. This is a free concert. 20 spots available.

A Night in Memphis at the Palladium

Thursday, March 19 | Bus leaves 6:30 pm

One Night in Memphis is a rocking concert tribute to legendary Sun Records recording artists Carl Perkins, Johnny Cash, Jerry Lee Lewis and Elvis Presley, featuring over 90 minutes of rockabilly, country, gospel and pure 1950s rock 'n' roll performed live with an energetic rockabilly backup band. Inspired by the "Million Dollar Quartet" incident of 1956, this is a rock 'n' roll royalty jam session of true American music. Residents will be charged \$33 to their account.

Woods Lecture Series Environmental Anthropology in Amazonia

Thursday, March 26 | Bus leaves 6:30 pm

Dr. Eduardo Brondizio is an environmental anthropologist from Indiana University. His decades of work focuses on gaining a better understanding of how humans and the environment interact in the Amazonian region of South America. Brondizio's work has made important contributions to the human role in Amazonian conservation, land use, sustainability and human well-being. This is a free lecture. 28 spots available.

Active Adventure Speedway Trail and Dawson's on Main

Thursday, March 27

Bus leaves 10:00 am

The Active Adventure for March will take us on a trip to the Speedway Trail! This is a paved path that begins at the Indianapolis Motor Speedway and takes us through the B&O trail to Lenard Park. The terrain will be flat, and we will be walking up to 2 miles. Lunch will be afterwards at Dawson's on Main.



Touch of Glory at the Athenaeum

Saturday, March 28 | Bus leaves 12:00 pm

Experience an evocative theatrical production that vividly brings to life the inspiring story of the 1955 Crispus Attucks Tigers, Indiana's trailblazing all-Black team that defied expectations to win a state championship. Residents will be charged \$42 to their account.



Services listed are happening here at Marquette.

Residents' Association Meeting

Tuesday, March 3, 10:00 am
Foundation Hall

This is your meeting!

Town Hall Meeting

Thursday, March 19, 1:00 pm
Foundation Hall

All residents are invited to hear reports from Marquette Directors and the Executive Director.

A SERVICE SPOTLIGHT

Marquette Cares

Arranged at Resident's Convenience
Welcome to an in-home companion care service provided by Marquette.



Customized services include personal/grocery shopping and errands, light housekeeping, laundry and ironing, pet and houseplant care, grooming assistance and more!

Contact Emily Lowe
Home Care Coordinator

317-524-6504
for more information.



Saturday Night at the Movies

Foundation Hall, 7:00 pm



March 7

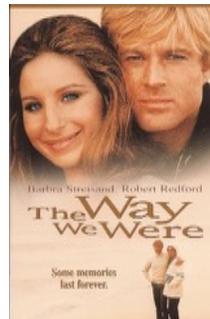


Coal Miner's Daughter

1980

The fictionalized life of singer Loretta Lynn, a girl who rose from humble beginnings to become a country music star in the 1960s/70s.

March 14

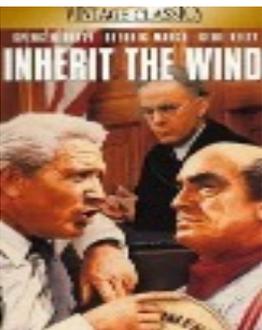


The Way We Were

1973

During post-WWII McCarthyism, a diametrically opposed couple come together only to find out that genuine friendship and physical attraction is not enough to overcome fundamental societal beliefs.

March 21



Inherit the Wind

1960

Based on a real-life case in 1925; two great lawyers argue the case for, and against, a Tennessee science teacher accused of the crime of teaching Darwin's theory of evolution.

March 28



Into the Woods

2016

A witch tasks a childless baker and his wife with procuring magical items from classic fairy tales to reverse the curse put on their family tree.



ANGLICAN MASS

Mass Sundays 10:30 am Chapel

Officiated by Rev. Todd Bragg, Rector of St. Margaret Anglican Church.

CATHOLIC MASS

Daily Monday–Friday 4:00 pm Chapel

Anticipation Mass for Sunday Saturday 4:00 pm Chapel

Masses celebrated by Rev. Cliff Vogelsang, as well as guest officiants.

EPISCOPAL SERVICE

Thursday, March 26 10:00 am Chapel

Officiated by Staff from Trinity Episcopal Church.

PRESBYTERIAN COMMUNION

Friday, March 20 10:00 am Chapel

Officiated by Staff from Second Presbyterian Church.

