

**DECEMBER 2025** 





## SPOTLIGHT EVENTS



### Gift Wrapping Service Time to Wrap It Up

page 4

Bring your gifts and let the elves take over



## Butler Rejoice A Butler Holiday Tradition

page 5

Butler University Choral Department & Symphony present this show



## Holiday Lights Tours Visit the State Fair Grounds

page 5

The beauty of holiday lights warms the heart



When the geese are flying south And the sky is grey, my dears, Close your eyes, and lift your nose; Listen with your careful ears.

Feel the winter coming on, Hear it in the crackling trees; Note the crisping, quivering wind Sharply snapping at their leaves.

Feel it on the windowpanes – Chilly glass on fingertips – Mark the biting of the air, Heated breath on numbing lips. See it in the early eves, In the glowing sunset where Shadows of the naked trees Rattle in the biting air.

Watch the nuthatch and the wren; They know it is time once more To abandon careful nests, As they've done each year before.

Let it rest upon your face, Let it reach and pull you in. See how pretty nature is When she ushers winter in.

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MAGIC Volunteer Opportunitie  • Discover ways to help your Marquette neighb	Programs & Events

Photo Gallery..... 14-16

Fun snapshots of you and your Marquette neighbors and friends.

317-524-6535

bledsoedee@marquetterc.org

## CAMPUS PROGRAMS Winter Memories Writers'

## Workshop

Tuesday, December 2, 1:30 pm Lower-Level Boardroom

During this engaging workshop, you will be guided through a written exercise as you travel down memory lane. You'll bring back a story to share with your friends and family. This is a fun and interactive workshop. All you need to bring are your memories. Registration required for planning purposes.

### **Winter Artisan Workshop**

Tuesday, December 2, 1:30 pm Lower-Level Craft Room

Have fun at this workshop presented by Indy Art Center and learn the skill of painting on wood. Registration required. Limit 15.

### **Employee Appreciation Program**

Friday, December 5, 1:30 pm

Foundation Hall

All residents are encouraged to attend and show support for Marquette's employees at this annual event. The Employee of the Year will be announced.

#### **Gift Wrap Service**

Monday, December 8, 1:30 pm Foundation Hall

Let us help with this holiday chore while you enjoy cookies, cocoa and Christmas music.

#### **Festive Game Night**

Monday, December 8, 6:30 pm Foundation Hall

Have fun with us as we enjoy some games you might want to bring to your own seasonal gettogethers. Registration required for planning purposes.

### **Charcoal Drawing**

Tuesday, December 9, 1:30 pm Lower-Level Craft Room

Try your hand at Charcoal Drawing with the Indy Art Center. All supplies will be provided. Registration required. Limit 15.

#### **Sunshine Committee**

Wednesday, December 10, 1:00 pm Township Tavern

Join Marquette resident Carol Stafford as she explains about an opportunity to reach out and spread kindness and sunshine to fellow Marquette residents.

#### **Holiday Arrangements**

Wednesday, December 10, 1:30 pm Lower-Level Craft Room

Our friends from George Thomas florists are here to lead this hands-on experience including fresh flowers, vases, and materials for creating a curated floral arrangement with an experience that will uplift your spirit. Registration required. Limit 15.

#### **A Christmas Movie Marathon**

Monday, December 15, 11:30 am Foundation Hall

Set the season into motion with a double feature. Enjoy *A Miracle on 34th Street* and *The Family Man*. Both films are true classics and great for a winter afternoon. Refreshments served.

#### **Festival of Nine Lessons & Carols**

Presented by Father Clifford Vogelsang and Reverend Doctor Don Griffith Tuesday, December 16, 1:30 pm Foundation Hall

The Festival of Nine Lessons and Carols comes from a service developed by Anglican Bishop W.E. Benson in 1880. It is based on ancient sources for Christmas Eve and has become a resource for Advent (the season before Christmas.) In recent years it has been used at Kings College. It affirms the Christmas message using Old and New Testament passages and a variety of carols.

### **Christmas Cookie Decorating**

Wednesday, December 17, 1:30 pm Lower-Level Craft Room

With the cookies and icing provided, this is one sweet activity. Registration required. Limit of 15.

### Winter Centerpieces

Friday, December 19, 1:30 pm

Foundation Hall

Marquette resident Dee Cramsie is excited to lead a class for friends and neighbors. You will be instructed on making a cute centerpiece you can display all season. Registration required. Limit 15.

**New Year's Eve Party** 

Wednesday, Dec. 31, 6:00 pm – 8:00 pm Foundation Hall

Celebrate the coming new year with music, festive hors d'oeuvres, games of chance and raffle prizes. Residents only event.

