Africa: A Safari Adventure
**Page 6**
Employee Service Recognition Program
All residents are invited to celebrate and honor Marquette’s dedicated staff. Mark your calendar for this event.

**Page 4**
Global Health Checkup
Dr. Robert Einterz, IU Health, will share the joys and challenges of an almost 30 year partnership between IU and Kenya to enrich the lives of the people living there.

**Page 7**
African Cuisine!
Make your reservation for an international dinner from the other side of the world. Visit St. Yared’s Ethiopian Restaurant on Fall Creek.

**Page 11**
An African Safari Wild Adventure!
Saturday night at the movies will take you away to a far-off land! Assemble your gearbox, pith helmets and survival kit—and you’re off to explore places unknown!
page 4  [lectures]
Your choice — A variety of topics concerning the great nations of Africa.

page 5  [discussions]
Do you like to read and discuss books or share opinions about the current events of the day? Check out this page for more details.

page 6  [campus events]
Celebrate your Marquette staff by attending the Employee Service Recognition program! Come to Mix ‘n’ Mingle and the International Dessert Bar. Support the Alzheimer’s Association by purchasing paper flowers and/or a strawberry shortcake dessert!

page 7  [excursions]
Try a new restaurant experience. Walk on the wild side at the Indianapolis Zoo! Try an active adventure. Take yourself out to the ballgame!

pages 8 & 9  [health & fitness]
Check out the Marquette Milers Walking Group. Move the body with Drum therapy. Have you tried Wii bowling yet?

page 10  [amenities]
Tech Center to seamstress, and everything in-between.

page 11  [knife & fork]
Early Bird Specials, Sunday Brunch, Lobster Night, a Father’s Day Buffet ... Come hungry!

page 11  [Saturday nights at the movies]
Drama, adventure or a documentary—which will it be?

page 12  [service/hobbies]
Assist your fellow residents! Play duplicate bridge or bingo. Join the Knit for Charity group or the painting group.

page 13  [religion]
Seeking the Way, scheduled services and more.

pages 14 & 15  [photos]
See snapshots of you and/or fellow residents.

ON THE COVER
2018
Global Pursuits: A Year of Adventure
Africa: A Safari Adventure!
THE SUB-SAHARA—A PHOTO SESSION

Monday, June 4
1:30 pm
Foundation Hall

Armchair travel with Marquette resident Bill Segar as he shows photos of his travels to Sub-Saharan Africa.

LIVING AND WORKING IN NIGERIA

Monday, June 18
7:00 pm
Foundation Hall

Local writer, photographer and social activist John Sherman will share highlights of his eight years living as a Peace Corps and Red Cross volunteer in five areas of Africa. He will also bring photos and artifacts to illustrate his talk.

RESIDENTS’ ASSOCIATION MEETING

Tuesday, June 5
10:00 am
Foundation Hall

You may also watch Channel 91 on your home television (cable users only). Call 317-524-6574 from home if you have a question or comment.

GLOBAL HEALTH CHECKUP: THE KENYA INITIATIVE

Wednesday, June 20
2:00 pm
Foundation Hall

The Indiana University-Kenya Partnership develops leaders in healthcare on two continents and has created a miraculously successful model for battling HIV/AIDS and many other diseases in Africa. Co-founder Dr. Bob Einterz says its deeper mission transcends medicine. Hear his story that resonates with compassion, dignity and integrity. Save the date!
Just clip an article of interest to you from a current newspaper. Grab a cup’a. Then join the table for 45 minutes of friendly conversation. One person reads his/her article aloud and discussion follows. Then another article is read. Only requirements... a curious mind, a desire to discuss current events, an eagerness to talk, listen and respect other points of view.

This month’s topic: *Africa: Fifty-Four Countries—Does That Matter?*

Questions? Call Barbara Furlow (317-228-0218).

Marquett poetry lovers meet on the 2nd and 4th Tuesday of each month. Share poems by your favorite poets or poems that you have written. Join the group and maybe you will find out you really don’t hate poetry!

Questions? Call Margaret Simpson (317-251-6976).

Read and discuss *Celine* by Peter Heller. The story tells the tale of an aristocratic, elegant private eye who specializes in reuniting families, while trying to make amends for a loss in her own past.

To obtain a copy of the book, contact Charlotte Chadwick (317-492-9995).
Events listed are happening right here at Marquette.

**Strawberry Shortcake Fest!**

*Friday, June 8*

*2:00 pm—3:30 pm*

*Fireside Grille Lobby*

*$3.00 Donation*

Support the Alzheimer’s Association with your donation and receive a scrumptious summer dessert in return!

