

MARQUETTE

DECEMBER 2024

MIRROR

HOLIDAY STROLL





Spotlight Events



Winter Crafting **Make a Fun Winter Craft**

page 4

Get in the spirit!



Gift Wrapping Service **Time to Wrap it Up**

page 4

Bring your gifts and let the elves take over.



Holiday Lights Tours **Visit the State Fair Grounds**

page 5

The beauty of holiday lights warms the heart.



Butler Rejoice **A Butler Holiday Tradition**

page 5

Butler University Choral Department & Symphony present this show.

SPECIAL ANNOUNCEMENTS

MEN'S GROUP OUTING, JANUARY 9TH

Visit Recycle Force and observe the recycling of electronic components while doing good for the community. Contact Gene Parker, eparkint@sbcglobal.net, for more details. New residents welcomed.

AUDUBON BIRD COUNT

The Marquette Woods Committee invites all interested and mobility-capable residents to join the 2024 Winter Audubon Bird Count on Sunday, December 22nd beginning at 8 a.m. in the employee parking lot nearest the raised garden beds. No "Birding" experience is necessary. More info coming soon.

HOLIDAY DECORATIONS GOING UP

On Monday December 2, starting at 8:00 am, the elves will descend on Marquette to set up our interior holiday decorations. Please know that it will be bustling in the common areas until they finish



In This Issue

Campus Programs..... 4

- > Sunshine Committee Information
- > Snowflake Craft
- > Holiday Gift Wrapping
- > Reindeer Games
- > Floral Arranging Workshop
- > Cookie Decorating
- > Festival of Nine Lessons and Carols
- > Night Before Christmas Radio Broadcast
- > Jim Weaver plays Guitar
- > Audubon Bird Count
- > Resident New Years Eve

Excursions 5

- > Runs to Kroger/Target/Mall/Walmart/Dollar Tree/5 Below/Trader Joe's/Kohl's/Meijer
- > Christkindlmarkt
- > Nutcracker Short & Suite
- > Butler Rejoice
- > Jesus Christ Superstar
- > Action Adventure
- > State Fair Night of Lights

Campus Services 6

- > Residents' Association Meeting
- > Marquette Cares
- > Town Hall Meeting

Religious Services..... 7

- > Anglican Mass
- > Catholic Mass
- > Presbyterian Service
- > Episcopal Communion Service
- > Jewish Shabbat
- > Protestant Church Service
- > Bible Study
- > St. Luke's Church Transportation

Health & Fitness..... 8-9

- > FrostFit
- > Favor the Flavor
- > Meditation with Marcia
- > Pickleball Updates
- > Reminders & Announcements

Amenities 10

Hobbies & Movies 11

- > Fun for everyone!

Knife & Fork 12

- > Check out the schedule for the Fireside Grille, Hackl Legacy Dining Room and Township Tavern
- > Special Events: Birthday Luncheon, Monthly Buffet Dinner at .. Fireside Grille Lobby

MAGIC Volunteer Opportunities..... 13

- > Discover ways to help your Marquette neighbors and friends

Photo Gallery..... 14-16

- > Fun snapshots of you and your Marquette neighbors and friends.

Programs & Events

Tracy Lyngholm

Editor/

Life Enrichment Director

317-524-6517

lyngholmtracy@marquetterc.org

Dee Bledsoe

Programs & Events Coordinator

317-524-6535

bledsoedee@marquetterc.org



Campus Programs

Sunshine Committee

Tuesday, December 3, 2:30 pm
Township Tavern

Join Marquette resident Carol Stafford as she explains about an opportunity to reach out and spread kindness and sunshine to fellow Marquette residents.

Snowflake Craft

Wednesday, December 4, 2:00 pm, MAC

As part of the Frost Fit Challenge, use your fine motor skills to help create a blizzard in the MAC. Everyone welcome. Registration required for planning purposes.

Gift Wrap Service

Tuesday, December 10, 1:00 pm

Township Tavern

Let us help with this holiday chore while you enjoy cookies, cocoa and Christmas music.

