

MARQUETTE

JANUARY 2024

MIRROR

SNOW PLACE LIKE HOME



Monthly Highlights:

Author Talk with
DICK WOLFSIE

Mary Ann Barothy shares
MY TIME WITH DORIS DAY

Jazz in January
DAVE LOWE TRIO

*...and so much more!
All the details inside.*



Spotlight Events



Dick Wolfsie – Author Talk

The Magic of Humor and Why We Laugh

page 4

Why is laughter so important and where did it start in human evolution? Using some funny examples, Dick will explain this distinctly human quality.



Mary Ann Barothy

My Time with Doris Day

page 4

Mary Anne Barothy, private secretary to the late and beautiful actress, Doris Day, as she reminisces and shares positive stories from her book, *Day at a Time – An Indiana Girl's Sentimental Journey to Doris Day's Hollywood & Beyond*.



Joe Hale

Indianapolis Motor Speedway Museum Expansion

page 4

Learn about the new storytelling elements and educational components to engage audiences and share the history and significance of the Speedway from President Joe Hall.



Jazz in January with

The Dave Lowe Trio

page 4

Swing to the music of the 40's, 50's and 60's with some Brazilian swing to add tropical flavor to the evening.



Violin and Piano

Peter and Allison Vickery

page 4

Come share an evening of popular music inspired by the television series "Bridgerton" with violinist Peter Vickery, Acting Associate Concertmaster of the ISO and founder of Vickery Chamber Live and his sister Allison Vickery on piano.



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Programs & Events

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Programs & Events Coordinator

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Campus Programs

The Footsteps of St. Paul: Greece and Turkey

Thursday, January 4, 1:30 pm

Foundation Hall

Join Marquette resident Bill Bosron as he shares photos and explores sites and cities where St. Paul established churches and sent letters that are included in the New Testament. These ancient sites include Philippi, Thessaloniki, Corinth, Athens, Ephesus and Antioch.

Contemporary Issues

Constitutional Crisis...Says Who?

Monday, January 8, 7:00 pm

Foundation Hall

For over 247 years someone has proclaimed, “the Constitution is in Crisis.” What do you think? Join the Contemporary Issues group to help find an answer.

Dick Wolfsie – Author Talk

The Magic of Humor and

Why We Laugh

Tuesday, January 9, 1:30 pm

Foundation Hall

For the past 30 years, Dick Wolfsie has been a feature reporter for WISH-TV covering more than 7,000 stories. Wolfsie has hosted talk shows in Columbus, Ohio, New York and Chicago. His weekly humor column is published in more than 35 newspapers and he has written 14 books. In 2021, following his retirement from WISH-TV, he was elected to the Indiana Broadcasters Hall of Fame. Why is laughter so important and where did it start in human evolution? Using some funny examples, Dick will explain this distinctly human quality.

Mary Ann Barothy,

My Time with Doris Day

Thursday, January 11, 1:30 pm

Foundation Hall

Join Mary Anne Barothy, private secretary to the late and beautiful actress, Doris Day, as she

reminisces and shares positive stories from her book, *Day at a Time – An Indiana Girl’s Sentimental Journey to Doris Day’s Hollywood & Beyond*. As a journalist, Mary Anne kept notes over the years and wrote a book that came out in 2007 and updated in 2020 after Doris Day passed away. This author talk is for anyone who loved and remembers America’s Sweetheart – the Girl Next Door – Doris Day.

Indianapolis Motor Speedway Museum Expansion

Monday, January 15, 1:30 pm

Foundation Hall

For the first time in four decades, the Indianapolis Motor Speedway Museum, the home of the Racing Capital of the World’s 114 years of history, closed its doors for nearly 18 months as it undergoes an \$89 million transformational renovation. Learn about the new storytelling elements and educational components to engage audiences and share the history and significance of the Speedway from President Joe Hall.

Jazz in January – Dave Lowe Trio

Monday, January 22, 7:00 pm

Foundation Hall

Dave Lowe at the piano with special guests, Art Reiner, drums and Ray Davidson, trumpet, flute and flugelhorn. Swing to the music of the 40’s, 50’s and 60’s with some Brazilian swing to add tropical flavor to the evening.

