

And All at Once
Summer
Collapsed into
Fall



SPOTLIGHT EVENTS



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A personal account



Highlight your Group Activity Fair

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Recruit new members



Classical and Contemporary! Belle Musique

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Be a part of the show



Batter Up Indians Play Ball

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Let's get out to the ballpark

SPECIAL ANNOUNCEMENT!

Marquette is excited to partner with Avion Tours to offer residents extended day trip opportunities. **October 14th** we will be visiting **West Baden and French Lick Indiana.**

You will enjoy seeing Wilstem Wildlife Park, a tour of both properties, a Wine Tasting and more. Information can be picked up at the Programs & Events Office. As a special promotion, when sign-ups of the 25 person minimum is met, **a drawing will be held and one resident will take their trip for FREE!**

Invite your friends and family to join.

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Programs & Events

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Coordinator*

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CAMPUS PROGRAMS

College Colors Day

Friday, September 5, All Day
Throughout Campus

Attention all College Football Fans! Wear your favorite College Colors and get excited for the best time of the year.

James Davy's Civil War Diary

Monday, September 8, 1:30 pm
Foundation Hall

The Civil War up close and personal! Come see this special Civil War presentation that will include readings from the Civil War diary of James Davy, an Indiana volunteer who fought in 11 battles, including those in the Vicksburg campaign, and recorded his daily experiences in four diaries that remain in the possession of his family. The readings, as well as photos of battlegrounds, will be presented by Davy's great-great grandson Meredith Wilson. The program will also feature Civil War songs and fiddle tunes performed by Judy Wilson and Charles Joray.

Marquette Activity Fair

Tuesday, September 9, 12:30 pm
First Floor Manor

Discover your next adventure at the Activity Fair! This fair offers a variety of opportunities to ignite new passions, connect with others, or simply try something new. Explore the booths and find a club, sport, or activity for every interest and personality. We will also have lots of options for new programs and surveys to bring these ideas to our campus.

Forward Motion Concert Experience

Monday, September 15, 7:00 pm
Foundation Hall

For nearly a decade in Indianapolis, Forward Motion has advocated for the creation of new works by presenting innovative performances in a variety of spaces. The ensemble is excited to bring a concert that features a mixture of classical, jazz-adjacent, and modern instrumental music for clarinet, violin and piano.

Butta Bar Workshop

Thursday, September 18, 2:30 pm
Lower Level Craft Room

Unleash your inner alchemist and immerse yourself in the luxurious world of self-care at a Butta Bar by ShéButta mini workshop! The workshop offers a hands-on opportunity to craft your own custom body care product. Registration required. 12 spots available.

The Art of Tablescaping

Monday, September 22, 1:30 pm
Foundation Hall

Awake your inner talents at this fun class hosted by Nick Williams. As the head designer from Kirk's Carmel, he will demonstrate how to make Fall, Halloween and Christmas centerpieces for small spaces. Registration required for planning purposes

Belle Musique

Monday, September 22, 7:00 pm
Foundation Hall

Join Belle Musique for a musical journey around the world! The violin/piano duo will present a captivating selection of songs from a wide range of cultures and styles, from classical favorites to contemporary songs you're sure to know. Everyone will be part of this experience.

Weaving In The Round with Patty Fulton

Wednesday, September 24, 1:30 pm
Lower Level Craft Room

Discover the art of weaving in the round in this hands-on class. You'll learn the essential techniques to create a beautiful circular woven wall hanging. By the end of the session, you'll have the skills to continue on your own. Perfect for beginners and craft enthusiasts alike! All materials provided. Registration required. 12 spots available.

Indianapolis Opera

Wednesday, September 24, 7:00 pm
Foundation Hall

Everyone gets excited when the Indianapolis Opera visits Marquette to enlighten, educate and give us a sneak preview of their upcoming season's show.

Indy Art Center Class

Thursday, September 25, 2:00 pm
Foundation Hall

Create a vibrant landscape inspired by Impressionist art using oil pastels. Explore color blending, expressive strokes, and personal interpretation in a relaxed, guided session. All skill levels welcome, and all materials provided! Registration required. 12 spots available.

IMPORTANT!

Please register starting on the 26th of each month at 8:00 am.

All trips on this page require registration in the Programs, Events & Transportation Book.

\$ symbol means money is required on this outing.

Let's go shopping!