Reindeer Games

Wednesday, December 11, 1:30 pm, LLMPR

Rudolph wasn't allowed to join in any reindeer games, but you can! Have fun with us as we laugh and enjoy some silly holiday fun. Registration required for planning purposes.

Floral Arranging Workshop

Friday, December 13, 2:00 pm, LLCR

The Floral Arrangement Experience is a hands-on experience including fresh flowers, vases, materials, and guided facilitation for creating a curated floral arrangement with an experience that will uplift your spirit. Registration Required. Limit 15.

Cookie Decorating

Monday, December 16, 1:30 pm, LLMPR

With the cookies and icing provided, this is one sweet activity. Registration required. Limit of 15.

Festival of Nine Lessons & Carols

**Presented by Father Clifford Vogelsong
and Reverend Doctor Don Griffith**

Tuesday, December 17, 1:30 pm

Foundation Hall

The Festival of Nine Lessons and Carols comes

from a service developed by Anglican Bishop W.E. Benson in 1880. It is based on ancient sources for Christmas Eve and has become a resource for Advent (the season before Christmas.) In recent years it has been used at Kings College. It affirms the Christmas message using Old and New Testament passages and a variety of carols.

'Twas the Night Before Christmas Radio Broadcast

Tuesday, December 17, 3:30 pm, Terrace Lobby

Have a hot chocolate and enjoy listening to an original 1940's radio broadcast of 'Twas the Night Before Christmas. Registration required for planning purposes.

Jim Weaver on the Guitar

Thursday, December 19, 4:00 pm

Manor Living Room

Marquette resident Jim Weaver plays some holiday favorites before dinner in the Family Room.

Audubon Bird Count

Sunday, December 22, 8:00 am

Employee Parking Lot

The Marquette Woods Committee invites all interested and mobility-capable residents to join the 2024 Winter Audubon Bird Count. No "Birding" experience is necessary. Remember to dress for the weather and wear sturdy walking shoes. You might enjoy having binoculars, a small notebook and a pencil. For more details, please reach out to Marquette resident Nancy Koskie.

Residents New Years Eve Celebration

Tuesday, December 31, 6:00 pm – 8:00 pm

Foundation Hall

Celebrate the coming new year with music, festive hors d'oeuvres, games of chance and raffle prizes. Residents only event.



IMPORTANT!

Please register starting on the 26th of each month at 8:00 am.

All trips on this page require registration in the Programs, Events & Transportation Book.

Keystone at the Crossing/ Castleton Runs

Wednesday, December 4

Bus leaves at 10:45 am

Walmart/Dollar Tree/ Five Below/Trader Joe's

Wednesday, December 4

Bus leaves at 2:00 pm

Kroger/Target/Kohl's...

Every Wednesday, except December 4

Bus leaves at 9:30 am

Meijer Run

Every Wednesday, except December 4

Bus leaves at 1:30 pm

Carmel Christkindlmarkt

Wednesday, December 4

Bus leaves 4:00 pm

Visit this famous local celebration reminiscent of a European market. On this date, local choirs will be performing. Dress for the weather, this is an outside event.

Nutcracker Short & Suite

Sunday, December 8

Zionsville High School

Bus leaves at 1:00 pm \$

Join the Village Dance Studio as they bring you excerpts from The Nutcracker, a holiday classic ballet. Our production is unique in it's length, but also in the variety of choreography. Audience members will enjoy the classic ballet variations along with jazz, modern, tap, and NEW hip hop. 20 tickets available.

Excursions



Butler Rejoice!

Saturday, December 14

Bus leaves at 5:30 pm

The Butler Choral Department and Butler Symphony Orchestra again join forces to present Rejoice!, our annual holiday presentation in Clowes Memorial Hall. This is a free event for the public, therefore we are leaving early to make sure to get tickets.