**Alzheimer’s Flower Fundraiser**

*Friday, June 8*

*2:00—3:30 pm*

*Fireside Grille Lobby and Corner Shoppe*

*$1.00 Donation*

Add a cute paper flower to the wall or window. These flowers say “I promise to honor. Remember. Care. Fight.”

**Mix ‘n’ Mingle**

*Friday, June 8*

*4:30 pm*

*Foundation Hall*

Enjoy a social hour with friends and new neighbors! Piano music by Warren Grimwood.

**Employee Service Recognition Awards**

*Wednesday, June 20*

*10:30 am*

*Foundation Hall*

Marquette will honor employees who have achieved 5, 10, 15, 20, 25, 30 years of dedicated service. All residents are invited to attend the reception to express your gratitude and to recognize the employees. Save the date!

**International Dessert Bar**

*Wednesday, June 27*

*1:30 pm*

*Foundation Hall*

Guava ice cream and romany cream cookies! Plantain chips, coconut ice candies and chin chins! Milk tarts and elephant ears! Iced water straight from the Falls, Bai Malawi mango drinks and Tanzania lemonade tea! Let the food adventures begin!
**Excursions**

All trips on this page require registration in the Programs, Events & Transportation Book **starting on the 26th of every month at 8 am.**

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**St. Yared’s Ethiopian Cuisine Dinner Outing**

*Thursday, June 7*
*Bus leaves 3:45 pm*  
**$**

A taste of the hidden empire, founded in an ancient civilization and culture. A cacophony of taste not only to the mouth, but to all the senses! The restaurant serves an experience in timeless adventure accompanied by a great selection of wine, beer, spirits and other beverages. Located on Fall Creek near Fishers.

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**Eggs Shell Bistro Brunch**

*Friday, June 15*
*Bus leaves 10:45 am*  
**$**

Carefully sourced, global-styled brunch fare and choice coffee served amid vintage, industrial décor. Located on the north side of the Carmel City Center.

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**Indianapolis Indians Baseball Game**

*Thursday, June 21*
*Bus leaves 6:05 pm*  
*$14 Ticket Charged to Resident Account*
*$25 Tickets Available*

Play ball! It’s the Indianapolis Indians vs. the Norfolk Tides. Hot dogs, brats, popcorn and drinks available at the concession stands.

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**The Indianapolis Zoo**

*Thursday, June 24*
*Bus leaves 1:30 pm*  
*$TBD/Free Admission for Members*

Lions and tigers and bears, oh my! Don’t miss a trip to the wilds, right here in our fair city!

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**Active Adventure**

*Friday, June 29*
*Bus leaves 10:00 am*

Take a 1.6 mile stroll down Pennsy Trail in Irvington. The trail is partly residential and partly wooded, and paved in its entirety. With a mix of sun and shade, it will be important to bring along your sunscreen! The path will end at our lunch destination, The Mug, which specializes in comfort food from farm to table.
Lynne O’Day Clinic Schedule

8:00 AM—4:30 PM
Monday—Friday

Contact
Clinic Nurse
Bernadine Merriwether
317-524-6509

- Geriatric Internist
- Dermatologist
- Podiatrist
- Optometrist
- Dentist
- Hearing Aid Info

Wii Bowling

Fridays during the Month of June
2:00 pm
Aerobic Studio

There will be a Wii Bowling Tournament scheduled at Marquette! Anyone interested in playing or learning about the game is encouraged to register at the MAC Desk to participate. Each team will have 4 players and substitutes are okay if you are unavailable during game play. There will be 5 weeks of regular league play on Fridays followed by 3 weeks of tournament play!

Body Basics—Drum Therapy!

Wednesday, June 13
2:00 pm
Aerobic Studio

Exercise your brain and body with music! Robin Reuter, the founder of Drum Therapy Indy, has a mission to bring joy, exercise, relaxation and satisfaction by playing the drums! Be part of the group as Mr. Reuter leads us in simple rhythms with music we all can enjoy! No experience required!
**Marquette Milers Walking Group**

*Mondays, June 11 and 18
7:45 am
Meet at the MAC Hospitality Desk*

Serious walkers, test your mettle! A resident-led walking group will meet for an estimated 45-minute excursion on foot! The first week, the group will stay on Marquette’s walking paths and then will branch out to nearby communities for the last week.

Please keep in mind that walks near the end of the month might require crossing streets and/or walking on unpaved areas. Proper shoes required, of course!

If you have questions, please contact Marquette resident Jackie King at 317-658-4375.

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**Aqua Fridays**

10:00—10:45 am
Aquatic Center

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**Health Services**

*Health at Home—Blood Pressure Clinic*

*Tuesdays
8:30 am-11:00 am
MAC Cove*

**Ask-the-Pharmacist**

*Tuesday, June 12
9:00 am-11:00 am
MAC Cove*

Katie will administer vaccines for those who have registered. See MAC Staff with any questions.