### **IMPORTANT!**

Please register starting on the 26th of each month at 8:00 am.

All trips on this page require registration in the Programs, Events & Transportation Book.

\$ symbol means money is required on this outing.



Keystone at the Crossing/Castleton Runs Wed., Dec. 3 Bus leaves at 10:45 am Walmart/Dollar Tree/Five Below/Trader Joe's Wed., Dec. 3 Bus leaves at 2:00 pm Kroger/Target/Kohl's...Every Wed., except Wednesday, Dec. 3 Bus leaves at 9:30 am Meijer Run Every Wed., except Wednesday, Dec. 3 Bus leaves at 1:30 pm

#### **Sullivan Hardware**

Thursday, Dec. 4 | Bus leaves 1:00 pm Sullivan Hardware transforms at this time of year. Enjoy a festive atmosphere from the moment you step inside this amazing store, known for its vast selection of holiday decorations and unique gifts. Registration required.

#### **Butler Lecture**

Thursday, Dec. 4 | Bus leaves 6:30 pm
The Woods Lecture Series presents Danile L.
Schacter Jr. Professor of Psychology at Harvard
University. Schacter's research has examined the
relation between explicit and implicit memory, the
nature of memory distortions, how memory is related
to future thinking, imagination, and creativity, and
the effects of aging on memory. This is a free event.
28 spots available.

#### Sleigh Bells at the Palladium

Sunday, Dec. 7 | Bus leaves 3:00 pm \$
Join the Indiana Wind Symphony for its Sleigh Bells and Snowflakes concert this holiday season, featuring a delightful selection of music for all ages. This year's program honors the sacred and secular aspects of Christmas and includes pieces for those celebrating Hanukkah and Kwanzaa. In addition to the music, the concert showcases guest soloist Charessa Lawson, offers an audience sing-along, and includes an appearance by Santa and Mrs. Claus. Residents will be charged \$12 to your account. 14 spots available.

Garfield Park Poinsettia & Train Display

Thursday, Dec II Bus leaves 1:30 pm \$
Come enjoy our winter wonderland! See the
Conservatory decked out in its holiday best with
a brilliant display of poinsettias, model trains and
village, and thousands of twinkling lights. There will
be a scavenger hunt to go along with the train display.
Residents will pay \$6 at the door. 28 spots available.

## **EXCURSIONS**

### Rejoice at the Butler

Friday, Dec. 12 | Bus leaves 6:00 pm
The Butler Choral Department and Butler University
Wind Ensemble again join forces to present
Rejoice!, our annual holiday presentation in Clowes
Memorial Hall. Featuring nearly 200 talented
student musicians, this perennial alumni, family, and
neighborhood favorite event celebrates the joy of the
season. This is a free event. 28 spots available.

#### **ISO Yuletide Celebration**

Saturday, Dec 13 | Bus leaves 1:00 pm \$ Mark your calendars for the most spectacular event of the holiday season! Maestro Jack Everly, Principal Pops Conductor, leads the Indianapolis Symphony Orchestra, for a holiday production like no other, featuring 26 performances of Broadway-level vocalists, sensational choreography and costumes, and a truly enchanting experience that keeps audiences coming back year after year. Residents will be charged \$66 to your account. 14 spots available.

#### Lunch at HC Tavern

Thursday, Dec. 18 | Bus leaves 10:30 am \$ The HC Tavern + Kitchen is a vibrant American grill in Fishers, IN serving elevated comfort food like Lobster "Cargot" and wagyu corn dogs. The space is both stylish and spirited, offering two floors, two full bars, a striking two-story wine tower, and an upstairs terrace. Residents will pay individually. 14 spots available.

## Rock 'n Roll Christmas Cabaret at McGowan Hall

Friday, Dec. 19 | Bus leaves 6:00 pm \$ Not your typical Christmas show- expect rock, blues, and soul-infused versions of your favorite holiday hits! Perfect for anyone who loves the holidays but wants to turn the volume up! Grab your leather jackets and Santa hats and join us for a holiday show like no other. Residents will be charged \$22 to your account. 14 spots available.

## Sounds of the Season at the Palladium

Monday, Dec. 22 | Bus leaves 6:00 pm \$ Celebrate the holidays with the return of a beloved tradition! Songbook Academy Sings the Songs of the Season brings together alumni of the Songbook Academy® for a joyful cabaret-style concert filled with timeless classics and holiday cheer. Residents will be charged \$22 to your account. 14 spots available.

