

MARQUETTE

MAY 2024

MIRROR

THE GREATEST SPECTACLE IN...



Monthly Highlights

Living the High Life
**HOT AIR
BALLOON RIDES**

The Fabulous Fifties Show Band
**ALAN COCHRAN &
THE CRESTLINERS**

Fashion Show and Luncheon featuring
**CHICO'S CURATED
CLOTHING COLLECTION**

The Speedway
**MAIN STREET WALKING TOUR &
LUNCH AT DAWSON'S**

...and so much more! All the details inside.



Spotlight Events



The Fabulous Fifties Show Band
Alan Cochran & The Crestliners **page 4**

Rock & Roll, Doo Wop and Elvis music!



Living the High Life
Hot Air Balloon Rides **page 4**

Tethered balloon rides on campus!



The Well-Styled Life
Fashion Show and Luncheon **page 4**

Featuring Chico's curated clothing collection.



All in the Family!
Stones Crossing **page 4**

A concert mix of bluegrass and southern gospel music.



The Speedway
Main Street Walking Tour/Lunch at Dawson's **page 5**

Small town atmosphere in the big city!



Who will take home the trophy?
Corn Toss Tournament **page 5**

Three Indiana Life Care Services Communities compete!

Important May Dates

KENTUCKY DERBY	NURSES DAY	MOTHER'S DAY	ARMED FORCES DAY	INDY 500	MEMORIAL DAY
Saturday May 4th	Monday May 6th	Sunday May 12th	Saturday May 18th	Sunday May 26th	Monday May 27th



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- > Alan Cochran & the Crestliners
- > Rose Glitter Craft
- > Contemporary Issues
- > Fashion Show/Luncheon
- > Hot Air Balloon Rides
- > Travel Tales
- > Day of Remembrance
- > Stones Crossing Bluegrass Concert
- > The Hoosier Gardener Jo Ellen Meyers Sharp

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- > Runs to Kroger/Target/Mall/Walmart/Dollar Tree/5 Below/Trader Joe's/Kohl's/Meijer
- > Speedway Main Street Waking Tour/Lunch at Dawson's
- > Romeo & Juliet Ballet at Clowes hall
- > Sunday Church Runs
- > Indianapolis Opera's *A Little Night Music*
- > Men's Group Cummins Engine Tour, Columbus, IN
- > Salt Restaurant at Geist
- > Crooked Creek Food Pantry Service Day
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- > Fun for everyone!

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- > Special Events: Lobster Night, Birthday Luncheon, Themed dinner night, TGIF, Monthly Buffet Dinner, Mother's Day Dinner, Memorial Day Cookout

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- > Discover ways to help your Marquette neighbors and friends

Photo Gallery..... 14-15

- > Fun snapshots of you and your Marquette neighbors and friends.

Channel 91 Back Cover

- > In-house television line-up and live stream programs.

Programs & Events

Tracy Lyngholm

Editor/Life Enrichment Director

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Dee Bledsoe

Programs & Events Coordinator

317-524-6535

bledsoedee@marquetterc.org



The Marquette Garden Club Presents

Wednesday, May 1, 7:00 pm

Foundation Hall

Jo Ellen Meyers Sharp, the Hoosier Gardener, on campus! Her topic *Design De-Mystified* includes container gardening tips, edible landscaping and “thugs and wimps”. Handouts will be available and questions are welcome!

Holocaust Remembrance Film

Monday, May 6, 1:00 pm

Foundation Hall

Playing for Time (1980, NR). Female prisoners in a Nazi concentration camp (Auschwitz) are spared from death in return for performing music for their captors.

Alan Cochran and the Crestliners

Monday, May 6, 7:00 pm

Foundation Hall

Rock & Roll, Doo Wop and Elvis music! Great balls of fire—this band is hot!

Rose Glitter Craft

Friday, May 10, 1:30 pm

Lower Level Craft Room

Please register

Create stunning bouquets the quick and easy way for yourself and for the Mother’s Day tables in the Hackl Legacy Dining Room! Program led by Dee Bledsoe, Program & Event Coordinator.

Contemporary Issues

Monday, May 13, 7:00 pm

Foundation Hall

Join Barbara Furlow to discuss this month’s topic *Privacy—Who Do You Trust?*

Fashion Show/Luncheon

Monday, May 20, 11:30 am

Foundation Hall

Fashions by Chico’s and models from Marquette! Invitations will be in your mailbox by May 1st. Please rsvp to the Programs & Events Office by May 13. Residents only, please.

