

# MARQUETTE MIRROR

JANUARY 2026

Something  
to Look  
Forward To

2026



# SPOTLIGHT EVENTS



## *Susan Boots in Concert* Singing Your Favorites

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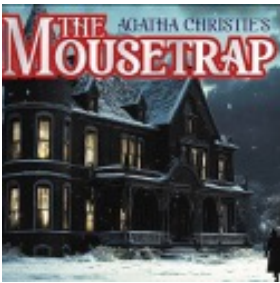
Be prepared to be entertained



## *Team Trivia* A Fun Competition

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Get those thinking caps on and take home the gold



## *Mousetrap* Time for an Agatha Christie Suspense

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Beef & Boards brings the best



Marquette utilizes a comprehensive, **holistic wellness model** grounded in eight interconnected dimensions to enrich residents' lives: **Emotional, Physical, Social Intellectual, Spiritual, Vocational, Environmental and Health Care.**

These dimensions inherently overlap, offering multiple avenues for engagement. For example, an event attended for social connection might simultaneously provide a profound emotional or spiritual experience for another resident.

We leverage these eight categories to meticulously design and deliver a well-rounded, interesting and purposeful calendar of events tailored to meet the diverse needs and interests of our community.

### **Emotional Wellness**

The ability to understand and manage one's feelings effectively, cope with life's challenges and foster a positive outlook. To maintain your Emotional Wellness try the Meditation Group or participate in our new Journey through Grief group.



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Meijer
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- Discover ways to help your Marquette neighbors and friends

## Photo Gallery..... 14-16

- Fun snapshots of you and your Marquette neighbors and friends.

## Programs & Events

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## CAMPUS PROGRAMS

### **Scott Joplin, the King of Ragtime, with Kevin MacDowell**

**Monday, January 5, 7:00 pm**  
**Foundation Hall**

American composer and pianist Scott Joplin was dubbed the "King of Ragtime." His hit "Maple Leaf Rag" is nearly as popular today as it was in 1899, appearing in video games, cartoons, commercials and the soundtracks of hundreds of films. In this presentation, musician Kevin MacDowell will play several of Joplin's ragtime compositions and share anecdotes from Joplin's life.

### **Marquette Mixer**

**Tuesday, January 6, 1:30 pm**  
**Foundation Hall**

Are you new to the community, or simply looking to expand your social circle and connect with your neighbors? Join us for our welcoming social mixer designed specifically to help residents meet other residents in a relaxed, friendly environment. This event will feature structured yet casual activities designed to spark conversation and help you discover shared interests. Registration required for planning purposes. Everyone welcome.

### **An Evening with Chad Brown**

**Wednesday, January 7, 7:00 pm**  
**Foundation Hall**

Brown is known for his genuine passion for the "Rat Pack" era. He captivates the audience with a setlist featuring timeless standards made famous by legends such as Frank Sinatra and Dean Martin. From the first note, his rich, resonant voice fills the room, transporting attendees to a different time.

### **Team Trivia**

**Monday, January 12, 1:30 pm**  
**Foundation Hall**

Are you a history buff? A classic movie maven? A music guru? Work as a team and put your knowledge to the test and enjoy some friendly competition, laughter and community spirit! Registration required for planning purposes. Everyone welcome.

### **Art Journaling with Indy Art Center**

**Tuesday, January 13, 1:30 pm**  
**Lower-Level Craft Room**

Join the Indy Art Center as they present a wonderful experience to start off the new year. We will partake in an instructor-led journaling class focused on creativity and gratitude. This is sure to be a fun new experience. Registration required. 15 spots available.

### **Grief Support Group**

**Wednesday, January 14, 2:00 pm**  
**Foundation Hall**

Grief can show up in many ways and everyone's journey is different. This group offers a welcoming space for residents to connect, share, learn and support one another. Everyone who needs this group is welcome. Please reach out to Emily Lowe for more information (317-524-6504).