Jesus Christ Superstar at McGowan Hall

Sunday, December 15

Bus leaves 1:30 pm

A thrilling rock opera based on the last week of Jesus' life; Jesus Christ Superstar has wowed audiences for over 50 years. Featuring the music of legendary composer, Andrew Lloyd Webber. Fused with 1970's rock, gospel, folk, and funk, with high-energy choreography. 20 tickets available.

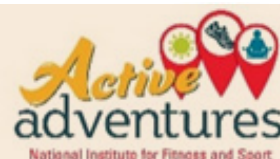
Active Adventure

Friday, December 20

Bus leaves at 10:00 am

Monon Community Center \$

The Active Adventure for December will be a trip to the Monon Community Center in Carmel. This is an indoor facility that includes a 200-meter track. Lunch will be at Le Peep.



State Fair Lights Drive

Friday, December 20

Bus leaves 6:00 pm

The Indiana State Fairgrounds once again hosts Christmas Nights of Lights, Indianapolis' largest drive through light show synchronized to music broadcasting through your radio!



Services listed are happening here at Marquette.

A SERVICE SPOTLIGHT

Marquette Cares

Arranged at Resident's Convenience

Welcome to an in-home companion care service provided by Marquette.



Customized services include personal/grocery shopping and errands, light housekeeping, laundry and ironing, pet and houseplant care, grooming assistance and more!

Contact Emily Lowe
Home Care Coordinator

317-524-6504
for more information.

Residents' Association Meeting

Tuesday, December 3, 10:00 am
Foundation Hall

This is your meeting!

Town Hall Meeting

Thursday, December 19, 1:00 pm
Foundation Hall

All residents are invited to hear reports from Marquette Directors and the Executive Director.

HOLIDAY WISHES

*We wish for you a holiday
That's better than your dreams,
Filled with peace, good will and hope
And firelight that gleams,*

*Overflowing with holiday spirit
Good food and holiday laughter;
And when it's done, We hope that you
Live happily ever after!*

By Joanna Fuchs



Anglican

Mass

Sundays

10:30 am, Chapel

Officiated by Rev. Todd Bragg,
Rector of St. Margaret
Anglican Church.

Jewish

Hanukkah Lunch

with Rabbi Hal Schevitz

Monday, December 30

11:30 am

Hackl Legacy Dining Room

Invitation only.

Catholic

Daily Mass

Monday—Friday, 4:00 pm, Chapel

Saturday—Anticipation Mass for Sunday

4:00 pm, Chapel

Masses celebrated by
Rev. Cliff Vogelsang,
as well as guest officiants.

Protestant

Church Service

Sundays

1:50 pm, Foundation Hall

Officiated by Rev. Joe Johnson
Music provided by Greg Gibson
and guest musicians.

Episcopal

Communion Service

Thursday, December 19

10:00 am

Chapel

Officiated by Staff from
Trinity Episcopal Church.

Bible Study

Tuesdays

2:00 pm

2nd Floor Card Room

Study and discuss the **Book of Genesis**.

Contact Jeff Fields (574-202-8330)
for more information.

Presbyterian

Friday, December 20

10:00 am

Chapel

Officiated by Staff from
Second Presbyterian Church.

St. Luke's United Methodist Church Service Transportation

Sundays

Bus leaves at 9:00 am

Sign-up Required



Marquette Wellness Resources

LYNNE O'DAY CLINIC

- > Geriatric Internist
- > Dermatologist
- > Podiatrist
- > Optometrist
- > Dentist
- > Hearing Aid Info

Call 317-524-6509

MASSAGE SERVICES

Call 317-524-6550

SELECT REHAB

- > Physical Therapy
- > Occupational Therapy
- > Speech Therapy

Call 317-524-6509

MARQUETTE CARES

- > Medication reminders
- > Laundry assistance
- > Grocery shopping
- > Personal care assistance and more

Call 317-524-6534

REGISTERED DIETITIAN

- > Nutrition Services

Ask for Debra Melendez
Call 574-383-0035

WELLNESS NAVIGATOR

- > Care planning Assistance
- > Adjusting to the Community
- > Needs Assessments
- > Referrals to Psychologist
- > Other Services