Keystone at the Crossing/Castleton Runs

Wednesday, Sept. 3 Bus leaves at 10:45 am

Walmart/Dollar Tree/

Five Below/Trader Joe's

Wednesday, Sept. 3 Bus leaves at 2:00 pm

Kroger/Target/Kohl's...

Every Wednesday, except

Wednesday, Sept. 3 Bus leaves at 9:30 am

Meijer Run

Every Wednesday, except Wednesday, Sept. 3 and Sept. 17. Bus leaves at 1:30 pm

Visit Aldi (grocery store)

Wednesday, Sept. 17 Bus leaves 1:30 pm

Columbus, Indiana

Wednesday, September 3

Bus leaves 9:00 a.m.

Marquette Residents Don and Dody Harvey are excited to guide us around the wonderful city of Columbus, Indiana. We will enjoy lunch at the famous Zaharakos Ice Cream Parlor and Museum. The sites and stories of this city's celebrated modern architecture and all of the interesting facts will be highlighted by our gracious hosts. Be ready to be delighted with this trip. Some walking required. Please bring money for lunch.

Indians Baseball Game

Thursday, September 11

Bus leaves at 5:30 pm

Give a cheer for the Indians as they go after the Cubs. Registration required. 18 spots available.



Remember the Paramount: Then and Now!

Saturday, September 13

Bus leaves at 1:00 pm

Presented by the Indianapolis Symphony Orchestra Association and the Central Indiana Chapter of the American Theatre Organ Society. Yuletide theatre organist Justin Stahl takes the main stage to entertain us on the ISO's Mighty Wurlitzer. Mr. Stahl will dazzle us with a curated selection of theatre organ favorites and will join ISO Side-by-Side student musicians for a magical collaboration. Registration required. 14 spots available. You will be charged \$35.00 to your account.

39 Steps at the Indiana Repertory Theatre

Friday, September 26

Bus leaves 6:30 pm

In classic Hitchcock fashion, a notorious fugitive and a spellbound blonde travel north by northwest from London to Scotland. Will they save Britain from a den of devious spies? Will they stop arguing and fall in love? Four actors play more than 40 characters in this hilarious take on one of Alfred Hitchcock's best movies. A comic thrill ride full of plot twists, quick-changes, and laughs, delivered at a delightfully dizzying pace. Registration required. 14 spots available. You will be charged \$35.84 to your account.



Active Adventure

Saturday, September 20

Bus leaves at 8:00 am

Conner Prairie

Start your Saturday early with the Indianapolis community at the Parkinson's Foundation Moving Day Walk! No registration fee required, and you can choose which walk distance suits you best: .25-mile or a 1.25 mile route.



CAMPUS SERVICES & FEATURED FILMS

Services listed are happening here at Marquette.

Residents' Association Meeting

Tuesday, Sept. 9, 10:00 am
Foundation Hall

This is your meeting!

Town Hall Meeting

Thursday, Sept. 18, 1:00 pm
Foundation Hall

All residents are invited to hear reports from Marquette Directors and the Executive Director.

A SERVICE SPOTLIGHT

Marquette Cares

Arranged at Resident's Convenience
Welcome to an in-home companion care service provided by Marquette.



Customized services include personal/grocery shopping and errands, light housekeeping, laundry and ironing, pet and houseplant care, grooming assistance and more!

Contact Emily Lowe
Home Care Coordinator

317-524-6504
for more information.



Saturday Night at the Movies

Foundation Hall, 7:00 pm



SEPTEMBER 6

Lawrence of Arabia (1962)

The story of T.E. Lawrence, the English officer who successfully united and led the diverse, often warring, Arab tribes during World War I in order to fight the Turks.



SEPTEMBER 13

A Complete Unknown (2024)

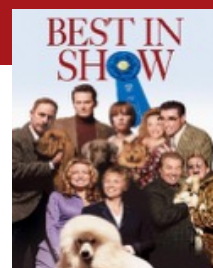
In 1961, an unknown 19-year-old Bob Dylan arrives in New York City with his guitar and forges relationships with musical icons on his meteoric rise, culminating in a groundbreaking performance that reverberates around the world.



SEPTEMBER 20

The Long, Long Trailer (1954)

Nicky and Tacy are going to be married. Nicky wants to save up money for a house, but Tacy dreams of starting off with their own home on wheels--a trailer.



SEPTEMBER 27

Best in Show (2007)

A behind-the-scenes look into the highly competitive and cut-throat world of dog shows through the eyes of a group of ruthless dog owners.



ANGLICAN MASS

Mass Sundays 10:30 am Chapel

Officiated by Rev. Todd Bragg, Rector of St. Margaret Anglican Church.