### **Art Walk**

**Friday, January 16, 1:30 pm**  
**Meet at the Manor Elevator**

Instead of just admiring from afar, this event invites you to walk through our community to see paintings we usually do not have displayed. Discover the emotions, memories and personal histories that inspired each piece.

### **Valentine Cards with Indy Art Center**

**Wednesday, January 28, 1:30**  
**Lower-Level Craft Room**

Indy Art Center will be here to guide us through the skill of creating and building lovely pop-up cards especially for the upcoming Valentine season. Registration required. 15 spots available.

### **Susan Boots in Concert**

**Wednesday, January 28 7:00 pm**  
**Foundation Hall**

Join us for a sophisticated and delightful musical journey as we welcome back the talented local songstress Susan Boots. Susan will be performing beloved classics from the Great American Songbook, bringing to life the unforgettable music of Cole Porter, George Gershwin, Sinatra and the Big Band era.



## IMPORTANT!

Please register starting on the  
26th of each month at 8:00 am.

All trips on this page require registration in the  
Programs, Events & Transportation Book.

\$ symbol means money is  
required on this outing.

*Let's go shopping!*



### Keystone at the Crossing/Castleton Runs

Wed., Jan. 7 Bus leaves at 10:45 am

**Walmart/Dollar Tree/Five Below/Trader Joe's** Wed., Jan. 7 Bus leaves at 2:00 pm

**Kroger/Target/Kohl's...** Every Wed., except Wednesday, Jan. 7 Bus leaves at 9:30 am

**Meijer Run** Every Wed., except Wednesday, Jan. 7 Bus leaves at 1:30 pm

### Lunch Outing to LA Café

Thurs., Jan. 8 Bus leaves at 11:00 am

LA Café has been nestled in Historic Whitestown since 2002. This cozy establishment highlights a passion for fresh ingredients, honest cooking and an enjoyable atmosphere. The menu features a selection of dishes, all made in-house by a team of talented chefs.

### Agatha Christie's Mousetrap at Beef & Boards

Wed., Jan. 14 Bus leaves 10:30 am \$

Step into Monkswell Manor, a charming but isolated country guesthouse, where a blizzard has trapped a curious mix of strangers under one roof. When news of a shocking murder in London reaches them—and a police sergeant arrives—the guests quickly realize that a killer maybe in their midst. As always at Beef & Boards, enjoy a delicious buffet lunch before the show. 12 spots available. Residents will be charged \$79 to their account.

### MLK Day at the Historical Society

Mon., Jan. 19 Bus leaves at 11:30 am

You are free to enjoy a day of reflection, creativity and community connection. Participate in a hands-on service project designing bags for the Concord Neighborhood Center and explore our Wall of Reflection honoring Dr. King's legacy. Don't miss a special presentation at 1pm by Susan Hall Dotson, "Dr. King's Visits to Indiana," celebrating the profound impact of his time in our state. The café is not open on this day so plan accordingly. This is a free event. 28 spots available.

### An Evening with Dean James Bullard: The Federal Reserve at the Historical Society

Thurs., Jan. 22 Bus leaves at 5:00 pm

This robust system is managed through monetary policy

## EXCURSIONS



put forth by Federal Reserve Bank presidents the nation. James Bullard, current Dean of the Mitch Daniels School of Business at Purdue University and one of the nation's foremost economists, was one of those policymakers for 15 years. He will share his experiences with the Federal Reserve, his insights as an economist and his reflections on the legacy of the Federal Reserve. Following the conversation, there will be a dessert reception. This is a free event. 10 spots available.

### Beach Boys Tribute Band at Hendricks Live!

Sat., January 24

Bus leaves 7:00 pm \$

Pet Sounds Live is the premier Beach Boys album experience celebrating Brian Wilson's iconic masterpiece that altered the course of rock & roll. Pet Sounds Live transports you back in time inside the studio and behind the glass as you experience the creation of some of the greatest and most beloved music in rock & roll history, performed right before your eyes and ears. This is far more than a tribute and much more than just a band. Residents will be charged \$25 to their account. 14 spots available.