JEWISH SHABBAT

Friday, March 20

4:00 pm

PROTESTANT SERVICE

Sundays 1:50 pm Foundation Hall

Officiated by Rev. Joe Johnson.

Music provided by Greg Gibson and guest musicians.

BIBLE STUDY

Tuesdays 2:00 pm 3rd Floor Card Room

Study and discuss the Book of Galatians.

Contact Jeff Fields (574-202-8330) for more information.



Marquette Wellness Resources

LYNNE O'DAY CLINIC

- > Geriatric Internist
- > Dermatologist
- > Podiatrist
- > Dentist
- > Hearing Aid Info

Call 317-524-6509

MASSAGE SERVICES

See page 10

Call 317-228-2249

SELECT REHAB

- > Physical Therapy
- > Occupational Therapy
- > Speech Therapy

Call 317-524-6509

MARQUETTE CARES

- > Medication reminders
- > Laundry assistance
- > Grocery shopping
- > Personal care assistance and more

Call 317-524-6534

WELLNESS NAVIGATOR

- > Care planning Assistance
- > Adjusting to the Community
- > Needs Assessments
- > Referrals to Psychologist
- > Other Services

**Ask for Emily Lowe
Call 317-524-6504**

Well On Your Way Webinar

Defying Gravity: Understanding Balance & Preventing Falls

Thursday, March 19

2:00 – 3:00 PM

Foundation Hall – displayed on the screens



Every day, we perform a delicate dance with gravity – walking, reaching, and moving through life without realizing the incredible coordination it takes to stay upright. Join Dr. Katharine Forth, a neuroscientist in motor coordination and former NASA researcher, as she reveals the fascinating science behind balance and what space research has taught us about staying steady here on Earth.

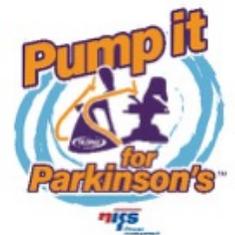
Falls are now the leading cause of trauma-related hospital visits across all age groups, with one in four adults over 65 experiencing a fall each year—yet the good news is that balance can be strengthened and falls prevented at any age. In this engaging session, Dr. Forth explains why balance is far more than standing on one leg, how it changes day to day, and shares simple, proven strategies to boost stability, confidence, and overall wellbeing while dispelling the myth that falling is an inevitable part of aging and inspiring participants to move with confidence and master their own dance with gravity.

Pump It for Parkinson's Registration Booth

Friday, March 20

2:30 – 3:30 PM

Across from MAC desk



Our annual step-a-thon event is back and will be bigger than ever! The all-day event will take place on Thursday, April 9, but we will host a registration booth on Friday, March 20 for participation signups, volunteer opportunities, and more. The details for Pump It for Parkinson's will be released at Town Hall on Thursday, March 19.



FITNESS SUPERPOWERS FLEXIBILITY



Did you know there is more to being flexible than being able to touch your toes? Increased flexibility can reduce joint pain and stiffness, improve balance, and boost circulation! Participate in a Supervised Superpower open gym session on Wednesdays at 1:00-2:00pm and/or Fridays at 1:30-2:30pm each week to improve your flexibility with simple exercises. Staff will be there to answer questions and guide you through the exercises, or you can complete them on your own.



RECURRING EVENTS

BLOOD PRESSURE CLINIC

Wednesdays
11:30 am
Across from the MAC Desk

Stop by to check your blood pressure, oxygen saturation, and heart rate. Clinic led by Emily Lowe, Wellness Nurse.

PARKINSONS SUPPORT GROUP

1st Wednesday (March 4)
3:00 pm
LL Multipurpose Room

FAVOR THE FLAVOR WITH CHEF BRIAN

2nd Thursday (March 12)
12:30-1:30pm
Fireside Grille Lobby

EVENING MEDITATION WITH MARCIA

4th Monday (March 23)
6:45 – 7:30pm
Aerobics Studio

Chairs and yoga mats are available.