Peter and Allison Vickery, Violin and Piano

Monday, January 29, 7:00 pm

Foundation Hall

Come share an evening of popular music inspired by the television series “Bridgerton” with violinist Peter Vickery, Acting Associate Concertmaster of the ISO and founder of Vickery Chamber Live and his sister, Allison Vickery, on piano. Performing selections from Gershwin, John Williams, Vivaldi and more, this program is sure to bring inspiration and enjoyment to your evening.



Keystone at the Crossing/ Castleton Runs

Wednesday, January 3

Bus leaves at 10:45 am

Walmart/Dollar Tree/ Five Below/Trader Joe's

Wednesday, January 3

Bus leaves at 2:00 pm

Kroger/Target/Kohl's...

Every Wednesday, except January 3

Bus leaves at 9:30 am

Meijer Run

Every Wednesday, except January 3

Bus leaves at 1:30 pm



Thursday, January 18

Bus leaves at 11:00 am

Resident Timmie O'Brien invites you to join her at Marigold Clothing, a locally owned women's clothing boutique stocking colorful, casual styles from independent designers. Enjoy lunch at the Broad Ripple Brew Pub and then walk next door to the boutique. Marigold will provide goodie bags and light sips and snacks.

Lunch and Shopping in Zionsville

Thursday, January 25

Bus leaves at 11:00 am

Lunch on your own at The Friendly Tavern or one of many good restaurants in Zionsville. Then enjoy a little retail therapy as you browse the shops in the Village. Board the bus at 2:30 pm to return home.



Active Adventure

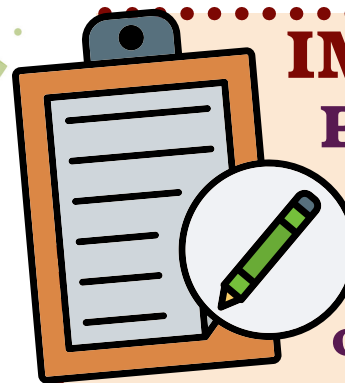
Friday, January 26

Bus leaves at 10:00am

Broad Ripple Indoor Track |

Lunch at Flatwater Restaurant

Grab your walking shoes and sign up for this Indoor Active Adventure. The Broad Ripple Indoor Track is free to the public and is accessible to all. We will spend about 45-minutes walking around the track – all participants can choose their speed and distance. After working up an appetite, we will have lunch at Flatwater Restaurant in Broad Ripple.



IMPORTANT!

**Please register
starting
on the 26th
of each month
at 8:00 am.**

*All trips on this page require
registration in the Programs,
Events & Transportation Book.*



Services listed are happening here at Marquette.

Residents' Association Meeting

Tuesday, January 9 at 10:00 am

Foundation Hall

Repeated 3:00 pm and 5:40 pm

Channel 91

Residents are invited to attend the meeting! You may also tune into Channel 91 to hear reports from your fellow residents, staff and the Marquette administration.

Campus Conversation

Monday, January 15 at 10:00 am

Foundation Hall

Join our Plant Services and Environmental Services Departments for an informative chat about what's new on campus.

Marquette Foundation News Flash

Tuesdays

10:00 am (except for the January 9)

Channel 91

Foundation Director Michael McGinley will give the latest developments, offer ideas on estate planning and naming opportunities at Marquette.

Marquette Cares— A Service Spotlight

Arranged at Resident's Convenience

Welcome to an in-home companion care service provided by Marquette. Customized services include personal/grocery shopping and errands, light housekeeping, laundry and ironing, pet and houseplant care, grooming assistance and more! Contact Ashley Hunt, Home Care Coordinator, (317-524-6534) for more information.





Anglican

Mass

Sundays

10:30 am, Chapel

Officiated by Rev. Todd Bragg,
Rector of St. Margaret Anglican Church

Jewish

Shabbat

Friday, January 19

4:00 pm, Foundation Hall A

Led by Rabbi Jordana Chernow-Reader
Indianapolis Hebrew Congregation

Catholic

Daily Mass

Monday—Friday

4:00 pm, Chapel

Saturday—Anticipation Mass for Sunday

4:00 pm, Chapel

Masses celebrated by Rev. Cliff Vogelsang,
as well as guest officiants

Protestant

Church Service

Sundays

1:50 pm, Foundation Hall

Live on Channel 91

Officiated by Rev. Joe Johnson.
Music provided by Greg Gibson
and guest musicians

Episcopal

Communion Service

Thursday, January 25

10:00 am

Chapel

Officiated by Staff from
Trinity Episcopal Church

Bible Study

Tuesdays

2:00 pm

2nd Floor Card Room

Study and discuss the **Gospel of Luke**.