### Crown Hill Lecture Series Indianapolis Obituaries Between Decades

Thursday, January 29

Bus leaves 5:20 pm

Obituaries serve as cultural artifacts that reflect societal norms, values and ways that communities remember and honor their deceased community members. By exploring the evolution and transformation of obituaries in Indianapolis through the years, Madeline Young will explore the ways community structures have changed social relationships and the impact of technology on memorializing the death of an individual. This is a free event. 14 spots available.

### Active Adventure

Friday, January 30

12:00–4:00 PM

Get ready for a blast!

Join MAC staff member

Michael Passmore for a high-energy, fun active adventure: duckpin bowling! Atomic Bowl is a miniature bowling alley in Indianapolis; the cost to play will be covered but residents will be asked to pay for their lunch at Café Patachou before we head to the bowling alley. We will get back to Marquette around 4pm.





# CAMPUS SERVICES & FEATURED FILMS

**Services listed are happening here at Marquette.**

## Residents' Association Meeting

Tuesday, January 6, 10:00 am  
Foundation Hall

This is your meeting!

## Town Hall Meeting

Thursday, January 15, 1:00 pm  
Foundation Hall

All residents are invited to hear reports from Marquette Directors and the Executive Director.

## A SERVICE SPOTLIGHT

### Marquette Cares

*Arranged at Resident's Convenience*  
Welcome to an in-home companion care service provided by Marquette.



Customized services include personal/grocery shopping and errands, light housekeeping, laundry and ironing, pet and houseplant care, grooming assistance and more!

Contact Emily Lowe  
Home Care Coordinator

**317-524-6504**  
for more information.



# Saturday Night at the Movies

*Foundation Hall, 7:00 pm*



## JANUARY 3

## JANUARY 10

## JANUARY 17



### Guys & Dolls (1955)

This film follows the charming but roguish gamblers and the "dolls" who

love them, culminating in romantic pairings and redemption for the sinners, all set to iconic musical numbers.



### All is Lost (2013)

After a collision with a shipping container at sea, a

resourceful sailor finds himself, despite all efforts to the contrary, staring his mortality in the face.



### Bridges of Madison County (1995)

Photographer Robert Kincaid

wanders into the life of housewife Francesca Johnson for four days in the 1960s.

## JANUARY 24

## JANUARY 31



### Three Billboards Outside of Ebbing Missouri (2017)

A mother personally challenges the local authorities to solve her daughter's murder when they fail to catch the culprit.



### Titanic (1997)

A seventeen-year-old aristocrat falls in love with a kind but poor artist aboard the luxurious, ill-fated R.M.S. Titanic.





## ANGLICAN MASS

***Mass Sundays 10:30 am Chapel***

Officiated by Rev. Todd Bragg, Rector of St. Margaret Anglican Church.

## CATHOLIC MASS

***Daily Monday–Friday 4:00 pm Chapel***

***Anticipation Mass for Sunday Saturday 4:00 pm Chapel***

Masses celebrated by Rev. Cliff Vogelsang, as well as guest officiants.

## EPISCOPAL SERVICE

***Thursday, January 22 10:00 am Chapel***

Officiated by Staff from Trinity Episcopal Church.

## PRESBYTERIAN COMMUNION

***Friday, March 20 10:00 am Chapel***

Officiated by Staff from Second Presbyterian Church.

## JEWISH SHABBAT

***Friday, January 16***

***4:00 pm***

## PROTESTANT SERVICE

***Sundays 1:50 pm Foundation Hall***

***Communion offered January 4***

Officiated by Rev. Joe Johnson.

Music provided by Greg Gibson and guest musicians.

## BIBLE STUDY

***Tuesdays 2:00 pm 3rd Floor Card Room***

Study and discuss the Book of Galatians.

Contact Jeff Fields (574-202-8330) for more information.