Hot Air Balloon Rides

Wednesday, May 22, 6:45 pm—8:45 pm

Terraces Front Lawn

Midwest Balloon Rides will offer a tethered ride experience on Marquette’s campus! Residents only, please. First come, first served.

Stones Crossing Bluegrass and Southern Gospel Concert

Thursday, May 23, 7:00 pm

Foundation Hall

A Hoosier family band specializing in bluegrass, gospel, country, soft rock and just a little bit of Elvis!

Travel Tales

Wednesday, May 29, 7:00 pm

Foundation Hall

An intimate look at the people of Vietnam and Angkor Wat through the recent experiences of Marquette residents Midge Decker and Hal Schimmelpfennig.

Day of Remembrance

Thursday, May 30, 1:30 pm

Foundation Hall

Residents of Marquette who have passed will be honored with stories, music and conversation.





IMPORTANT!

Please register starting on the 26th of each month at 8:00 am.

All trips on this page require registration in the Programs, Events & Transportation Book.

Keystone at the Crossing/ Castleton Runs

Wednesday, May 1 / Bus leaves at 10:45 am

Walmart/Dollar Tree/ Five Below/Trader Joe's

Wednesday, May 1 / Bus leaves at 2:00 pm

Kroger/Target/Kohl's...

*Every Wednesday, except May 1
Bus leaves at 9:30 am*

Meijer Run

*Every Wednesday, except May 1
Bus leaves at 1:30 pm*

Speedway Main Street Walking

Tour/Lunch at Dawson's

*Thursday, May 2
Bus leaves 10:30 am*

Speedway's revitalized Main Street, just six blocks in length, is a spirited place during the month of May! A great variety of places to investigate!

Romeo & Juliet Ballet at Clowes Hall

Friday, May 3 / Bus leaves 6:30 pm

The story of love and tragedy on the grandest scale. The Indianapolis Ballet premiere with Principal Pops Conductor Jack Everly and the Indianapolis Symphony Orchestra leading the Prokofiev score.

Indianapolis Opera's

A Little Night Music

Sunday, May 5 / Bus leaves 2:00 pm

Stephen Sondheim's Tony award-winning, non-stop, farcical comedy boasts a brilliant score and clever libretto and an all-Hoosier cast.



Men's Group— Cummins Engine Tour in Columbus, IN

Thursday, May 9 / Bus leaves 9:45 am

Check out one of Indiana's most famous and innovative factories. Stop for lunch at Zaharakos Ice Cream Parlor. Contact Gene Parker, 630-330-7407 or eparkint@sbcglobal.net.

Salt Restaurant at Geist

Wednesday, May 15

Bus leaves 3:45 pm

A locally owned and operated scratch kitchen and bar specializing in seafood, steaks, hand-crafted cocktails and an extensive wine list.

Crooked Creek Food Pantry

Thursday, May 16

Bus leaves 12:30 pm

A drive-thru food pantry working to eliminate hunger while building relationships to support the needs of families and persons it serves. 14 volunteers needed for a variety of jobs. See page 13 for more details.

Corn Toss Tournament

Thursday, May 23

Bus leaves 8:00 am for Terre Haute

Who will take home the trophy? Marquette? Westminster Village, Terre Haute? Or Westminster Village, Lafayette?

Active Adventure

Friday, May 31

10am — 2pm

*Marian University &
Lunch at Che Chori*

It's time to explore the beautiful campus of Marian University. The path at Marion University is a gravel trail with places to stop and rest and points of interest along the way. The path is 1 mile in length, and we will be walking a full loop and a partial loop for a total of 1.5 miles. Lunch will be at the Argentinian restaurant Che Chori.





Services listed are happening here at Marquette.

Residents' Association Meeting

Tuesday, May 7, 10:00 am

Foundation Hall

Repeated 3:00 pm and 5:40 pm

Channel 91

This is your meeting! You may also tune into Channel 91 to hear reports from your fellow residents and the Executive Director.

Marquette Foundation News Flash

Tuesdays, 10:00 am (except for May 7)

Channel 91

Foundation Director Michael McGinley will give the latest developments, offer ideas on estate planning and naming opportunities at Marquette.

Town Hall Meeting

Thursday, May 16, 1:00 pm

Foundation Hall

All residents are invited to hear reports from Marquette Directors and the Executive Director.

A SERVICE SPOTLIGHT

Marquette Cares



Arranged at Resident's Convenience

Welcome to an in-home companion care service provided by Marquette.

Customized services include personal/grocery shopping and errands, light housekeeping, laundry and ironing, pet and houseplant care, grooming assistance and more!

Call

317-524-6534

for more information.