Contact Jeff Fields (574-202-8330)

for more information.

Presbyterian

Next quarterly service will be held on

Friday, March 15

10:00 am

Chapel

Officiated by Staff from
Second Presbyterian Church



Marquette Wellness Resources

LYNNE O'DAY CLINIC

- > Geriatric Internist
- > Dermatologist
- > Podiatrist
- > Optometrist
- > Dentist
- > Hearing Aid Info

Call 317-524-6509

MASSAGE SERVICES

Call 317-524-6550

SELECT REHAB

- > Physical Therapy
- > Occupational Therapy
- > Speech Therapy

Call 317-524-6509

MARQUETTE CARES

- > Medication reminders
- > Laundry assistance
- > Grocery shopping
- > Personal care assistance and more

Ask for Ashley Hunt

Call 317-524-6534

REGISTERED DIETITIAN

- > Nutrition Services

Ask for Debra Melendez

Call 574-383-0035

WELLNESS NAVIGATOR

- > Care planning Assistance
- > Adjusting to the Community
- > Needs Assessments
- > Referrals to Psychologist
- > Other Services

Call 317-524-6504

JANUARY ACTIVITIES

**DID YOU
KNOW?**

MAC JEOPARDY

Friday, January 5

2:00 – 3:00pm

Foundation Hall

What services are offered to MAC members? More than you might realize! Gather your friends and join us in Foundation Hall to test your knowledge or to learn more about MAC membership amenities and services. Whether a seasoned MAC member or not, you will want to attend! Attendees will have an opportunity to enter into the prize drawing for a 60-minute massage gift certificate.



FAVOR THE FLAVOR

Thursday, January 18

1:00-2:00pm

Fireside Grille Lobby

There is an important relationship between the food we eat and our health. Each month, MAC staff and Chef Brian Klett collaborate to bring residents and guests the opportunity to taste a variety of food while learning about the health and nutritional benefits. Join us for a tasty, healthy snack!



Group Fitness Updates



Core Balance Fusion on Mondays will no longer be offered due to lack of interest. Join us for Balance and Core classes every Monday, Wednesday and Friday!

2023 MAC Recap

Can you believe 2023 is wrapping up and a new year is beginning?! The MAC ran several successful programs in 2023, along with many group fitness classes, one-on-one appointments and more. Stop by the fitness center bulletin boards in January to see a visual display of the 2023 MAC recap. Thank you all for your continued support and participation in the Marquette Athletic Center!

New Assistant Manager

Michael Passmore has been hired as the new Assistant Fitness Manager for Marquette Retirement Community through the community's partnership with The National Institute for Fitness and Sport (NIFS). Michael has a bachelor's degree in exercise science as well as a master's degree in physical education from Indiana State University. Michael's experience includes work as an Exercise Specialist in a cardio/pulmonary rehab facility, a personal trainer and group fitness instructor with all age groups and a youth sports coach. Welcome Michael!



MAC Member of the Month Karen George

Karen, staff member, has been nominated for MAC member of the month because she consistently uses time during her lunch break to exercise in the fitness center!

The MAC Member of the Month program was created to highlight members (residents and staff) who keep fitness a priority in their life and encourage others to do the same. Have someone in mind who deserves recognition? Let MAC staff know!



MAC Manager

HANNAH MORRIS

317-228-2249

morrishannah@marquetterc.org

MAC Assistant Manager

MICHAEL PASSMORE

317-228-2248

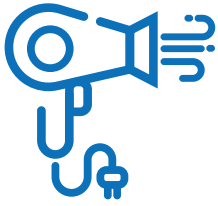
Reminders & Announcements

- > No Aqua Class on Tuesday, January 9. Please attend the Residents' Meeting.
- > Bold Moves Class starts at 11:30am on Tuesday, January 9.
- > Pool closed from 7:00am – 9:45am on Wednesday, January 10.
- > Blood Pressure Clinic is every Wednesday from 11:30am-12:30pm in the MAC hallway.