Ask for Emily Lowe
Call 317-524-6504

DECEMBER ACTIVITIES

FrostFit



Get ready to stay fit and frosty this December with FrostFit, a winter-inspired fitness challenge designed just for you! Whether you're looking to warm up with a quick workout or challenge yourself throughout the month, FrostFit is here to keep you active and energized during the holiday season. Our program is a unique twist on CrossFit, adapted to your needs and abilities, with workouts that are fun, accessible, and effective. Earn a snowflake to hang on the MAC wall for every FrostFit offering you participate in! See below for options to get involved:

- Snowflake Craft on Wednesday, December 4 in the Aerobics Studio from 2:00-3:00 pm (help us make snowflakes to be hung on MAC wall!)
- FrostFit Class on Tuesdays from 9:00-9:45am (moderate-high intensity)
- FrostFit Aqua Class on Wednesdays from 10:00-10:45am (moderate intensity)
- WOW (Workout Of the Week) Handouts available in the gym for individual, self-paced exercise



FAVOR THE FLAVOR

Thursday, December 12

12:30-1:30 pm

Fireside Grille Lobby

Each month, MAC staff and Chef Brian Klett collaborate to bring residents and guests the opportunity to taste a variety of food while learning about the health and nutritional benefits. Join us for a tasty, healthy snack!



MEDITATION WITH MARCIA



Thursday, December 19

6:45-7:30 pm

Aerobics Studio

Meditation has a variety of benefits such as mental clarity, physical relaxation, spiritual deepening, and emotional stability. Join yoga instructor, Marcia, for a guided meditation in the aerobics studio. We will have comfortable chairs set out but you can also bring a mat, pillow, or blanket if you would like.

PICKLEBALL UPDATES

The holiday gatherings during December are something for everyone to look forward to! Although these events limit pickleball, we are grateful to have reschedule dates for all but one session during this month. Thank you for being flexible during this wonderful time of year to share space and celebrate together! Please see below for the dates pickleball is scheduled in Foundation Hall from 9 am to 1 pm:

- Thursday, December 5
- Saturday, December 7
- Saturday, December 14
- Wednesday, December 18
- Saturday, December 21
- Thursday, December 26
- Saturday, December 28
- Thursday, January 2



MAC Manager

HANNAH MORRIS

317-228-2249

morrishannah@marquetterc.org

MAC Assistant Manager

MICHAEL PASSMORE

317-228-2248

passmoremichael@marquetterc.org

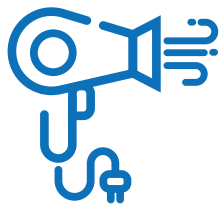
Reminders & Announcements

- > No Aqua Class on Tuesday, December 3 due to Residents' Association Meeting.
- > Pool closed for cleaning on Wednesday, December 11 from 7-10am.
- > No B3 class on Thursday, December 19 due to Town Hall Meeting.
- > No classes or staff on Wednesday, December 25 or Wednesday, January 1.



Amenities

Beauty Shop



HOURS: Tuesday – Friday
 9:00 am – 3:00 pm *Appointment Only*
PS Salon & Spa
 Call: 317-524-6566 to schedule an appointment.

BMO Bank

HOURS: Monday–Friday
 9:00 am–4:00 pm

Either Shad Rohrer (317-228-2038) or Robin Duncan (317-228-2037) is available to help with your banking needs or questions.



Concierge



HOURS: Monday–Friday
 10:00 am–3:00 pm

SERVICES: Assists residents with packages and postage, ordering flowers, printing airline boarding passes and making room reservations. Arranges Lyft transportation requests. Schedules tech assists. Is reading about programs and events a challenge? The concierge has the answer and will provide specialized brochures and help to address any visual needs. Call (317-524-6597) with your requests.

Craft Room

HOURS: 24 hours a day

Whether it's making cards, knitting, painting or drawing, this room is open to all. Explore your hidden talents with a room chock full of supplies, handbooks and materials.