Daily Program Hotline

317-228-2291

Call the hotline to hear a recording of today's programs and events



Anglican

Mass

Sundays

10:30 am, Chapel

Officiated by Rev. Todd Bragg,
Rector of St. Margaret Anglican Church.

Jewish

Shabbat

Friday, May 17

4:00 pm

Foundation Hall

Led by Cantor Emerita Janice Roger,
Indianapolis Hebrew Congregation.

Catholic

Daily Mass

Monday—Friday, 4:00 pm, Chapel

Saturday—Anticipation Mass for Sunday

4:00 pm, Chapel

Memorial Day—May 27, 10:00 am, Chapel

Masses celebrated by Rev. Cliff Vogelsang,
as well as guest officiants.

Protestant

Church Service

Sundays

1:50 pm, Foundation Hall

Live on Channel 91

Officiated by Rev. Joe Johnson
Music provided by Greg Gibson
and guest musicians.

Episcopal

Communion Service

Thursday, May 23

10:00 am

Chapel

Officiated by Staff from
Trinity Episcopal Church.

Bible Study

Tuesdays

2:00 pm

2nd Floor Card Room

Study and discuss the **Book of Acts**.
Contact Jeff Fields (574-202-8330)
for more information.

Presbyterian

Next quarterly service will be held on

Friday, June 21

10:00 am

Chapel

Officiated by Staff from
Second Presbyterian Church.



Marquette Wellness Resources

LYNNE O'DAY CLINIC

- > Geriatric Internist
- > Dermatologist
- > Podiatrist
- > Optometrist
- > Dentist
- > Hearing Aid Info

Call 317-524-6509

MASSAGE SERVICES

Call 317-524-6550

SELECT REHAB

- > Physical Therapy
- > Occupational Therapy
- > Speech Therapy

Call 317-524-6509

MARQUETTE CARES

- > Medication reminders
- > Laundry assistance
- > Grocery shopping
- > Personal care assistance and more

Call 317-524-6534

REGISTERED DIETITIAN

- > Nutrition Services

*Ask for Debra Melendez
Call 574-383-0035*

WELLNESS NAVIGATOR

- > Care planning Assistance
- > Adjusting to the Community
- > Needs Assessments
- > Referrals to Psychologist
- > Other Services

*Ask for Emily Lowe
Call 317-524-6504*

MAY ACTIVITIES



"Make Fitness Your Friend for Life!"

National Senior Health and Fitness Day *Wednesday, May 29*

This is the 31st annual National Senior Health and Fitness Day event! The theme is "Make Fitness Your Friend for Life!" This all-day event will include informational handouts for healthy aging, group fitness class demonstrations, snacks and

drinks, fun games, and more! Mark your calendars and keep an eye out for more detailed information that will be released the first week of May.



FAVOR THE FLAVOR

Thursday, May 9

1:00 – 2:00pm

Fireside Grille Lobby

There is an important relationship between the food we eat and our health. Each month, MAC staff and Chef Brian Klett collaborate to bring residents and guests the opportunity to taste a variety of food while learning about the health and nutritional benefits. Join us for a tasty, healthy snack!



MAC Manager

HANNAH MORRIS

317-228-2249
morrishannah@marquetterc.org

MAC Assistant Manager

MICHAEL PASSMORE

317-228-2248
passmoremichael@marquetterc.org



CORNTOSS

TOURNAMENT

*Thursday, May 23
Plan to leave around 8:00am
Westminster Village of Terre Haute*

Gear up for the spring semi-annual Corn Toss Tournament - we will be competing with Westminster Village of Terre Haute and Westminster Village of West Lafayette! Let's keep the trophy here, shall we?! Seasoned players and new-to-the-sport participants can hone their skills in the aerobics studio on Tuesdays from 3:00-5:30pm, Thursdays from 1:00-9pm, and Friday afternoons through the weekend. Please see Hannah Morris to get signed up for the tournament.

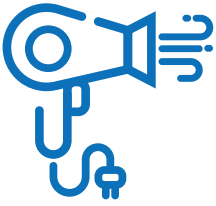
Reminders & Announcements

- > Corn Toss will end at 5:30pm on Tuesdays for the next month or so to accommodate the Bingo players.
- > No Aqua Class on Tuesday, May 7. Please attend the Residents' Meeting.
- > Bold Moves Class starts at 11:30am on Tuesday, May 7.
- > Pool closed for cleaning on Wednesday, May 8 from 7:00am - 10:00am.
- > No staff or classes on Monday, May 27, Memorial Day.



Amenities

Beauty Shop



HOURS: Tuesday – Friday
9:00 am – 3:00 pm *Appointment Only*
PS Salon & Spa
Call: 317-524-6566 to schedule an appointment.