CATHOLIC MASS

Daily Monday–Friday 4:00 pm Chapel

Anticipation Mass for Sunday Saturday 4:00 pm Chapel

Masses celebrated by Rev. Cliff Vogelsang, as well as guest officiants.

EPISCOPAL COMMUNION

Thursday September 25 10:00 am Chapel

Officiated by Staff from Trinity Episcopal Church.

PRESBYTERIAN COMMUNION

Friday September 19 10:00 am Chapel

Officiated by Staff from Second Presbyterian Church.

JEWISH ROSH HASHANAH LUNCH

Invitation Only

Tuesday September 30 11:30 am Hackel Dining Room

PROTESTANT SERVICE

Sundays 1:50 pm Foundation Hall

Officiated by Rev. Joe Johnson.

Music provided by Greg Gibson and guest musicians.

BIBLE STUDY

Tuesdays 2:00 pm 3rd Floor Card Room

Study and discuss the Ten Commandments.

Contact Jeff Fields (574-202-8330) for more information.



Marquette Wellness Resources

LYNNE O'DAY CLINIC

- > Geriatric Internist
- > Dermatologist
- > Podiatrist
- > Dentist
- > Hearing Aid Info

Call 317-524-6509

MASSAGE SERVICES

Call 317-524-6550

SELECT REHAB

- > Physical Therapy
- > Occupational Therapy
- > Speech Therapy

Call 317-524-6509

MARQUETTE CARES

- > Medication reminders
- > Laundry assistance
- > Grocery shopping
- > Personal care assistance and more

Call 317-524-6534

REGISTERED DIETITIAN

- > Nutrition Services

Ask for Debra Melendez

Call 574-383-0035

WELLNESS NAVIGATOR

- > Care planning Assistance
- > Adjusting to the Community
- > Needs Assessments
- > Referrals to Psychologist
- > Other Services

Ask for Emily Lowe

Call 317-524-6504



18th Annual Falls Prevention Awareness Week

Thursday, September 18 – Wednesday, September 24

Mark your calendar for Falls Prevention Awareness Week, a nationwide effort founded by the National Council on Aging and the Falls Free Initiative to raise awareness that falls are preventable. The MAC will host a variety of presentations and workshops geared towards better balance, tips and tricks to keep you safe, and more. Stay tuned for more details.

Step, Squat, and Stretch to Better Balance

Good balance and stability are essential for reducing the risk of falls, and for the ability to continue to do the things you love. Improving your balance can begin with simple, but consistent daily habits. Consider this 3-step approach to achieving better balance:

1. ***One Foot in Front of the Other*** – Getting your daily steps in helps you to maintain toe strength, increase stability, and develop muscle memory for good balance. It also gets you out in nature, which is always good for the body!
2. ***Strong and Stable*** – Your leg and arm muscles play a big role in maintaining stability. The stronger you are, the more confident you'll be in keeping your feet on the ground. Sit-to-Stands are a great exercise to build strength in the legs and core! Consider meeting with a fitness professional to help you learn great form.
3. ***Stretched and Balanced*** – Your ability to move your body through a full range of motion helps to maintain good posture and stability. If your muscles are not flexible, it can inhibit your movement and restrict your balance. Try a seated or standing stretch or yoga class.



Alzheimer's Awareness Week

Monday, September 22 – Friday, September 26

Save the dates for a week full of programs and events to raise awareness about Alzheimer's Disease and participate in fundraising opportunities leading up to the

17th Annual Round to Remember Golf Outing

on

Wednesday, October 15

in partnership with Greenwood Village South

Massage Therapy

If you are interested in scheduling a massage appointment, please call MAC Manager, Hannah Morris, at 317-228-2249.

HOURS:

Christian Hines

Tuesdays 12:00 – 7:00 PM

Thursdays 9:00 AM – 5:00 PM

Jennifer Duke

Wednesdays 9:00 AM – 5:00 PM

Fridays 9:00 AM – 5:00 PM

PRICES:

30-minute \$45.00

45-minute \$65.00

60-minute \$85.00

90-minute \$125.00

Favor the Flavor - with Chef Brian

Wednesday, September 10

12:30-1:30pm

Fireside Grille Lobby

Evening Meditation with Marcia

Monday, September 22

6:45 – 7:30pm

Aerobics Studio

Chairs and yoga mats are available.