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**Live Well and Be Well**
amenities

**Beauty Shop**

**HOURS:** Tuesday—Saturday
By Appointment Only (317-524-6566)

**SERVICES:** Shampoo and Set  Tints
Perms  Manicures
Haircuts  Pedicures
Color and Conditioner

**BMO Harris Bank**

**HOURS:** Monday—Friday
9:00 am—4:00 pm

Contact Shad Rohrer or Robin Duncan for any of your financial needs or questions (317-228-0525).

**Concierge**

**HOURS:** Monday—Friday
10:00 am—3:00 pm

**SERVICES:** Assists residents with packages and postage, ordering flowers, printing airline boarding passes and room reservations. Arranges Lyft transportation requests.

Is reading about programs and events a challenge? The concierge has the answer and will provide specialized brochures and help to address any visual needs.

Contact Dawn Ashcraft (317-524-6597) with your requests.

**Craft Room**

**HOURS:** 24 hours a day

Whether it’s making cards, knitting, painting or drawing, this room is open to all. Explore your hidden talents with a room chock full of supplies, handbooks and materials.

**Library**

**HOURS:** 24 hours a day

**OPTIONS:** Non-Fiction  Books-on-CD
Newspapers  Magazines
Fiction  DVDs

Contact Suzanne Kenny (317-876-0645), Library Committee Chair, to volunteer or offer title suggestions.

**Massage Services**

**HOURS:** Monday—Tuesday, Susan Herner
By Appointment Only
9:00 am—1:00 pm

Wednesdays, Dave Johnson
By Appointment Only
12:00 pm—5:00 pm

**SERVICES:**
- 30-minute massage—$30
- 60-minute massage—$60

Call the MAC front desk (317-524-6550) to schedule a personal appointment. Voicemails left on the weekends will be answered when staff return on Monday.

**Seamstress**

**HOURS:** Fridays
10:00 am—2:00 pm

**LOCATION:** MAC massage waiting room

Linda Clark is an experienced seamstress and prior owner of an alteration shop in town.

Call the MAC front desk (317-524-6550) to schedule a personal appointment.

**Tech Center**

**HOURS:** 24 hours a day

Several computers are available for resident email and internet use. Black and white printers are available.

Contact Justyn Hindersman (317-802-0960) or Marion Harcourt (317-251-4436) for assistance or questions.

**The Corner Shoppe**

**HOURS:** Monday—Friday
10:00 am—4:00 pm

**CONVENIENCES:**
- Snacks
- Health & Beauty
- Gifts & Seasonal
- Greeting Cards

Office Supplies  Beverages  Stamps

Contact Casey Maish (317-524-6535) to offer stock suggestions. Cash purchases only.
Knives & Fork
Legacy Dining Room

**Early Bird Special**
*Tuesdays, June 5, 12, 19, 26*
*4:30 pm—5:30 pm*
Enjoy a catfish dinner or fish & chips (alternate weeks) Call 317-524-6549 for reservations.

**Sunday Brunch**
*Sundays, June 3, 10, 17, 24*
*11:30 am—2:00 pm*
Reservations (317-524-6549) are a must!

**Lobster Night!**
*Wednesday, June 6*
*5:00 pm—7:00 pm*
Reservations required. Call 317-524-6549.

**Birthday Luncheon**
*Tuesday, June 12*
*11:30 am*
Residents with a birthday in June are invited to the complimentary Birthday Luncheon. A spouse is also welcome; his or her meal will be taken from your food account. Please make your reservation no later than June 9 by calling 317-524-6549.

**Father’s Day Brunch**
*Sunday, June 17*
*11:30 am—2:00 pm*
Reservations required! Call 317-524-6549.

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**Saturday Nights at the Movies**

**The African Queen**
*(1951, PG)*
In WWI Africa, a riverboat captain is persuaded by a straight-laced missionary to use his boat to attack an enemy warship.

**Trouble With The Curve**
*(2012, PG-13)*
A daughter tries to remedy her dysfunctional relationship with her ailing father, a decorated baseball scout, by helping him on a recruiting trip, which could be his last.

**We Bought A Zoo**
*(2011, PG)*
Set in southern California, a father moves his young family to the countryside to renovate and re-open a struggling zoo.

**Secondhand Lions**
*(2003, PG)*
A coming-of-age story about a shy, young boy sent by his irresponsible mother to spend the summer with his wealthy, eccentric uncles.

