

MARQUETTE

APRIL 2024

MIRROR

BETWEEN THE LINES: CELEBRATING JAZZ,
POETRY, PROSE AND EARTHLY DELIGHTS



Monthly Highlights

With Distinction:

HOT OFF THE HOOSIER PRESS

Earth Day at

**WHITE RIVER GARDENS AND
THE INDIANAPOLIS ZOO**

Jazz Greats

**THE COOL CITY BAND AND
THE GARY WALTERS TRIO,
FEATURING SINGER ERIN BENEDICT**

Marquette's

ANTIQUE ROADSHOW

...and so much more! All the details inside.



Spotlight Events



The First Time in over 800 years!

A Total Eclipse Watch Party

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Fun activities inside and out! The Event Lawn will be set for viewing with approved solar eclipse glasses!



Jazz Appreciation Month

Porter and Gershwin—Anything Goes!

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Two musical evenings with the Cool City Band and the Gary Walters Trio, featuring singer Erin Benedict.



With Distinction: Prose and Poetry

Hot Off the Hoosier Press

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Marquette resident Gene Helveston and James Whitcomb Riley visit.



What's in your closet?

Marquette's Antique Roadshow

page 4

Bring your treasures to be evaluated by expert Brian McCall, Midwest Jewelers and Estate Buyers.



Day Trip

Monon Connection Train Museum and Whistlestop Restaurant

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The largest private collection of railroad items shared with the public in the United States.



Celebrate Earth Day

White River Gardens and the Indianapolis Zoo

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Explore the beauty of nature!



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- > The Gary Walters Jazz Quartet
- > Ronen Chamber Ensemble
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Channel 91 Back Cover

- > In-house television line-up and live stream programs.

Programs & Events

Marilyn Martin

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Enrichment Director*

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Dee Bledsoe

Programs & Events Coordinator

317-524-6535

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Campus Programs

International Violin Competition Musicians

Monday, April 1, 7:00 pm

Foundation Hall

A classical evening of music featuring 1998 silver medalist Liviu Prunaru and Chih-Yi Chen.

Cool City Jazz Band

Thursday, April 4, 7:00 pm

Foundation Hall

Kick off Jazz Appreciation Month with Indy's premier party band! You will be swingin' and swayin' with the cool cats tonight!

Total Eclipse Watch Party

Monday, April 8, 1:30 pm—3:30 pm

Elevator Lobby, Township Tavern, Fireside Grille Lobby, Aerobic Studio, Event Lawn

A fun afternoon of inside games, craft stations, music, themed food, drinks, drawings and, of course, the main event on the lawn (complete with approved solar eclipse glasses!).

Contemporary Issues

Monday, April 8, 7:00 pm

Foundation Hall

Join Barbara Furlow to discuss this month's topic *Privacy—Who Do You Trust?*

With Distinction: Hot Off the Hoosier Press

Tuesday, April 9, 1:30 pm

Foundation Hall

Marquette resident Dr. Eugene Helveston will discuss his new book *Death to Beauty: The Transformative History of Botox*. An amazing story bridging biography, history and medicine with rave reviews from the critics. Books will be available for purchase following the program. Save the date!

The Marquette Antique Roadshow

Monday, April 15, 1:00 pm—3:00 pm

Foundation Hall

What treasures are in your closet? Bring small items to be evaluated and appraised by Brian McCall, owner of Midwest Jewelers and Estate Buyers. (Please no furniture or heavy pieces)

With Distinction: Hot Off the Hoosier Press

Wednesday, April 17, 7:00 pm

Foundation Hall

Meet THE Hoosier poet James Whitcomb Riley! Danny Russel will be in character as one of Indiana's most famous literary figures. Russel's performance will be interspersed with several of Riley's most famous poems. A National Poetry Month special event!

Porter and Gershwin—Anything Goes!

Thursday, April 18, 7:00 pm

Foundation Hall

A musical evening with the Gary Walters Trio, featuring singer Erin Benedict.

Ronen Chamber Ensemble

Monday, April 22, 7:00 pm

Foundation Hall

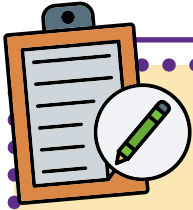
What is the meaning of "Ronen"? In Hebrew, the word means "joyously singing". This small winds and strings ensemble will bring the works of the great masters and fresh contemporary artists to music lovers everywhere.