BMO Bank

HOURS: Monday–Friday
9:00 am–4:00 pm

Either Shad Rohrer (317-228-2038) or Robin Duncan (317-228-2037) is available to help with your banking needs or questions.



Concierge



HOURS: Monday–Friday
10:00 am–3:00 pm

SERVICES: Assists residents with packages and postage, ordering flowers, printing airline boarding passes and room reservations. Arranges Lyft transportation requests. Schedules tech assists. Is reading about programs and events a challenge? The concierge has the answer and will provide specialized brochures and help to address any visual needs. Call (317-524-6597) with your requests.

Craft Room

HOURS: 24 hours a day

Whether it's making cards, knitting, painting or drawing, this room is open to all. Explore your hidden talents with a room chock full of supplies, handbooks and materials.



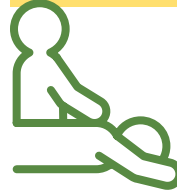
Library



HOURS: 24 hours a day
OPTIONS: Non-Fiction Fiction
Books-on-CD Newspapers
Magazines DVDs

Contact Fran Cull (708-289-3759), Library Committee Chair, to offer title suggestions.

Massage Services



HOURS: Susan Herner England
Wednesdays, 9:00 am–1:00 pm
Fridays, 9:00 am–1:00 pm
Shannon Spence
Mondays, 9:00 am – 5:00 pm

SERVICES: Appointments required.

Pendants required during session

Call the MAC for pricing. 24 hour business day cancellation required.

Woodworking Shop

HOURS: Authorized Access Only!

SERVICES: Various hand and power tools available for use.



Contact Maintenance Services Coordinator Debra Taylor (317-524-6538) for authorization, key and training session.

Tech Center



HOURS: 24 hours a day
Four new computers are available for resident email and internet use. A combination BW/color printer is available.

I.T. Support Tech Christopher Hill is available for assistance with laptops, tablets, smartphones, social media, virtual meetings, software, printing and scanning, websites and purchasing advice.

Contact the Concierge (317-524-6597) or Christopher Hill (317-524-6589) to schedule an appointment.

The Corner Shoppe

HOURS: Monday–Friday
10:00 am – 4:00 pm

CONVENIENCES:

Office Supplies Snacks
Health & Beauty Beverages
Gifts & Seasonal Stamps
Greeting Cards



Cash purchases only.



Fun for Everyone!



Scrabble

Mondays, 10:00 am, 2FCR



Bingo

Tuesdays, 7:00 pm, AS



Book Club

4th Tuesday of every month,
10:00 am, 2 FCR



Euchre

Wednesdays, 7:00 pm, 2FCR



Contract Bridge

Fridays, 1:00 pm—4:00 pm, 2FCR



Knit for Charity

Mondays, 1:30 pm, LLCR



Duplicate Bridge

Tuesdays, 7:00 pm, FH/B



Poker

Wednesdays, 6:45 pm, LLMPR



Coffee Clips & Conversation

Thursdays, 10:30 am, 3FCR



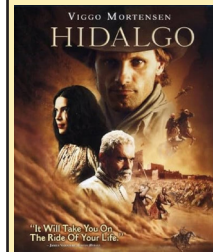
Garden Club

Friday, May 31, 1:00 pm, LLCR

Saturday Night at the Movies

Lower Level Multipurpose Room
7:00 pm

May 4



Hidalgo

(2004 - PG-13)

In 1890, a down-and-out cowboy and his horse travel to Arabia to compete in a deadly cross desert horse race.

May 11



Breaking Away

(1979 - PG)

A working-class Indiana teen obsessed with the Italian cycling team vies for the affections of a college girl while searching for life goals with friends.

May 18



Ford vs Ferrari

(2019 - PG-13)

American car designer Carroll Shelby and driver Ken Miles battle corporate interference and the laws of physics to build a revolutionary race car for Ford in order to defeat Ferrari at the 24 Hours of le Mans in 1966.

May 25



Grand Prix

(1966 - NR)

American Grand Prix driver Pete Aron is fired by his Jordan-BRM racing team after a crash at Monaco that injures his teammate, Scott Stoddard.