LiveWell Lecture Series: HEALTHY JOINTS, HEALTHY LIFE

Last Monday (March 30)
12:00-12:45 pm
Aerobics Studio



MAC Manager HANNAH MORRIS

317-228-2249
morrishannah@marquetterc.org

MAC Assistant Manager MICHAEL PASSMORE

317-228-2248
passmoremichael@marquetterc.org



REMINDERS & ANNOUNCEMENTS

- > Mat Yoga and Aqua Dance not offered on 1st Tuesday, March 3, for Residents' Association Meeting
- Pool closed for cleaning on 1st Wednesday, March 4, from 11:00 AM – 3:00 PM
- Chair Fit 'n Tone not offered on 3rd Thursday, March 19, for Town Hall Meeting



AMENITIES

BEAUTY & BARBER



Barber Services available on Mondays
HOURS: Monday – Friday
9:00 am – 3:00 pm *Appointment Only*



PS Salon & Spa

Call: 317-524-6566 to schedule an appointment.

BMO BANK



HOURS: Monday–Friday
9:00 am–4:00 pm

Either Shad Rohrer (317-228-2038) or Robin Duncan (317-228-2037) is available to help with your banking needs or questions.

CONCIERGE



HOURS: Monday–Friday
10:00 am–3:00 pm

SERVICES: Assists residents with packages and postage, ordering flowers, printing airline boarding passes and making room reservations. She arranges Lyft transportation requests and schedules tech assistance.

Is reading about programs and events a challenge? The concierge has the answer and can provide specialized brochures and will help to address any visual needs. Call (317-524-6597) with your requests.

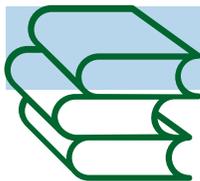
CRAFT ROOM



HOURS: 24 hours a day

Whether it's making cards, knitting, painting or drawing, this room has it all. Explore your hidden talents with a room chock full of supplies, handbooks and materials.

LIBRARY



HOURS: 24 hours a day

OPTIONS: Non-Fiction, Fiction, Books-on-CD, Newspapers,

Magazines, DVDs

Contact Fran Cull (708-289-3759), Library Committee Chair, to offer title suggestions.

MASSAGE SERVICES



HOURS:

Christian Hines

Tuesdays 10:00 AM – 2:00 PM

Thursdays 9:00 AM – 5:00 PM

Jennifer Duke

Wednesdays 9:00 AM – 5:00 PM

Fridays 9:00 AM – 5:00 PM

SERVICES: Appointments required. Call the MAC for pricing. 24 hour business day cancellation required.

WOODWORKING SHOP



HOURS: Authorized Access Only!

SERVICES: Various hand and power tools available for use.

Contact Maintenance Services Coordinator (317-524-6538) for authorization, key and training session.

TECH CENTER



HOURS: 24 hours a day

Two computers are available for resident email, internet and MS Office programs. A combination BW/color printer is available. Located near the MAC.

I.T. Support Tech is available for assistance with laptops, tablets, smartphones, social media, virtual meetings, software, printing and scanning, websites and purchasing advice.

Contact the Concierge (317-524-6597) or I.T. Support (317-524-6589) to schedule an appointment.

CORNER SHOPPE



HOURS: Monday–Friday
10:00 am – 4:00 pm

CONVENIENCES:

- Office Supplies
- Health & Beauty
- Gifts & Seasonal
- Greeting Cards
- Snacks
- Beverages
- Stamps
- Batteries

Cash purchases only.



THERE'S FUN FOR EVERYONE!



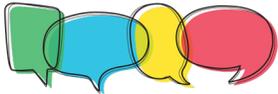
Bark-quette Dog Owners Group
Third Monday 1:00 pm 3FCR



Knit for Charity
Mondays 1:30 pm LLCR



Mexican Train
Mondays 6:30 pm 3FCR
Thursdays 1:30 pm 3FCR



Contemporary Issues
2nd Monday 7:00 pm
Foundation Hall



Scrabble
Mondays 3:00 pm 3FCR



Donuts for Veterans
3rd Monday 9:30 am
Fireside Grille



Book Club
4th Tuesday 10:00 am TT



Bingo
Tuesdays 7:00 pm FH/A



Duplicate Bridge
Tuesdays 7:00 pm FH/B



Karaoke
3rd Wednesday 6:30 pm
TT



Poker
Thursdays 7:00 pm 5FCR



Quilting Group
4th Thursday 2:00 pm
LLCR



Coffee, Clips & Conversation
Thursdays 10:30 am 3FCR



IWFC Retirees
First Thursday 12 noon
FSG



Euchre
Thursdays 7:00 pm
2FCR



Contract Bridge
Fridays 1:00 pm—
4:00 pm 2FCR



Rather Be Reading
2nd Friday 1:30 pm TT



Digital Literacy
4th Saturday 2:00 pm FH/A



Devotional Piano
3rd Sunday 12:50 pm FSG



KNIFE & FORK

*For all Dining Room Reservations please call 317-524-6549
or go to <https://portal.fullcount.net/cp/marquette>*