#### State Fair Holiday Lights

Tuesday, Dec. 23 | Bus leaves 5:30 pm Celebrate the 2025 Christmas season with us! The Indiana State Fairgrounds once again hosts Christmas Nights of Lights, Indy's largest drive thru light show synchronized to music broadcasting through your car radio! This is a free event. 28 spots available.

## $\widehat{\mathcal{M}}$

## CAMPUS SERVICES & FEATURED FILMS

## Services listed are happening here at Marquette.

## Residents' Association Meeting

Tuesday, December 2, 10:00 am Foundation Hall

This is your meeting!

## **Town Hall Meeting**

Wednesday, December 17, 1:00 pm Foundation Hall

All residents are invited to hear reports from Marquette Directors and the Executive Director.

## A SERVICE SPOTLIGHT

## Marquette Cares

Arranged at Resident's Convenience
Welcome to an in-home companion
care service provided by Marquette.

Customized services include personal/grocery shopping and errands, light housekeeping, laundry and ironing, pet and houseplant care, grooming assistance and more!

Contact Emily Lowe

**Home Care Coordinator** 

317-524-6504

for more information.



# Saturday Night at the Movies

Foundation Hall, 7:00 pm



#### **DECEMBER 6**



An eight-year-old troublemaker, mistakenly left home alone, must defend his home against a pair of burglars on Christmas Eve.



## Holiday Inn

(1942)

At an inn which is open only on holidays, a crooner and a hoofer vie for the affections of a beautiful up-and-coming performer.



## The Bishop's Wife

A debonair angel comes to Earth to help an Episcopalian bishop and his wife in their quest to raise money for the new church.



### **DECEMBER 27**

## Life as We Know It

Two single adults become caregivers to an orphaned girl when their mutual best friends die in an accident.



### **ANGLICAN MASS**

Mass Sundays 10:30 am Chapel
Officiated by Rev. Todd Bragg, Rector of St. Margaret Anglican Church.

## **CATHOLIC MASS**

Daily Monday—Friday 4:00 pm Chapel
Anticipation Mass for Sunday Saturday 4:00 pm Chapel
Masses celebrated by Rev. Cliff Vogelsang, as well as guest officiants.

## **EPISCOPAL SERVICE**

Tuesday December 23 10:00 am Chapel Officiated by Staff from Trinity Episcopal Church.

## PRESBYTERIAN COMMUNION

Friday December 19 10:00 am Chapel
Officiated by Staff from Second Presbyterian Church.

## JEWISH HANUKKAH LUNCH

Invitation Only Friday, December 19 11:30 am

## PROTESTANT SERVICE

Sundays 1:50 pm Foundation Hall

Officiated by Rev. Joe Johnson. Music provided by Greg Gibson and guest musicians.

## **BIBLE STUDY**

Tuesdays 2:00 pm 3rd Floor Card Room
Study and discuss the Book of Joshua.
Contact Jeff Fields (574-202-8330) for more information.

## **HEALTH & FITNESS**



## Marquette Wellness Resources

#### LYNNE O'DAY CLINIC

- > Geriatric Internist
- > Dermatologist
- > Podiatrist
- > Dentist
- > Hearing Aid Info

Call 317-524-6509

#### MASSAGE SERVICES

Call 317-524-6550

#### **SELECT REHAB**

- > Physical Therapy
- > Occupational Therapy
- > Speech Therapy

Call 317-524-6509

#### **MARQUETTE CARES**

- > Medication reminders
- > Laundry assistance
- > Grocery shopping
- > Personal care assistance and more

Call 317-524-6534

## REGISTERED DIETITIAN

> Nutrition Services

Ask for Debra Melendez
Call 574-383-0035

## WELLNESS NAVIGATOR

- > Care planning Assistance
- > Adjusting to the Community
- > Needs Assessments
- > Referrals to Psychologist
- > Other Services

Ask for Emily Lowe Call 317-524-6504



## Tips for Managing Stress and Boosting Mental Health

The holidays can be joyful but stressful, especially with the demands of family gatherings, shopping, travel, and high expectations. Managing stress and supporting mental health during this busy season is essential to ensuring the holidays are still enjoyable.

Mindfulness practices, including meditation, yoga, and deep breathing exercises, can help reduce stress by promoting relaxation and present-moment awareness. Set aside a few minutes daily to practice deep breathing or meditate, focusing on the present rather than worrying about the past or future. Mindfulness can be used at any point in the day, in the morning for focus, during the middle of the day for stress and anxiety, or at night for better sleep quality.

Physical activity is a well-known stress reliever. Exercise can increase the release of endorphins, the brain's "happy" chemicals. Try to keep your usual exercise routine, or incorporate short, daily walks or stretching into your schedule to keep your energy levels up and reduce tension.