Amenities

Beauty Shop



HOURS: Tuesday – Friday
 9:00 am – 3:00 pm *Appointment Only*
PS Salon & Spa
 Call: 317-524-6566 to schedule an appointment.

BMO Bank

HOURS: Monday–Friday
 9:00 am–4:00 pm

Either Shad Rohrer (317-228-2038) or Robin Duncan (317-228-2037) is available to help with your banking needs or questions.



Concierge



HOURS: Monday–Friday
 10:00 am–3:00 pm

SERVICES: Assists residents with packages and postage, ordering flowers, printing airline boarding passes and room reservations. Arranges Lyft transportation requests. Schedules tech assists. Is reading about programs and events a challenge? The concierge has the answer and will provide specialized brochures and help to address any visual needs. Call (317-524-6597) with your requests.

Craft Room

HOURS: 24 hours a day

Whether it's making cards, knitting, painting or drawing, this room is open to all. Explore your hidden talents with a room chock full of supplies, handbooks and materials.



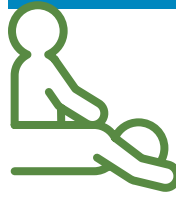
Library



HOURS: 24 hours a day
OPTIONS: Non-Fiction Fiction
 Books-on-CD Newspapers
 Magazines DVDs

Contact Fran Cull (708-289-3759), Library Committee Chair, to offer title suggestions.

Massage Services



HOURS: Susan Herner England
 Wednesdays, 9:00 am–1:00 pm
 Fridays, 9:00 am–1:00 pm
 Shannon Spence
 Mondays, 9:00 am – 5:00 pm

SERVICES: Appointments required.

Pendants required during session

Call the MAC for pricing. 24 hour business day cancellation required.

Woodworking Shop

HOURS: Authorized Access Only!

SERVICES: Various hand and power tools available for use.



Contact Maintenance Services Coordinator Debra Taylor (317-524-6538) for authorization, key and training session.

Tech Center



HOURS: 24 hours a day
 Three computers are available for resident email and internet use. A black and white printer is available.

I.T. Support Tech Spencer Sanchez is available for assistance with laptops, tablets, smartphones, social media, virtual meetings, software, printing and scanning, websites and purchasing advice.

Contact the Concierge (317-524-6597) or Spencer Sanchez (317-524-6589) to schedule an appointment.

The Corner Shoppe

HOURS: Monday–Friday
 10:00 am – 4:00 pm

CONVENIENCES:

Office Supplies	Snacks
Health & Beauty	Beverages
Gifts & Seasonal	Stamps
Greeting Cards	



Cash purchases only.

Fun for Everyone!



Scrabble

Mondays, 10:00 am, 2FCR



Bingo

Tuesdays, 7:00 pm, FH/A



Book Club

4th Tuesday of every month,
10:00 am, 2 FCR



Euchre

Euchre

Wednesdays, 7:00 pm, 2FCR



Contract Bridge

Fridays, 1:00 pm—4:00 pm, 2FCR



Knit for Charity

Mondays, 1:30 pm, LLCR



Duplicate Bridge

Tuesdays, 7:00 pm, FH/B



Poker

Wednesdays, 6:45 pm, LLMPR



Coffee Clips & Conversation

Thursdays, 10:30 am, 3FCR



Garden Club

Friday, Jan. 26, 1:00 pm, LLCR



Saturday Night at the Movies

Foundation Hall, 7:00 pm



January 6

Dick Tracy

(1990 - PG)

Warren Beatty, Al Pacino and Dustin Hoffman in the feature film version about the crime-fighting detective.

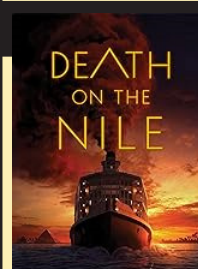


January 13

Radio Days

(1987 - PG)

A richly nostalgic and star-studded portrait of the 1940s, Woody Allen's Radio Days weaves together a young boy's comical memories with zany stories from the golden age of radio, to create a delightful tapestry of heartwarming and hilarious vignettes.