MAC Manager HANNAH MORRIS

317-228-2249

morrishannah@marquetterc.org

MAC Assistant Manager MICHAEL PASSMORE

317-228-2248

passmoremichael@marquetterc.org

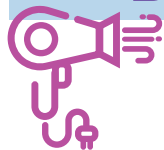
Reminders & Announcements

- > No MAC staff or classes on Monday, September 1 – Labor Day.
- > Are you a MAC Committee member? The monthly meeting has been rescheduled for Monday, September 8 from 2:00 – 3:00 pm in the Board Room.
- > The 10am classes on Tuesday, September 9 are cancelled due to the Resident's Association Meeting.
- > Pool Closed for monthly cleaning on Wednesday, September 10 from 7-10am.
- > No Chair Fit n' Tone class on Thursday, September 18 due to the Town Hall Meeting at 1pm.



AMENITIES

BEAUTY & BARBER



WE NOW HAVE A BARBER!

HOURS: Monday – Friday
9:00 am – 3:00 pm *Appointment Only*

PS Salon & Spa

Call: 317-524-6566 to schedule an appointment.



BMO BANK



HOURS: Monday–Friday
9:00 am–4:00 pm

Either Shad Rohrer (317-228-2038) or Robin Duncan (317-228-2037) is available to help with your banking needs or questions.

CONCIERGE



HOURS: Monday–Friday
10:00 am–3:00 pm

SERVICES: Assists residents with packages and postage, ordering flowers, printing airline boarding passes and making room reservations. Arranges Lyft transportation requests. Schedules tech assists.

Is reading about programs and events a challenge? The concierge has the answer and will provide specialized brochures and help to address any visual needs. Call (317-524-6597) with your requests.



CRAFT ROOM

HOURS: 24 hours a day

Whether it's making cards, knitting, painting or drawing, this room is open to all. Explore your hidden talents with a room chock full of supplies, handbooks and materials.



LIBRARY

HOURS: 24 hours a day

OPTIONS: Non-Fiction Fiction
Books-on-CD Newspapers

Magazines DVDs

Contact Fran Cull (708-289-3759), Library Committee Chair, to offer title suggestions.

MASSAGE SERVICES



HOURS:

Christian Hines

Tuesdays 12:00 – 7:00 PM

Thursdays 9:00 AM – 5:00 PM

Jennifer Duke

Wednesdays 9:00 AM – 5:00 PM

Fridays 9:00 AM – 5:00 PM

SERVICES: Appointments required. Call the MAC for pricing. 24 hour business day cancellation required.

WOODWORKING SHOP



HOURS: Authorized Access Only!

SERVICES: Various hand and power tools available for use.

Contact Maintenance Services Coordinator (317-524-6538) for authorization, key and training session.

TECH CENTER



HOURS: 24 hours a day

Two computers are available for resident email and internet use.

A combination BW/color printer is available. Now located near the MAC.

I.T. Support Tech Christopher Hill is available for assistance with laptops, tablets, smartphones, social media, virtual meetings, software, printing and scanning, websites and purchasing advice.

Contact the Concierge (317-524-6597) or Christopher Hill (317-524-6589) to schedule an appointment.



CORNER SHOPPE

HOURS: Monday–Friday
10:00 am – 4:00 pm

CONVENIENCES:

- Office Supplies
- Health & Beauty
- Gifts & Seasonal
- Greeting Cards
- Snacks
- Beverages
- Stamps
- Batteries

Cash purchases only.

THERE'S FUN FOR EVERYONE!



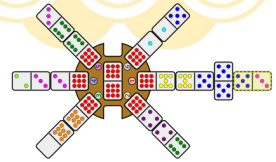
Bark-quette Dog Owners Group

Third Monday 1:00 pm 3FCR



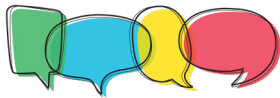
Knit for Charity

Mondays 1:30 pm LLCR



Mexican Train

Mondays 6:30 pm 3FCR
Thursdays 1:30 pm 3FCR



Contemporary Issues

49, 1206, 1789, 1933.
Is 2025 the Next Number?
2nd Monday 7:00 pm
Foundation Hall