MAGIC Volunteer Dinner and Awards Ceremony

Monday, April 29, 5:00 pm

Foundation Hall

Who will win one of the M-A-G-I-C awards? Who will be the Volunteer of the Year? Invitations will be in volunteers' mailboxes by April 8. Please return your rsvp by April 22 to the Programs & Events Office.



IMPORTANT!

Please register starting on the 26th of each month at 8:00 am.

All trips on this page require registration in the Programs, Events & Transportation Book.

Monon Connection Train Museum and Whistlestop Restaurant

Monday, April 1

Charter Bus leaves 9:30 am for Monon, Indiana

Have a bite to eat, first. Then, a tour guide shows you the largest private collection of railroad items shared with the public in the United States!

Keystone at the Crossing/ Castleton Runs

Wednesday, April 3

Bus leaves at 10:45 am

Walmart/Dollar Tree/ Five Below/Trader Joe's

Wednesday, April 3

Bus leaves at 2:00 pm

Kroger/Target/Kohl's...

Every Wednesday, except April 3

Bus leaves at 9:30 am

Meijer Run

Every Wednesday, except April 3

Bus leaves at 1:30 pm

George's Neighborhood Grill

Wednesday, April 3

Bus leaves 4:30 pm

Spiffy family restaurant which serves classic American fare.

Bub's Burgers (Zionsville)

Thursday, April 18

Bus leaves 11:00 am

Gourmet burgers in a fun setting! Top off your meal with an old-fashioned malt or an ice cream cone!



White River Gardens and the Indianapolis Zoo

Monday, April 22

Bus leaves 10:30 am



Celebrate Earth Day surrounded by nature and wildlife! Have lunch at one of the many cafes on the grounds. A Programs & Events and Marquette Athletic Center joint Active Adventure.

MEN'S GROUP NOTICE

Join this group for fun outings in and around Indianapolis.

For details contact:

Gene Parker at 630-330-7407 or
eparkint@sbcglobal.net



Services listed are happening here at Marquette.



NEW SERVICE!

Daily Program Hotline

317-228-2291

Call the hotline to hear a recording of today's programs and events

Residents' Association Meeting

Tuesday, April 2, 10:00 am

Foundation Hall

Repeated 3:00 pm and 5:40 pm

Channel 91

Residents are invited to attend the meeting. You may also tune into Channel 91 to hear reports from your fellow residents, staff and the Marquette Administration.

Campus Conversation

Monday, April 8, 10:00 am

Foundation Hall

Join our Plant Services and Environmental Services Departments for an informative chat about what's new on campus.

Marquette Foundation News Flash

Tuesdays, 10:00 am (except for April 3)

Channel 91

Foundation Director Michael McGinley will give the latest developments, offer ideas on estate planning and naming opportunities at Marquette.

Marquette Cares— A Service Spotlight

Arranged at Resident's Convenience

Welcome to an in-home companion care service provided by Marquette. Customized services include personal/grocery shopping and errands, light housekeeping, laundry and ironing, pet and houseplant care, grooming assistance and more! Contact Ashley Hunt, Home Care Coordinator, (317-524-6534) for more information.

Traveling Election Board



Tuesday, April 23, 9:30 am—3:30 pm

Foundation Hall

The Marion County Election Board will be here to provide an opportunity for residents to vote on campus.

Simplify Your Space (2 Opportunities!)

Shred-It Day

Friday, April 26, 9:00 am—Noon

Staff Parking Lot Near First Floor Wing

Ensure that your important papers (i.e. medical records, tax papers, bills, credit card statements and other legal documents) will be disposed of properly. Pick-up is available. Call Casey Maish (317-524-6511) for more information.

Goodwill Pick-Up

Friday, April 26, 12:00 pm—2:00 pm

Staff Parking Lot Near First Floor Wing

Have unwanted furniture, televisions, clothes, and more? Pick-up is available. Call Dee Bledsoe (317-524-6535) to be placed on the list.



Anglican

Mass

Sundays

10:30 am, Chapel

Officiated by Rev. Todd Bragg,
Rector of St. Margaret Anglican Church.

Catholic

Daily Mass

Monday—Friday, 4:00 pm, Chapel

Saturday—Anticipation Mass for Sunday

4:00 pm, Chapel

Masses celebrated by Rev. Cliff Vogelsang,
as well as guest officiants.