Library



HOURS: 24 hours a day
OPTIONS: Non-Fiction Fiction
 Books-on-CD Newspapers
 Magazines DVDs

Contact Fran Cull (708-289-3759), Library Committee Chair, to offer title suggestions.

Massage Services



HOURS:
 Jennifer Duke
 Wednesdays and Fridays 9am – 3pm
 Shannon Spence
 Thursdays, 9:00 am – 5:00 pm

SERVICES: Appointments required.

Pendants required during session

Call the MAC for pricing. 24 hour business day cancellation required.

Woodworking Shop

HOURS: Authorized Access Only!

SERVICES: Various hand and power tools available for use.



Contact Maintenance Services Coordinator Debra Taylor (317-524-6538) for authorization, key and training session.

Tech Center



HOURS: 24 hours a day
 Four computers are available for resident email and internet use. A combination BW/color printer is available.

I.T. Support Tech Christopher Hill is available for assistance with laptops, tablets, smartphones, social media, virtual meetings, software, printing and scanning, websites and purchasing advice.

Contact the Concierge (317-524-6597) or Christopher Hill (317-524-6589) to schedule an appointment.

The Corner Shoppe

HOURS: Monday–Friday
 10:00 am – 4:00 pm

CONVENIENCES:

Office Supplies	Snacks
Health & Beauty	Beverages
Gifts & Seasonal	Stamps
Greeting Cards	



Cash purchases only.



Fun for Everyone!



Scrabble

Mondays, 10:00 am, 2FCR



Knit for Charity

Mondays, 1:30 pm, LLCR



Bingo

Tuesdays,
7:00 pm, AS



Duplicate Bridge

Tuesdays, 7:00 pm,
FH/B



Poker

Wednesdays, 6:15 pm, 4FCR

Book Club

4th Tuesday of
every month,
10:00 am, 2FCR



Euchre

Wednesdays, 7:00 pm, 2FCR



Contract Bridge

Fridays, 1:00 pm—4:00 pm, 2FCR



Coffee Clips & Conversation

Thursdays, 10:30 am, 3FCR



Garden Club

Friday, Dec. 27, 10:00 am, LLCR

Rather Be Reading

2nd Tuesdays,
1:30 pm
BDRM



Marquette Choir Rehearsal

Thursdays,
3:00 pm
LP

Saturday Night at the Movies



Foundation Hall, 7:00 pm

December 7



It Happened on 5th Avenue

(1947)

Two homeless men move into a mansion while its owners are wintering in the south.

December 14



The Holdovers

(2023 - R)

A curmudgeonly instructor at a New England school remains on campus during Christmas break. He soon forms an unlikely bond with a brainy but damaged troublemaker, and with the school's cook, a woman who just lost a son in the Vietnam War.

December 21



Elf

(2003, PG)

Raised as an oversized elf, Buddy travels from the North Pole to New York City to meet his biological father, Walter Hobbs, who doesn't know he exists and is in desperate need of some Christmas spirit.

December 28



Crossing Delancey

(1988, PG)

A Manhattan single meets a man through her Jewish grandmother's matchmaker.



Knife & Fork

For all Dining Room Reservations please call 317-524-6549



Hackl Legacy Dining Room

Open, with seatings each 1/2 hour

Wednesday, Thursday, Friday, Saturday
5:00 pm, 5:30 pm, 6:00 pm, 6:30 pm, 7:00 pm

Closed Sunday, Monday, Tuesday
Reservations 48 hrs ahead (317-524-6549)

Reservations required

NEW YEAR'S EVE

Tuesday, December 31

2:00 pm—4:00 pm

NEW YEAR'S DAY

Wednesday, January 1

2:00 pm—4:00 pm

BIRTHDAY LUNCHEON

Wednesday, December 4 - Noon

Reservations Required

- > Residents with a birthday in December
- > Complimentary luncheon
- > Spouse welcome, will be charged to Resident's Account