**My African Safari**
*(2012, Docu, NR)*
Collect your gear, board the jeep and explore the Great Rift Valley, Kenyan coffee plantations, the Ngorongoro Conservation Area and the Serengeti!
Volunteer Opportunities

**WANTED!**

**Program Assistance**

Contact Barb Irwin, Assisted Living Activities Director, (317-524-6569) to help residents in Reflections, AL and Healthcare with activities and transportation to religious services and to the MAC.

**WANTED!**

**Servers**

Two residents are needed from 2 pm to 4 pm to assist with the June 8th Alzheimer’s Strawberry Fest. Contact Lindsay Knox (317-228-2249) for more information!

Contact Marilyn Martin, Program, Event and Volunteer Coordinator, (317-524-6517) for more opportunities.

**Painting Group**
Sundays
2:00 pm, Craft Room

**Knit for Charity**
Mondays
1:30 pm, Craft Room

**Bingo**
Tuesdays
7:00 pm, Foundation Hall A

**Duplicate Bridge**
Tuesdays
7:00 pm, Foundation Hall B

**The Garden Club**
On hiatus.
**RELIGIOUS SERVICES**

**ANGLICAN**

*Mass*
Sundays
9:30 am, Chapel

*Officiated by Rev. Todd Bragg, Rector of St. Margaret Anglican Church.*

**CATHOLIC**

*Mass*
Mondays, Wednesdays, Fridays & Saturdays
4:00 pm, Chapel

**COMMUNION**
Tuesdays & Thursdays
4:00 pm, Chapel

*Services offered by Fr. Clifford Vogelsang, Fr. Kyle Rodden, Monsignor William Stumpf and Fr. James Bonke.*

**EPISCOPAL**

*Communion*
Thursday, June 21
11:00 am, Chapel

*Thank you to the staff from St. Christopher’s and St. Paul’s Episcopal Churches.*

**JEWISH**

*Shabbat*
Friday, June 15
4:00 pm, Foundation Hall

*Service offered by Cantor Janice Rogers, retired, Indianapolis Hebrew Congregation*

**PROTESTANT**

*Church Service*
Sundays
2:00 pm, Foundation Hall

*Officiated by Rev. Joe Johnson. Music by Greg Gibson and his guest vocalist.*

**BIBLE STUDY**

*On hiatus for the summer. Program will resume this Fall.*

**SEEKING THE WAY**

*Fridays, June 1 and June 15
1:00 pm
Board Room*

St. Luke’s United Methodist Church Pastor Rob Fuquay’s sermons will be discussed. Contact Priscilla Keenan (317-459-6040) for more information.
Annual MAGIC Volunteer Dinner & Awards

“M” Awards: Dena Townsend and Phyllis Habeck

“A” Awards: June Conine and Naomi Hansen

“G” Awards: Catherine Breeden and Susan Conner (accepted by Barb Irwin)

“I” Awards: Helen Raab and Delores Muller

“C” Awards: Tom & Gretchen Hall and Karen Carroll

The Utility Player Award: Shirley Delaney

The Magic Angel Award: Justyn Hindersman

Volunteer of the Year: Jacqueline Dugar

Past Volunteers of the Year stood to be recognized.
Additional Activities

Jackie King, S.H.I.P. volunteer shared Medicare updates.

Residents began arriving to vote. Service provided by the Traveling Election Board.

The MAC Tree of Life grew to grand proportions because of the water consumed by our residents!

Children’s Bureau CEO Tina Cloer shared its history and services with Marquette residents.

Corn Toss tournament with Greenwood Village South and Westminster Village! Marquette received 2nd and 3rd Place Trophies.

St. Vincent Hospice Chaplain Margie Shortle led the Day to Honor, which recognized residents who had passed since November 2017.

The Indy Chapter of Embroiderers Guild of America taught classes in needlework.

In the Air with Ed Fehnel!
Transportation Schedule

Register in the Programs, Events & Transportation Book no later than 48 hours before your trip.

Monday and Tuesday
Doctor Appointment Days

Please turn in a transportation slip as soon as you make the appointment. There will be a charge for appointments not scheduled for Monday or Tuesday.

Wednesday
Grocery Morning
Kroger—9:30 am—10:30 am
Kroger—10:45 am—12 pm

Shopping Afternoon
1:30 pm —3 pm

1st Wednesday—Super Target
2nd Wednesday—Walmart & Willow Lake West
3rd Wednesday—Meijer
4th Wednesday—Walmart & Willow Lake West

Friday, June 1
Mall Day
10 am—1 pm
Keystone & Castleton Malls

Sunday
Church Day
St. Luke’s Methodist Church—departs at 9:00 am
Second Presbyterian Church—departs at 9:00 am
St. Luke Catholic Church—departs at 11 am