*To have the weekly menus emailed to you contact
Amanda Lane at 317-524-6558 or email laneamanda@marquetterc.org*

HACKL LEGACY DINING ROOM

- OPEN -

TUESDAY-SATURDAY

with seatings each 1/2 hour

5:00 pm 5:30 pm 6:00 pm 6:30 pm 7:00 pm
Reservations 48 hrs ahead (317-524-6549)

- CLOSED -

SUNDAY MONDAY

LOBSTER NIGHT



Wednesday, March 4

5:00 pm 5:30 pm 6:00 pm 6:30 pm 7:00 pm
Reservations required

BIRTHDAY LUNCHEON

Wednesday, March 11 - Noon

Reservations Required

- > Residents with a birthday in March
Complimentary luncheon
- > Spouse welcome, will be charged to Resident's
account

TGIF

TOWNSHIP TAVERN

SECOND FRIDAY OF EACH MONTH

5:00 pm - 6:00 pm

Lite Appetizers Served with Drink Order

Regular Bar Menu Not Available

\$2 Donation per Drink

Please, No Guests

FIRESIDE GRILLE

- BREAKFAST -

MONDAY-SATURDAY

7:30 am-10:00 am

- LUNCH & DINNER -

MONDAY-SATURDAY

11:30 am-6:30 pm

MONTHLY BUFFET DINNER

FIRESIDE GRILLE LOBBY

Wednesday, March 25

4:30 pm-6:30 pm

Hackl Legacy Dining Room Closed

Fireside Grille closes at 2:00 pm

SUNDAY BRUNCH

Sundays 10:30 am-1:30 pm

Open for dinner until 6:30 pm

TOWNSHIP TAVERN

- OPEN -

MONDAY-FRIDAY

4:30 PM-7:00 PM

No Reservations Required

Room Service

Call 317-524-6506

for ALL Room Service orders

You can also complete the sheets and
place in the F&B mailroom box.



MAGIC Marquette
Auxiliary
Getting
Involved
Creatively

VOLUNTEER OPPORTUNITIES

Literary Quarterly Submissions

Calling all writers! Poetry, essays, short stories wanted. Please, no political or religious submissions. Submissions are accepted ongoing.

*Contact Tracy Lyngholm
317-524-6517*

Passionate for Programs

Our calendar is fueled by the interests of our residents. Are you willing to share what you are passionate about and enjoy doing with the Marquette community?

With support from the Programs and Events Department, we can help **you develop your ideas** and support your enthusiasm as you bring new programs to the Marquette community.

Have fun starting a photography club, putting on a dramatic arts workshop, or hosting a monthly game night.

*You are only limited by
the things you love to do.*

Corner Shoppe Associates

Looking for a way to get involved in? If you love greeting people and staying in the loop, then the Corner Shoppe is your spot. Volunteering is the perfect way to help out our community. We offer easy 2-hour shifts, Monday through Friday. The Vibe: High energy, big smiles and great company. Be the friendly face that turns a simple errand into the highlight of a neighbor's day.

If this sounds like you, see Dee Bledsoe in the Programs and Events Office to join in our premier team of volunteers.



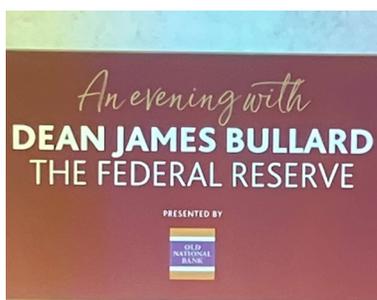
At Marquette, friendly competition and community spirit come together in a favorite activity: Corn Toss. With years of maintaining a winning record, this team has become a point of pride for residents and a great, low impact way to stay active.

The corn toss team which consists of Randy Trowbridge, Jeff Fields, Gene Parker, Tom Otey, Frank & Hester Pilcher, Marcia Young and others, face off twice a year against other Indiana, LCS properties. Games are played until 31 points are reached. The team takes pride in its success, with a focus on fun and enjoying the game. Practices are at the MAC on Tuesdays and Thursdays a 3:00 pm with open play over the weekends. Everyone is invited to stop by and try their hand. They even encourage staff to stop in and give it a try.



PHOTOS







PHOTOS