## Marquette Wellness Resources

### LYNNE O'DAY CLINIC

- > Geriatric Internist
- > Dermatologist
- > Podiatrist
- > Dentist
- > Hearing Aid Info

**Call 317-524-6509**

### MASSAGE SERVICES

See page 9

**Call 317-524-6550**

### SELECT REHAB

- > Physical Therapy
- > Occupational Therapy
- > Speech Therapy

**Call 317-524-6509**

### MARQUETTE CARES

- > Medication reminders
- > Laundry assistance
- > Grocery shopping
- > Personal care assistance and more

**Call 317-524-6534**

### REGISTERED DIETITIAN

- > Nutrition Services

**Ask for Debra Melendez**

**Call 574-383-0035**

### WELLNESS NAVIGATOR

- > Care planning Assistance
- > Adjusting to the Community
- > Needs Assessments
- > Referrals to Psychologist
- > Other Services

**Ask for Emily Lowe**

**Call 317-524-6504**



## FITNESS SUPERPOWERS:

### The 6 Superpowers for Active Aging

Would you like to know what six of the most important factors are for aging successfully? Join us as we talk about these 6 skills and how you can take advantage of the MAC to achieve them in 2026! We will be presenting the program in detail on **Friday, January 2 at 1:30-2:00 pm** in Foundation Hall. Contact Hannah Morris or Michael Passmore for more details.

## NEW! SUPERVISED SUPERPOWERS: BETTER POSTURE



**Wednesdays @ 1:00-2:00 PM in MAC**

Learn a new fitness superpower every two months throughout the year. This “class” is perfect for someone who wants to learn a new skill or improve upon a current one. This “class” is self-led, with your fitness staff present to coach you through the exercises. Improve in fitness areas such as posture, flexibility, reflexes, strength, balance and grip! All of these are important factors in healthy aging.

## HEALTH & WELLNESS TIPS

1. **Sitting too long?** Your posture wants a reset! Take 30-60 second movement breaks: shoulder rolls, standing tall, or a quick hallway walk. Small movements add up to big posture gains.
2. **Did you know your diet can help support long-term mobility?** Foods like salmon, olive oil, turmeric and ginger help soothe inflammation naturally so you can stay active and independent. Add a few of these to your meals this week!



## Parkinsons Support Group



Wednesday, January 7  
3:00 pm  
the LL Multipurpose Room



## Favor the Flavor with Chef Brian

Thursday, January 8  
12:30-1:30pm  
Fireside Grille Lobby



## Evening Meditation with Marcia

Monday, January 26  
6:45 – 7:30pm  
Aerobics Studio

Chairs and yoga mats are available.



## Massage Therapy

If you are interested in scheduling a massage appointment, please call MAC Manager, Hannah Morris, at 317-228-2249.

### HOURS:

#### Christian Hines

Tuesdays 12:00 – 7:00 PM

Thursdays 9:00 AM – 5:00 PM

#### Jennifer Duke

Wednesdays 9:00 AM – 5:00 PM

Fridays 9:00 AM – 5:00 PM

### PRICES:

30-minute \$45.00

45-minute \$65.00

60-minute \$85.00

90-minute \$125.00



## MAC Manager HANNAH MORRIS

317-228-2249

[morrishannah@marquetterc.org](mailto:morrishannah@marquetterc.org)

## MAC Assistant Manager MICHAEL PASSMORE

317-228-2248

[passmoremichael@marquetterc.org](mailto:passmoremichael@marquetterc.org)



## REMINDERS & ANNOUNCEMENTS

- > No MAC staff or classes on Thursday, January 1st
- > 10am classes canceled on 1st Tuesday for Residents' Association Meeting (January 6th)
- > 1pm class canceled on 3rd Thursday for Town Hall Meeting (January 15th)



## AMENITIES



### BEAUTY & BARBER

**WE NOW HAVE A BARBER!**

**HOURS: Monday – Friday**  
**9:00 am – 3:00 pm** *Appointment Only*

**PS Salon & Spa**

Call: 317-524-6566 to schedule an appointment.



### BMO BANK



**HOURS: Monday–Friday**  
**9:00 am–4:00 pm**

Either Shad Rohrer (317-228-2038) or Robin Duncan (317-228-2037) is available to help with your banking needs or questions.