Episcopal

Communion Service

Thursday, April 25

10:00 am

Chapel

Officiated by Staff from
Trinity Episcopal Church.

Jewish

Passover Service and Luncheon

Tuesday, April 23

11:30 am

Hackl Legacy Dining Room

Protestant

Church Service

Sundays

1:50 pm, Foundation Hall

Live on Channel 91

Officiated by Rev. Joe Johnson
Music provided by Greg Gibson
and guest musicians.

Bible Study

Tuesdays

2:00 pm

2nd Floor Card Room

Study and discuss the **Book of Acts**.
Contact Jeff Fields (574-202-8330)
for more information.

Presbyterian

Next quarterly service will be held on

Friday, June 21

10:00 am

Chapel

Officiated by Staff from
Second Presbyterian Church.



Marquette Wellness Resources

LYNNE O'DAY CLINIC

- > Geriatric Internist
- > Dermatologist
- > Podiatrist
- > Optometrist
- > Dentist
- > Hearing Aid Info

Call 317-524-6509

MASSAGE SERVICES

Call 317-524-6550

SELECT REHAB

- > Physical Therapy
- > Occupational Therapy
- > Speech Therapy

Call 317-524-6509

MARQUETTE CARES

- > Medication reminders
- > Laundry assistance
- > Grocery shopping
- > Personal care assistance and more

Ask for Ashley Hunt

Call 317-524-6534

REGISTERED DIETITIAN

- > Nutrition Services

Ask for Debra Melendez

Call 574-383-0035

WELLNESS NAVIGATOR

- > Care planning Assistance
- > Adjusting to the Community
- > Needs Assessments
- > Referrals to Psychologist
- > Other Services

Ask for Emily Lowe

Call 317-524-6504

APRIL ACTIVITIES



9-Week Spring Walking Group

April 5 – May 31

Fridays at 10:00 – 10:40am

This group will meet once a week on Fridays at 10am for a 40-minute walk outside and around campus. We will start slow and progress as our aerobic endurance increases. Exercise while enjoying the fresh air, company of fellow residents, and the beauty as everything blooms! Please register for this 9-week program at the MAC desk.

Pump It for Parkinson's

Thursday, April 11

8:00am – 4:30pm

Fireside Grille Lobby

April 11th is World Parkinson's Day and Marquette is excited to join the National Institute for Fitness and Sport (NIFS) in Pump it for Parkinson's! This event joins senior living providers across the country to help raise awareness on what Parkinson's Disease is and how exercise can help ease the symptoms people experience every day! We will be hosting a NuStep-A-Thon in Fireside Grille Lobby to challenge our residents and staff to achieve 30,000 steps per NuStep running! There is a nationwide goal to accumulate 10 million total steps representing the 10 million people worldwide living with Parkinson's. Members can sign up for 15-minute spots between 8:00am – 4:30pm to get as many steps as they can to contribute to our goal! We will also be hosting an info booth where you can learn more about what your neighbors, family and friends who live with Parkinson's experience every day and why exercise is so important for them.





FAVOR THE FLAVOR

Thursday, April 11
1:00 – 2:00pm
Fireside Grille Lobby

This month, MAC staff and Chef Brian will be hosting a special edition Favor the Flavor during our all-day **Pump It for Parkinson's Event**. Stop by to have a snack and learn how nutrition can impact those diagnosed with Parkinson's Disease.



NEW CLASS: Circuit Training

Thursdays at 9:00 – 9:45am
in the Aerobics Studio



Focus on building cardiovascular endurance & muscular strength as you move through a circuit with a variety of stations.

** ATTENTION **

These activities are no longer offered:

- > MAC Circuit on Thursdays at 9am
- > Move to the Music on Thursdays at 9am

See the enclosed calendar for class schedules.



MAC Manager

HANNAH MORRIS

317-228-2249
morrishannah@marquetterc.org

MAC Assistant Manager

MICHAEL PASSMORE

317-228-2248
passmoremichael@marquetterc.org



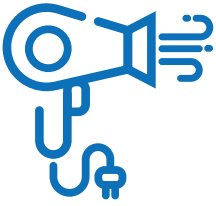
Reminders & Announcements

- > No Aqua Class on Tuesday, April 2. Please attend the Residents' Meeting.
- > Bold Moves Class starts at 11:30am on Tuesday, April 2.
- > Tai Chi for Health cancelled on Monday, April 8.
- > Pool closed for cleaning on Wednesday, April 10 from 7:00am – 10:00am.