Lack of sleep can negatively affect mood and cognitive functioning, increasing stress levels. Prioritize sleep by setting up a calming bedtime routine and ensuring you get enough rest to stay energized and resilient during the holiday season.

The holiday season doesn't have to be a time of heightened stress. By prioritizing self-care and staying active you can reduce stress and maintain your mental well-being.



## December Pickleball Schedule

December 4	ļ	Thursday		9:00 am - Noo	n
December 6	·	Saturday		0:00 am - 1:00 pr	m
December 8	3	Monday.		9:00 am - Noo	n
December 1	3	Saturday		0:00 am - 1:00 pr	m
December 1	7	Wednesday	y 9:	00 am - 11:00 an	m
December 2	20	Saturday		0:00 am - 1:00 pr	m
December 2	24 `	Wednesday	y	0:00 am - 1:00 pr	m
December 2	27	Saturday		0:00 am - 1:00 pr	m
December 3	30	Tuesday		9:00 am - Noo	n



If you are interested in scheduling a massage appointment, please call MAC Manager, Hannah Morris, at 317-228-2249.

#### HOURS: Christian Hines

Tuesdays 12:00 - 7:00 PM Thursdays 9:00 AM - 5:00 PM

#### Jennifer Duke

Wednesdays 9:00 AM - 5:00 PM Fridays 9:00 AM - 5:00 PM

#### **PRICES:**

30-minute \$45.00 45-minute \$65.00 60-minute \$85.00 90-minute \$125.00



Monday, December 22 6:45 - 7:30pm Aerobics Studio

Chairs and yoga mats are available.



**HEALTH & FITNESS** 



## **MAC Manager HANNAH MORRIS**

317-228-2249 morrishannah@marquetterc.org

### MAC Assistant Manager MICHAEL PASSMORE

317-228-2248 passmoremichael@marquetterc.org



- > The 10am classes on Tuesday, December 2 are canceled due to the Residents' Association Meeting
- No Active Adventure or Favor the Flavor this month
- No staff or class on Thursday, December 25 for the holiday

## MENITIES AMENITIES

### **BEAUTY & BARBER**



HOURS: Monday - Friday
9:00 am - 3:00 pm Appointment Only

PS Salon & Spa

Call: 317-524-6566 to schedule an appointment.

### **BMO BANK**



HOURS: Monday—Friday 9:00 am—4:00 pm

Either Shad Rohrer (317-228-2038) or Robin Duncan (317-228-2037) is available to help with your banking

needs or questions.

### **CONCIERGE**

HOURS: Monday—Friday 10:00 am—3:00 pm

SERVICES: Assists residents with packages and postage, ordering flowers, printing airline boarding passes and making room reservations. She arranges Lyft transportation requests and schedules tech assists.

Is reading about programs and events a challenge? The concierge has the answer and can provide specialized brochures and will help to address any visual needs. Call (317-524-6597) with your requests.



HOURS: 24 hours a day

Whether it's making cards, knitting, painting or drawing, this room has it all. Explore your hidden talents

with a room chock full of supplies, handbooks and materials.



### **LIBRARY**

**HOURS: 24 hours a day OPTIONS:** Non-Fiction, Fiction, Books-on-CD, Newspapers,

Magazines, DVDs Contact Fran Cull (708-289-3759), Library Committee Chair, to offer title suggestions. 10

### MASSAGE SERVICES



**HOURS:** 

**Christian Hines** 

Tuesdays 12:00 - 7:00 PM Thursdays 9:00 AM - 5:00 PM

Jennifer Duke

Wednesdays 9:00 AM - 5:00 PM Fridays 9:00 AM - 5:00 PM

**SERVICES:** Appointments required. Call the MAC for pricing. 24 hour business day cancellation required.

### **WOODWORKING SHOP**



**HOURS:** Authorized Access Only! **SERVICES:** Various hand and power tools available for use.

Contact Maintenance Services Coordinator (317-524-6538) for authorization, key and training session.

### **TECH CENTER**



HOURS: 24 hours a day Two computers are available for resident email and internet use. A combination BW/color printer is

available. Now located near the MAC.

I.T. Support Tech Christopher Hill is available for assistance with laptops, tablets, smartphones, social media, virtual meetings, software, printing and scanning, websites and purchasing advice.

Contact the Concierge (317-524-6597) or Christopher Hill (317-524-6589) to schedule an appointment.