Hackl Legacy Dining Room

Open, with seatings each 1/2 hour

Wednesday, Thursday, Friday, Saturday

5:00 pm, 5:30 pm, 6:00 pm, 6:30 pm, 7:00 pm

Closed Sunday, Monday, Tuesday

Reservations 48 hrs ahead (317-524-6549)

Reservations required

LOBSTER NIGHT

Wednesday, May 1

5:00 pm, 5:30 pm, 6:00 pm, 6:30 pm, 7:00 pm

Reservations required

BIRTHDAY LUNCHEON

Wednesday, May 8 - Noon

Reservations Required

- > Residents with a birthday in May
- > Complimentary luncheon
- > Spouse welcome, will be charged to Resident's Account

MOTHER'S DAY DINNER

Sunday, May 12

12:00—2:00 pm

Seatings every 1/2 hour

Reservations required

THEMED DINNER

Wednesday, May 15

5:00 pm, 5:30 pm, 6:00 pm, 6:30 pm, 7:00 pm

Reservations required

TGIF

Friday, May 10

Foundation Hall

4:30 pm—6:00 pm

- > Wine, beer, cocktails at the bar
- > Hot & cold hors d'oeuvres
- > Buffet style
- > Please, no guests

Fireside Grille

Breakfast 7:30 am—10:00 am

Monday—Saturday

Lunch & Dinner 11:30 am—6:30 pm,

Monday—Saturday

MONTHLY BUFFET DINNER

Fireside Grille Lobby

Wednesday, May 29

5:00 pm—7:00 pm

Hackl Legacy Dining Room Closed

Fireside Grille closes at 2:00 pm

MEMORIAL DAY COOKOUT

Fireside Grille Patio

(Rain location Foundation Hall)

Monday, May 27

11:30 am—1:30 pm

Reservations Required

SUNDAY BRUNCH

Sundays

10:30 am—1:30 pm

Township Tavern

Monday—Saturday

4:30 pm—7:00 pm

No Reservations Required

Room Service

Call 317-524-6506

for ALL Room Service orders

You can also complete the sheets and place in the F&B mailroom box.



MAGIC

**Marquette
Auxiliary
Getting
Involved
Creatively**

Volunteer Opportunities

Crooked Creek Food Pantry Helpers

14 volunteers needed for dry box assembly, dry box stocker, donation processing, product bagging and other inside/outside jobs as needed.

Bus leaves Thursday, May 16 at 12:30 pm

Concert Assistants

Volunteers needed to hand out music programs on May 6, 6:30 pm.

*Contact Programs & Events Staff
(317-524-6517 or 317-524-6535)*

Literary Quarterly Submissions

Calling all writers!
Poetry, essays, short stories wanted.

*Contact Tracy Lyngholm
317-524-6517*

Corner Shoppe Associates

2-hour shifts available; Monday—Friday

*Contact Dee Bledsoe
317-524-6535*

Marquette Scribes Offers Service

If you would like to send a Thank you note, Birthday (or other) card, or Pearl Card, but find it too difficult to write, Marquette Scribes can help.

Our volunteers will write out the message you want, address the envelope and sign or print your name if you would like. You simply supply the card and envelope.

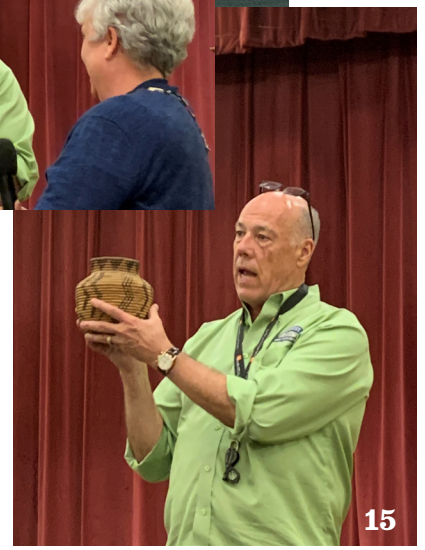
*Please contact Tom Otey
317-385-1600*

*Contact Tracy Lyngholm,
Life Enrichment Director
(317-525-6517)
for additional ideas.*



Photos







Channel 91 In-House Lineup



Channel 91 Daily



8:00 am	Guided Morning Meditation
9:00 am	High Intensity Exercise Class
10:00 am	Administration Information
11:00 am	Administration Information
12:00 pm	Programming Slides
1:00 pm	Moderate Intensity Exercise
2:00 pm	Programming Slides
3:00 pm	Administration Information
4:00 pm	Programming Slides
5:00 pm	Administration Information
6:00 pm	Programming Slides
7:00 pm	Programming Slides
8:00 pm	Nightcap—Evening Meditation

Channel 91 Live Stream Programs

Protestant Prelude Music and Service
Sundays, 1:50 pm

Marquette Foundation News Flash
Tuesdays, 10:00 am

Residents' Association Meeting
Tuesday, May 7, 10:00 am