Amenities

Beauty Shop



HOURS: Tuesday – Friday
9:00 am – 3:00 pm *Appointment Only*
PS Salon & Spa
Call: 317-524-6566 to schedule an appointment.

BMO Bank

HOURS: Monday–Friday
9:00 am–4:00 pm

Either Shad Rohrer (317-228-2038) or Robin Duncan (317-228-2037) is available to help with your banking needs or questions.



Concierge



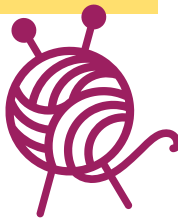
HOURS: Monday–Friday
10:00 am–3:00 pm

SERVICES: Assists residents with packages and postage, ordering flowers, printing airline boarding passes and room reservations. Arranges Lyft transportation requests. Schedules tech assists. Is reading about programs and events a challenge? The concierge has the answer and will provide specialized brochures and help to address any visual needs. Call (317-524-6597) with your requests.

Craft Room

HOURS: 24 hours a day

Whether it's making cards, knitting, painting or drawing, this room is open to all. Explore your hidden talents with a room chock full of supplies, handbooks and materials.



Library



HOURS: 24 hours a day
OPTIONS: Non-Fiction Fiction
Books-on-CD Newspapers
Magazines DVDs

Contact Fran Cull (708-289-3759), Library Committee Chair, to offer title suggestions.

Massage Services



HOURS: Susan Herner England
Wednesdays, 9:00 am–1:00 pm
Fridays, 9:00 am–1:00 pm
Shannon Spence
Mondays, 9:00 am – 5:00 pm

SERVICES: Appointments required.

Pendants required during session

Call the MAC for pricing. 24 hour business day cancellation required.

Woodworking Shop

HOURS: Authorized Access Only!

SERVICES: Various hand and power tools available for use.



Contact Maintenance Services Coordinator Debra Taylor (317-524-6538) for authorization, key and training session.

Tech Center



HOURS: 24 hours a day
Four new computers are available for resident email and internet use. A combination BW/color printer is available.

I.T. Support Tech Christopher Hill is available for assistance with laptops, tablets, smartphones, social media, virtual meetings, software, printing and scanning, websites and purchasing advice.

Contact the Concierge (317-524-6597) or Christopher Hill (317-524-6589) to schedule an appointment.

The Corner Shoppe

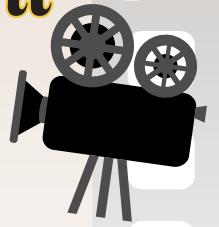
HOURS: Monday–Friday
10:00 am – 4:00 pm

CONVENIENCES:

Office Supplies	Snacks
Health & Beauty	Beverages
Gifts & Seasonal	Stamps
Greeting Cards	



Cash purchases only.



Saturday Night at the Movies

Foundation Hall, 7:00 pm

April 6

Some Like It Hot

(1959 – NR)



After two male musicians witness a mob hit, they flee the state in an all-female band, disguised as women, but further complications set in.

April 13

Marjorie Morningstar

(1958 – NR)



A young college girl, from a Jewish family, aspires to be a professional actress. Her family would rather she settle down and raise a family. While pursuing her dream she becomes smitten with a Catskill entertainer. A sweet coming-of-age story starring Natalie Wood and Gene Kelly.

April 20

AI Artificial Intelligence

(2001 – PG-13)



A highly advanced robotic boy longs to become “real” so that he can regain the love of his human mother. A Steven Spielberg film, nominated for two Oscars.

April 27

The Age of Innocence

(1993 – PG)



A tale of nineteenth century New York high society in which a young lawyer falls in love with a woman separated from her husband, while he is engaged to the woman’s cousin. An Oscar-winning Martin Scorsese film.

Summertime in Watercolor



The Art Wall displays professionally-framed paintings (oils, watercolors, pastels, etc.) by Marquette residents. The display is refreshed every six months with a new exhibit by another artist in the community.