### CONCIERGE



**HOURS: Monday–Friday**  
**10:00 am–3:00 pm**

**SERVICES:** Assists residents with packages and postage, ordering flowers, printing airline boarding passes and making room reservations. She arranges Lyft transportation requests and schedules tech assistance.

Is reading about programs and events a challenge? The concierge has the answer and can provide specialized brochures and will help to address any visual needs. Call (317-524-6597) with your requests.



### CRAFT ROOM

**HOURS: 24 hours a day**

Whether it's making cards, knitting, painting or drawing, this room has it all. Explore your hidden talents with a room chock full of supplies, handbooks and materials.



### LIBRARY

**HOURS: 24 hours a day**

**OPTIONS:** Non-Fiction, Fiction, Books-on-CD, Newspapers,

Magazines, DVDs

Contact Fran Cull (708-289-3759), Library Committee Chair, to offer title suggestions.

### MASSAGE SERVICES



**HOURS:**

**Christian Hines**

Tuesdays 12:00 – 7:00 PM

Thursdays 9:00 AM – 5:00 PM

**Jennifer Duke**

Wednesdays 9:00 AM – 5:00 PM

Fridays 9:00 AM – 5:00 PM

**SERVICES:** Appointments required. Call the MAC for pricing. 24 hour business day cancellation required.

### WOODWORKING SHOP



**HOURS:** Authorized Access Only!

**SERVICES:** Various hand and power tools available for use.

Contact Maintenance Services Coordinator (317-524-6538) for authorization, key and training session.

### TECH CENTER



**HOURS:** 24 hours a day

Two computers are available for resident email and internet use.

A combination BW/color printer is available. Now located near the MAC.

**I.T. Support Tech** is available for assistance with laptops, tablets, smartphones, social media, virtual meetings, software, printing and scanning, websites and purchasing advice.

Contact the Concierge (317-524-6597) or I.T. Support (317-524-6589) to schedule an appointment.



### CORNER SHOPPE

**HOURS: Monday–Friday**  
**10:00 am – 4:00 pm**

**CONVENIENCES:**

- Office Supplies
- Health & Beauty
- Gifts & Seasonal
- Greeting Cards
- Snacks
- Beverages
- Stamps
- Batteries

Cash purchases only.



## THERE'S FUN FOR EVERYONE!



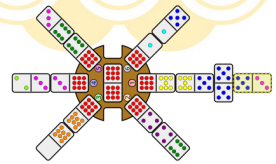
### Bark-quette Dog Owners Group

Third Monday 1:00 pm 3FCR



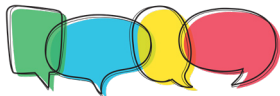
### Knit for Charity

Mondays 1:30 pm LLCR



### Mexican Train

Mondays 6:30 pm 3FCR  
Thursdays 1:30 pm 3FCR



### Contemporary Issues

2nd Monday 7:00 pm  
Foundation Hall



### Scrabble

Mondays 3:00 pm 3FCR



### Donuts for Veterans

3rd Monday 9:30 am  
Fireside Grille



### Book Club

4th Tuesday 10:00 am 3FCR



### Bingo

Tuesdays 7:00 pm FH/A



### Duplicate Bridge

Tuesdays 7:00 pm FH/B



### Karaoke

3rd Wednesday 6:30 pm  
Foundation Hall



### Poker

Thursdays 7:00 pm 5FCR



### Quilting Group

4th Thursday 2:00 pm  
Terrace apt. 21412



### Coffee, Clips & Conversation

Thursdays 10:30 am 3FCR



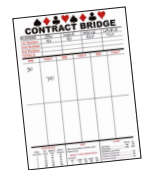
### IWFC Retirees

First Thursday 12 noon  
FSG



### Euchre

Thursdays 7:00 pm  
2FCR



### Contract Bridge

Fridays 1:00 pm—  
4:00 pm 2FCR



### Rather Be Reading

2nd Friday 1:30 pm TT



### Digital Literacy

4th Saturday 2:00 pm FH/A



### Devotional Piano

3rd Sunday 12:50 pm FSG



# KNIFE & FORK

*For all Dining Room Reservations please call 317-524-6549  
or go to <https://portal.fullcount.net/cp/marquette>*