Scrabble

Mondays 3:00 pm 3FCR



Donuts for Veterans

3rd Monday 9:30 am
Fireside Grille



Rather Be Reading

2nd Tuesday 1:30 pm 4FCR



Bingo

Tuesdays 7:00 pm FH/A



Duplicate Bridge

Tuesdays 7:00 pm FH/B



Book Club

4th Tuesday 10:00 am 3FCR



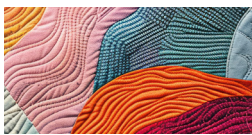
Karaoke

Will not meet in September



Poker

Thursdays 6:15 pm 5FCR



Quilting Group

Thursday, Sept 25 2:00 pm
Terrace Apt. 21412



Coffee, Clips & Conversation

Thursdays 10:30 am 3FCR



Euchre

Thursdays 7:00 pm
2FCR



Garden Club

Friday, September 26
10:00 am LLCR



Contract Bridge

Fridays 1:00 pm—4:00 pm 2FCR



Digital Literacy

Fourth Saturday 2:00 pm
Foundation Hall



Devotional Piano

3rd Sunday 12:50 pm FSG



For all Dining Room Reservations please call 317-524-6549
or go to <https://portal.fullcount.net/cp/marquette>

HACKL LEGACY DINING ROOM

- OPEN -

WEDNESDAY THURSDAY FRIDAY SATURDAY
with seatings each 1/2 hour

5:00 pm 5:30 pm 6:00 pm 6:30 pm 7:00 pm
Reservations 48 hrs ahead (317-524-6549)

- CLOSED -

SUNDAY MONDAY TUESDAY

LOBSTER NIGHT



Wednesday, September 3

5:00 pm 5:30 pm 6:00 pm 6:30 pm 7:00 pm
Reservations required

BIRTHDAY LUNCHEON

Wednesday, September 10 - Noon
Reservations Required

- > Residents with a birthday in September
- > Complimentary luncheon
- > Spouse welcome, will be charged to Resident's Account

TGIF

FOUNDATION HALL

Friday, September 12
4:30 pm—6:00 pm

- > Wine, beer, cocktails at the bar
- > Buffet style
- > Hot & cold hors d'oeuvres
- > Please, no guests

FIRESIDE GRILLE

- BREAKFAST -

MONDAY—SATURDAY
7:30 am—10:00 am

- LUNCH & DINNER -

MONDAY—SATURDAY
11:30 am—6:30 pm

MONTHLY BUFFET DINNER

FIRESIDE GRILLE LOBBY

Wednesday, September 24

4:30 pm—6:30 pm

Hackl Legacy Dining Room Closed
Fireside Grille closes at 2:00 pm

SUNDAY BRUNCH

Sundays 10:30 am—1:30 pm
Open for dinner until 6:30 pm

TOWNSHIP TAVERN

- OPEN -

MONDAY—SATURDAY
4:30 PM—7:00 PM

No Reservations Required

Room Service

Call 317-524-6506
for ALL Room Service orders
You can also complete the sheets and
place in the F&B mailroom box.

LABOR DAY COOKOUT

Fireside Grille & Foundation Hall
Monday, September 1 11:30 am – 1:30 pm
Reservations Required | Fireside Closes at 2:00 pm



MAGIC

**Marquette
Auxiliary
Getting
Involved
Creatively**

VOLUNTEER OPPORTUNITIES

Literary Quarterly Submissions

Calling all writers! Poetry, essays, short stories wanted. Please, no political or religious submissions. Submissions are accepted ongoing.

*Contact Tracy Lyngholm
317-524-6517*

Calling all Clubs, Committees, and Activity Groups!

Be a part of our exciting Activities Fair this September!

This upcoming Activities Fair offers an opportunity to showcase your group and recruit new members!

Why participate?

- **CONNECT:** Reach a large audience eager to get involved.
- **SHOWCASE:** Promote your group's activities, mission, and achievements.
- **RECRUIT:** Engage with potential members and grow your group.

How to Register Your Group:

Spaces are limited, so secure your spot early! Stop by the Programs & Events Office today for more information.

Corner Shoppe Associates

2-hour shifts available; Monday–Friday

We are looking for Residents who are interested in working 2-hour shifts in the Corner Shoppe. Please stop by the Programs & Events office if you have a great smile and sparkling personality!

*Contact Dee Bledsoe
317-524-6535*

Important September Dates

**LABOR
DAY**

**Monday
September 1st**

**NATIONAL
WILDLIFE DAY**

**Thursday
September 4th**

**GRANDPARENTS'
DAY**

**Sunday
September 14th**

OKTOBERFEST
**Saturday
September 20th**

**WORLD
ALZHEIMER'S DAY**
**Sunday
September 21st**

**VETERANS OF
FOREIGN WARS DAY**
**Monday
September 29th**



PHOTOS







PHOTOS