Our new featured artist is Barbara Stark. She is a lifelong Indianapolis resident who has been interested in art since childhood. She was encouraged to pursue art after winning a scholarship to John Herron Art Institute while in Junior High. Barbara later attended Miami University (Ohio) and graduated from Indiana University with a Bachelor of Science in Art Education. She loves the free, vibrant, spontaneity of the watercolor medium. She paints almost any subject, trying to show the effects of light and shadow. Her work is representational and illustrates her love of nature. Barbara has won several awards in juried shows.



April
FOOL'S DAY

What do you get when you cross a dog and a tulip?

A collie-flower.

Why do bumblebees hum?

They don't know the words.



Hackl Legacy Dining Room

Open, with seatings each 1/2 hour

Wednesday, Thursday, Friday, Saturday

5:00 pm, 5:30 pm, 6:00 pm, 6:30 pm, 7:00 pm

Closed Sunday, Monday, Tuesday

Reservations 48 hrs ahead (317-524-6549)

Reservations required

LOBSTER NIGHT

Wednesday, April 3

5:00 pm, 5:30 pm, 6:00 pm, 6:30 pm, 7:00 pm

Reservations required

BIRTHDAY LUNCHEON

Wednesday, April 10 - Noon

Reservations Required

- > Residents with a birthday in March
- > Complimentary luncheon
- > Spouse welcome, will be charged to Resident's Account

THEMED DINNER

Wednesday, April 17

5:00 pm, 5:30 pm, 6:00 pm, 6:30 pm, 7:00 pm

Reservations required

TGIF

Friday, April 12

Foundation Hall

4:30 pm—6:00 pm

- > Wine, beer, cocktails at the bar
- > Hot & cold hors d'oeuvres
- > Buffet style
- > Please, no guests

Fireside Grille

Breakfast 7:30 am—10:00 am

Monday—Saturday

Lunch & Dinner 11:30 am—6:30 pm,

Monday—Saturday

MONTHLY BUFFET DINNER

Fireside Grille Lobby

Wednesday, April 24

5:00 pm—7:00 pm

Hackl Legacy Dining Room Closed

Fireside Grille closes at 2:00 pm

SUNDAY BRUNCH

Sundays

10:30 am—1:30 pm

Township Tavern

Monday—Saturday

4:30 pm—7:00 pm

No Reservations Required

Room Service

Call 317-524-6506

for ALL Room Service orders

You can also complete the sheets and place in the F&B mailroom box.



MAGIC

Marquette
Auxiliary
Getting
Involved
Creatively

Volunteer Opportunities

Total Eclipse Watch Party Assistants

Volunteers needed to staff food/drink stations,
game area, drawing table.

Monday, April 8, 1:30 pm--3:30 pm

*Contact Programs & Events Staff
(317-524-6517 or 317-524-6535)*

Concert Assistants

Volunteers needed to hand out music programs on
either April 1, April 4, April 18 or April 22.

*Contact Programs & Events Staff
(317-524-6517 or 317-524-6535)*

Literary Quarterly Submissions

Calling all writers!
Poetry, essays, short stories wanted.

*Contact Marilyn Martin
317-524-6517*

Corner Shoppe Associates

2-hour shifts available; Monday—Friday

*Contact Dee Bledsoe
317-524-6535*

Marquette Scribes Offers Service

If you would like to send a Thank you note,
Birthday (or other) card, or Pearl Card, but find it
too difficult to write, Marquette Scribes can help.

Our volunteers will write out the message you
want, address the envelope and sign or print your
name if you would like. You simply supply the
card and envelope.

*Please contact Tom Otey
317-385-1600*

*Contact Marilyn Martin,
Interim Life Enrichment Director
(317-525-6517)
for additional ideas.*



Photos







Channel 91 In-House Lineup



Channel 91 Daily



8:00 am	Guided Morning Meditation
9:00 am	High Intensity Exercise Class
10:00 am	Administration Information
11:00 am	Administration Information
12:00 pm	Programming Slides
1:00 pm	Moderate Intensity Exercise
2:00 pm	Programming Slides
3:00 pm	Administration Information
4:00 pm	Programming Slides
5:00 pm	Administration Information
6:00 pm	Programming Slides
7:00 pm	Programming Slides
8:00 pm	Nightcap—Evening Meditation

Channel 91 Live Stream Programs

Protestant Prelude Music and Service

Sundays, 1:50 pm

Marquette Foundation News Flash

Tuesdays, 10:00 am

Residents' Association Meeting

Tuesday, April 2, 10:00 am