## **CORNER SHOPPE**



**HOURS:** Monday—Friday 10:00 am —4:00 pm

#### **CONVENIENCES:**

- Office Supplies
- Health & Beauty
- Gifts & Seasonal
- Greeting Cards
- Snacks
- Beverages
- Stamps
- Batteries

Cash purchases only.

## THERE'S FUN FOR EVERYONE!



### **Bark-quette Dog Owners Group**

Third Monday 1:00 pm 3FCR



### **Knit for Charity**

Mondays 1:30 pm LLCR



#### **Mexican Train**

Mondays 6:30 pm 3FCR Thursdays 1:30 pm 3FCR



## Contemporary Issues Will return in January

Foundation Hall



#### Scrabble

Mondays 3:00 pm 3FCR



#### Donuts for Veterans

3rd Monday 9:30 am Fireside Grille



#### **Book Club**

4th Tuesday 10:00 am 3FCR



#### Bingo

Tuesdays 7:00 pm LLMPR



## Duplicate Bridge Tuesdays 7:00 pm 2FCR



Karaoke

Wednesday December 17 6:30 pm



#### **Poker**

Thursdays 7:00 pm 5FCR



## **Quilting Group**

Will return in January





#### **IWFC Retirees**

First Thursday 12 noon FSG



Thursdays 7:00 pm 2FCR



#### **Contract Bridge**

Fridays 1:00 pm-4:00 pm 2FCR









## Christmas Eve & Day

TUESDAY, DECEMBER 24 & WEDNESDAY, DECEMBER 25

Hackl Legacy Dining Room
12:00 Noon -2:00 pm

Reservations/Seating every ½ hour

Fireside Grille Fireside Grille 10:30 am – 2:00 pm



## HACKL LEGACY DINING ROOM

#### -OPEN-

WEDNESDAY THURSDAY FRIDAY SATURDAY with seatings each 1/2 hour 5:00 pm 5:30 pm 6:00 pm 6:30 pm 7:00 pm Reservations 48 hrs ahead (317-524-6549)

-CLOSED-

SUNDAY MONDAY TUESDAY

## LOBSTER NIGHT

Wednesday, December 3

5:00 pm 5:30 pm 6:00 pm 6:30 pm 7:00 pm  $Reservations\ required$ 

## RESIDENT HOLIDAY DINNER

Thursday, December 4
Bar Opens at 4:30, Dinner to follow

Celebrate the season with all your Marquette friends and neighbors. Afterward join us in Foundation Hall where music will begin at 6:30 pm.

#### BIRTHDAY LUNCHEON

Wednesday, December 10 - Noon

Reservations Required

- > Residents with a birthday in December
- > Complimentary luncheon
- > Spouse welcome, will be charged to Resident's Account

## FIRESIDE GRILLE

- BREAKFAST -

MONDAY-SATURDAY 7:30 am-10:00 am

- LUNCH & DINNER -

MONDAY-SATURDAY 11:30 am-6:30 pm

### **SUNDAY BRUNCH**

Sundays 10:30 am—1:30 pm Open for dinner until 6:30 pm

## **TOWNSHIP TAVERN**

-OPEN-

MONDAY—SATURDAY 4:30 PM—7:00 PM

No Reservations Required



Call 317-524-6506 for ALL Room Service orders

You can also complete the sheets and place in the F&B mailroom box.





# Marquette Auxiliary Getting Involved Creatively

## **VOLUNTEER OPPORTUNITIES**

### Literary Quarterly Submissions

Calling all writers! Poetry, essays, short stories wanted. Please, no political or religious submissions. Submissions are accepted ongoing.

Contact Tracy Lyngholm 317-524-6517

## Corner Shoppe Associates

2-hour shifts available; Monday—Friday
We are looking for Residents who are
interested in working 2-hour shifts in the
Corner Shoppe. Please stop by the
Programs & Events office if you have a
great smile and sparkling personality!

Contact Dee Bledsoe 317-524-6535

## Passionate for Programs

Our calendar is fueled by the interests of our residents. Are you willing to share what you are passionate about and enjoy doing with the Marquette community?

With support from the Programs and Events Department, we can help **you develop your ideas** and support your enthusiasm as you bring new programs to the Marquette community.

Have fun starting a photography club, putting on a dramatic arts workshop, or hosting a monthly game night.

You are only limited by the things you love to do.

## Important December Dates

#### **GIVING TUESDAY**

Saturday December 2nd

## PEARL HARBOR REMEMBRANCE DAY

Sunday December 7th

#### Sunday December 14th

HANUKKAH

#### WINTER SOLSTICE

Sunday December 21st

### **CHRISTMAS DAY**

Thursday
December 25th

### **NEW YEAR'S EVE**

Wednesday
December 31st

