Fireside Grille

Breakfast 7:30 am—10:00 am

Monday—Saturday

Lunch & Dinner 11:30 am—6:30 pm,
Monday—Saturday

NEW YEAR'S EVE

Tuesday, December 31

11:30 am - 6:30 pm

NEW YEAR'S DAY

Wednesday, January 1

10:30 am - 2:00 pm

SUNDAY BRUNCH

Sundays | 10:30 am—1:30 pm

Open for dinner until 6:30 pm

Township Tavern

Monday—Saturday | 4:30 pm—7:00 pm

No Reservations Required

Closed Christmas Eve & Christmas Day
Closed New Year's Eve & New Year's Day

Room Service

Call 317-524-6506

for ALL Room Service orders

You can also complete the sheets and place in the F&B mailroom box.



MAGIC

Marquette
Auxiliary
Getting
Involved
Creatively

Volunteer Opportunities

Literary Quarterly Submissions

Calling all writers! Poetry, essays, short stories wanted. Please no political or religious submissions. Next due date is Friday, December 13th.

Contact Tracy Lyngholm
317-524-6517

Corner Shoppe Associates

2-hour shifts available; Monday—Friday

Contact Dee Bledsoe
317-524-6535

Marquette Scribes Service

Happy Birthday Grandson! Get well soon, Sister.

Thank you for the gift

(Employee name) did a great job helping me.

You don't have to forego sending notes or cards or filling out a Pearl Card if you find it difficult to write. Marquette Scribes can help! Our volunteers will write out the message you want, address the envelope and sign or print your name if you would like. You simply supply the card, envelope and stamp.

Please contact Tom Otey
317-385-1600

Contact Tracy Lyngholm, Life Enrichment Director
(317-524-6517) for additional ideas.

Important December Dates

CYBER+
MONDAY

Monday
December 2nd

GIVING
TUESDAY

Tuesday
December 3rd

CHRISTMAS
EVE

Tuesday
December 24th

CHRISTMAS DAY &
HANUKKAH

Wednesday
December 25th

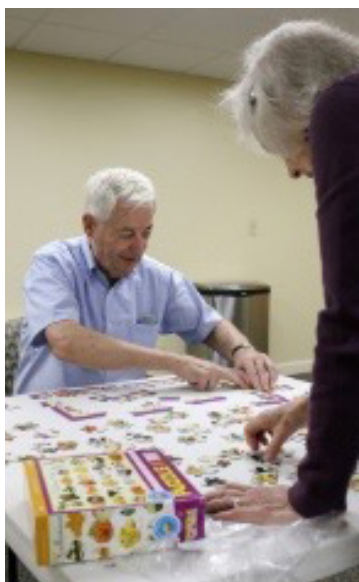
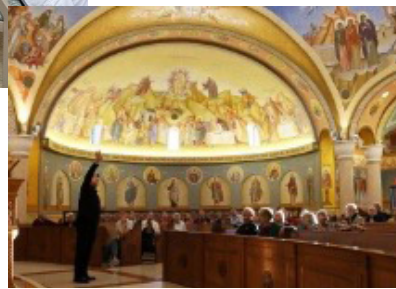
KWANZAA
Thursday
December 26th.

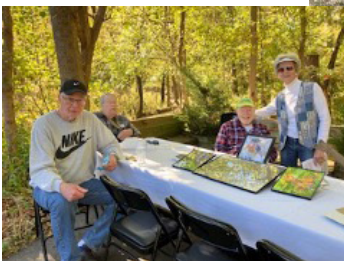
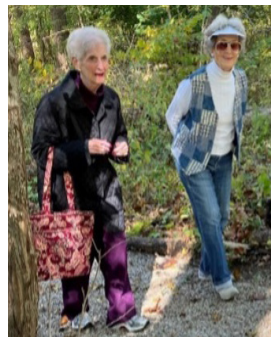
NEW YEAR'S
EVE

Tuesday
December 31st



Photos







Photos