*To have the weekly menus emailed to you contact  
Amanda Lane at 317-524-6558 or email [laneamanda@marquetterc.org](mailto:laneamanda@marquetterc.org)*

## HACKL LEGACY DINING ROOM

### - OPEN -

WEDNESDAY THURSDAY FRIDAY SATURDAY  
*with seatings each 1/2 hour*

5:00 pm 5:30 pm 6:00 pm 6:30 pm 7:00 pm

*Reservations 48 hrs ahead (317-524-6549)*

### - CLOSED -

SUNDAY MONDAY

## LOBSTER NIGHT



*Wednesday, January 7*

5:00 pm 5:30 pm 6:00 pm 6:30 pm 7:00 pm

*Reservations required*

## BIRTHDAY LUNCHEON

*Wednesday, January 14 - Noon*

*Reservations Required*

- > Residents with a birthday in January
- > Complimentary luncheon
- > Spouse welcome, will be charged to Resident's account

## TGIF

### TOWNSHIP TAVERN

**SECOND FRIDAY OF EACH MONTH**

**5:00 pm - 6:00 pm**

Lite Appetizers Served with Drink Order

*Regular Bar Menu Not Available*

\$2 Donation per Drink

Please, No Guests

## FIRESIDE GRILLE

### - BREAKFAST -

MONDAY-SATURDAY

7:30 am-10:00 am

### - LUNCH & DINNER -

MONDAY-SATURDAY

11:30 am-6:30 pm

## MONTHLY BUFFET DINNER

### FIRESIDE GRILLE LOBBY

*Wednesday, January 28*

4:30 pm-6:30 pm

Hackl Legacy Dining Room Closed

Fireside Grille closes at 2:00 pm

## SUNDAY BRUNCH

*Sundays 10:30 am-1:30 pm*

*Open for dinner until 6:30 pm*

## TOWNSHIP TAVERN

### - OPEN -

MONDAY-FRIDAY

4:30 PM-7:00 PM

*No Reservations Required*

## Room Service

**Call 317-524-6506**  
**for ALL Room Service orders**

You can also complete the sheets and  
place in the F&B mailroom box.





**MAGIC** Marquette  
Auxiliary  
Getting  
Involved  
Creatively

## VOLUNTEER OPPORTUNITIES

### Literary Quarterly Submissions

Calling all writers! Poetry, essays, short stories wanted. Please, no political or religious submissions. Submissions are accepted ongoing.

*Contact Tracy Lyngholm  
317-524-6517*

### Passionate for Programs

Our calendar is fueled by the interests of our residents. Are you willing to share what you are passionate about and enjoy doing with the Marquette community?

With support from the Programs and Events Department, we can help **you develop your ideas** and support your enthusiasm as you bring new programs to the Marquette community.

Have fun starting a photography club, putting on a dramatic arts workshop, or hosting a monthly game night.

***You are only limited by  
the things you love to do.***

### Corner Shoppe Associates

2-hour shifts available; Monday–Friday

***We are looking for Residents who are interested in working 2-hour shifts in the Corner Shoppe. Please stop by the Programs & Events office if you have a great smile and sparkling personality!***

***Contact Dee Bledsoe  
317-524-6535***



Marquette resident Barbara Furlow makes Contemporary Issues a campus favorite. Contemporary Issues was a program originally led by a Republican Attorney and a Democrat Professor designed to encourage discussion of current events from both conservative and liberal perspectives. After these gentlemen were no longer able to lead the program, Barbara was asked to continue as moderator of Contemporary Issues. The first three sessions were in the card room. By the end of 2017, the program was moved to Tuesday evenings in Foundation Hall. Barb credits Randy Trowbridge who has been invaluable with

his genius at creating title slides and his ability to capture images to visually highlight issues being discussed.

**Contemporary Issues meets the  
second Monday of each month in Foundation Hall at 7:00 pm.**





# PHOTOS











# PHOTOS