January 20

Death on the Nile

(2023 - PG-13)

Belgian sleuth Hercule Poirot's Egyptian vacation aboard a glamorous river steamer turns into a terrifying search for a murderer when a picture-perfect couple's idyllic honeymoon is tragically cut short. Set against an epic landscape of sweeping desert vistas and the majestic Giza pyramids.



January 27

Chicago

(2002 - PG 13)

All the "razzle dazzle" is captured in this electrifying film that garnered six Academy Awards, including Best Picture and Best Supporting Actress.



Hackl Legacy Dining Room

Open, with seatings each 1/2 hour

Wednesday, Thursday, Friday, Saturday

5:00 pm, 5:30 pm, 6:00 pm, 6:30 pm, 7:00 pm

Closed Sunday, Monday, Tuesday

Reservations 48 hrs ahead (317-524-6549)

Reservations required

LOBSTER NIGHT

Wednesday, January 3

5:00 pm, 5:30 pm, 6:00 pm, 6:30 pm, 7:00 pm

Reservations required

BIRTHDAY LUNCHEON

Wednesday, January 10 - Noon

Reservations Required

- > Residents with a birthday in January
- > Complimentary luncheon
- > Spouse welcome, will be charged to Resident's Account

THEMED DINNER

Wednesday, January 17

5:00 pm, 5:30 pm, 6:00 pm, 6:30 pm, 7:00 pm

Reservations required

TGIF

Friday, January 12

Foundation Hall

4:30 pm—6:00 pm

- > Wine, beer, cocktails at the bar
- > Hot & cold hors d'oeuvres
- > Buffet style
- > Please, no guests

Fireside Grille

Breakfast 7:30 am—10:00 am

Monday—Saturday

Lunch & Dinner 11:30 am—6:30 pm,

Monday—Saturday

MONTHLY BUFFET DINNER

Fireside Grille Lobby

Wednesday, January 31

5:00 pm—7:00 pm

Reservations required

Hackl Legacy Dining Room Closed

Fireside Grille closes at 2:00 pm

SUNDAY BRUNCH

Sundays

10:30 am—1:30 pm

Township Tavern

Monday—Saturday

4:30 pm—7:00 pm

No Reservations Required

Room Service

Call 317-524-6506

for ALL Room Service orders

You can also complete the sheets and place in the F&B mailroom box.



Volunteer Opportunities

Masters and Mistresses of Ceremonies Wanted

Volunteers needed to present performers, announce programs, keep events moving.

*Contact Suzy Killen
317-524-6517*

Movie Captains Needed

Welcome residents, turn down the lights and show the Saturday night movie (once a month opportunity).

Contact Programs & Events Staff

Excursion Captains Wanted

Occasional help needed

*Contact Suzy Killen
317-524-6517*

Corner Shoppe Associates

2-hour shifts available; Monday—Friday

*Contact Dee Bledsoe
317-524-6535*

Marquette Scribes Offers New Service

If you would like to send a Thank you note, Birthday (or other) card, or Pearl Card, but find it too difficult to write, Marquette Scribes can help. Our volunteers will write out the message you want, address the envelope and sign or print your name if you would like. You simply supply the card and envelope.

Please contact Tom Otey at 317-385-1600 for more information.

**Contact Suzy Killen,
Life Enrichment Director,
(317-524-6517) for additional ideas.**







Channel 91 In-House Lineup



Channel 91 Daily



8:00 am	Guided Morning Meditation
9:00 am	High Intensity Exercise Class
10:00 am	Administration Information
11:00 am	Administration Information
12:00 pm	Programming Slides
1:00 pm	Moderate Intensity Exercise
2:00 pm	Programming Slides
3:00 pm	Administration Information
4:00 pm	Programming Slides
5:00 pm	Administration Information
6:00 pm	Programming Slides
7:00 pm	Programming Slides
8:00 pm	Nightcap—Evening Meditation

Channel 91 Live Stream Programs

Protestant Prelude Music and Service

Sundays, 1:50 pm

Marquette Foundation News Flash

Tuesdays, 10:00 am

Residents' Association Meeting

Tuesday, January 9, 10:00 am